



# S.W.A.T.

## YOUTH COUNCIL

Spreading **Wellness Around Town**

***Amplifying the voice of youth to break down barriers and to make real change.***

The S.W.A.T. Youth Council is an empowered group of young adults who share common experiences and a united mission to bring their voices to the systems and agencies that serve younger residents of Monroe County.



**Adam J. Bello**  
COUNTY EXECUTIVE

## Combining Personal Experience with Professional Training

- 14-24 years old
- along with training and guidance, are able to develop skills that empower them to have their needs met and accommodated
- will be able to communicate their perspective and needs
- have firsthand experience with agencies and every day challenges of life
- learn how to express their needs and advocate for themselves

## Learn more about this important community resource

Contact: Kat Arat  
585-474-9504  
Katarat@monroecounty.gov

## Young Perspectives Improve Youth Outcomes

- the hope through this advocacy is to make the navigating process easier and more successful
- building relationships and sharing stories with peers
- help with the decision-making processes for services and programs ensuring that youth voices are heard

## What to Expect as a S.W.A.T. Youth Council Member

- Participating in S.W.A.T Meetings
- Gaining a Voice Community Wide
- Developing Leadership Skills
- Participating in Outreach and Stigma Reduction Activities
- Attending Regional Conferences
- Planning Educational Opportunities
- Meeting with Public Officials

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