



OPEN MIC NIGHT



BOULDER COFFEE

100 ALEXANDER ST. ROCHESTER, NY 14620

1st Thursday of the Month

September 5th, October 3rd, November 7th, December 5th

6PM-8PM

COME SHARE YOUR STORIES, EXPERIENCES, POEMS,
SONGS AND INSIGHTS INTO YOUTH MENTAL HEALTH,
SUICIDE AWARENESS AND OTHER YOUTH ISSUES TO HELP
REDUCE STIGMA AND RAISE COMMUNITY AWARENESS!

For all inquiries, contact Kat Arat, Youth Engagement Specialist. 585-474-9504

