

Monroe County M/WBE Certification Directory

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Accounting & Financial Services

Bad B Operations LLC	Jasmine Benjamin	585-851-2851	jas.badboperations@gmail.com	www.facebook.com/bad.b.operations
Products/Services:	Administrative Support			
MWBE	Bookkeeping			
	Business Consulting			
	Payroll Services			
	Billing/ Account Receivable			
BTIER Group	Best Batchateu	585-802-3353	thebest@btiergroup.com	N/A
Products/Services:	Tax Preparation Services			
MBE				
Car-Len Enterprises Corporation	Caroline Simpson	585-208-6303	carlencorp@yahoo.com	www.carlencorp.com
Products/Services:	Bookkeeping Business Consultig Life Coach Government Contractor			
MWBE				
Depoian Team	AnnMarie Depoian	585-975-9681	annmarie@depoianteam.com	www.livemore.net/depoianteam
Products/Services:	Financial Advisers*Fiduciaries*Wealth Managers*Business Solutions Specialists*EAP & Benefits Providers*HR and Employee Support*Leadership and Educational Programs*Florida Mortgage Broker NMLS ID: 55172, LO11729			
WBE				
Easy Does It Tax Service	Melinda Thompson	585-498-9912	wigginsroc14611@gmail.com	NA
Products/Services:	Tax prep - Bookkeepig - Financial Advisor Financial Literacy			
MWBE				
Employ-Ease, Inc.	Lisa Ann Kretzer	585-857-0256	Lisa@Employ-Ease-inc.com	www.employ-ease-inc.com
Products/Services:	Payroll generation, payroll tax payment, unemployment & disability insurance coverages, workers comp admin, and benefit plan management			
WBE				
Heveron & Company CPAS, PLLC	Stephanie Annunziat	585-704-6002	stephanie@heveroncpa.com	www.heveroncpa.com
Products/Services:	Accounting, auditing, attest and tax services			
WBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Accounting & Financial Services

Horsey Buckner & Heffler, LLP	Kia Dawn Buckner	215-284-5300	kbuckner@hbheffler.com	www.hbheffler.com
--	-------------------------	---------------------	-------------------------------	--

Products/Services: Accounting, Advisory, Attest and Tax Services

MBE

Invessent, LLC	Jarrett Felton	585-748-3312	jarrett@invessent.com	www.invessent.com
-----------------------	-----------------------	---------------------	------------------------------	--

Products/Services: Wealth Management, Investment Advisory Solutions, Estate Planning, Investment Management, Risk Analysis, Life & Disability Insurance, Business Planning, Business Valuation Analysis, Employee Benefits, Financial Planning, Financial Consulting, Financial Analysis, Investment Advice, Financial Education, Corporate Financial Education, Fiduciary Services, Financial Guidance, Executive Compensation, Retirement Planning, Social Security Planning, Health Care Planning, Long Term Care Planning.

MBE

Kristie M. Beach, CPAs, PLLC	Kristie Beach	585-721-5663	kmbeach@kmbeachcpa.com	www.kmbeachcpa.com
-------------------------------------	----------------------	---------------------	-------------------------------	--

Products/Services: Kristie M. Beach, CPAs, PLLC is a woman-owned business. Our team of experienced CPAs and dedicated support services Upstate New York and its surrounding communities. We specialize in attest engagements and serve a wide range of industries including government, school districts and nonprofits.

WBE

Lifetime Financial Group	Carmen Coleman	585-325-2525	lifetimefinancial@frontier.com	www.lifetimefinancialgrp.com
---------------------------------	-----------------------	---------------------	---------------------------------------	--

Products/Services: Insurance and Financial Services

MWBE

Thorley Wealth Management, Inc.	Elizabeth Thorley	585-512-8453	ethorley@thorleywm.com	www.thorleywm.com
--	--------------------------	---------------------	-------------------------------	--

Products/Services: Financial advisors and wealth management professionals

WBE

Vargas Financial Services	Nakia Vargas	585-957-3658	vargasfinancial@outlook.com	www.vargasfinancialservices.com
----------------------------------	---------------------	---------------------	------------------------------------	--

Products/Services: I provide Bookkeeping, Tax Preparation, Business Consulting, Financial Coaching, Financial Literacy

MWBE

Administrative Services

Administrative Services

Admin-On-Call, LLC	Eileen Baugh	315-956-0276	adoncallny@gmail.com	www.adminoncallny.com
---------------------------	---------------------	---------------------	-----------------------------	--

Products/Services: Liaison (Executive Assistant)
 Email Management
MWBE Calendar Management
 Financial Services
 Travel Planning
 ING

Branches Freelancing LLC	Natalie Sheppard	585-719-4202	admin@branchesfreelancing.com	www.BranchesFreelancing.com
---------------------------------	-------------------------	---------------------	--------------------------------------	--

Products/Services: Organizational Grant & Proposal WritingEvent CoordinationWebsite DevelopmentOperations Management & Strategic
 PlanningAdministrative Supportive ServicesTraining & Professional DevelopmentMarketing Materials Development
MWBE

Datrose Inc.	Cheryl Leader	585-217-0228	cleader@datrose.com	www.datrose.com
---------------------	----------------------	---------------------	----------------------------	--

Products/Services: Smart Lockers Solutions - Safe exchange, storage and chain of custody of internal, high value IT assets. Effective and efficient mailroom
 management and package retrieval solution. Supply chain management and day use.24/7 secure access to your orders or
MBE deliveries.Strategic & Innovative Staffing Solutions Direct Placement Recruitment Temp Staffing, Temp – to – Hire, Pay rolling
 ServicesMailroom AutomationMail & Package Room Management | From delivery to receipt, verify & track incoming and interoffice mail
 and packages, instantly.Invoice Processing & Accounts Payable AutomationDocument Scanning

DBA Assignment Understood	Ayriona Winston	585-314-3049	theassignmentunderstood@gmail.com	https://linktr.ee/Theassignmentunder
----------------------------------	------------------------	---------------------	--	---

Products/Services: Landing Page Setup and Design
 Executive Virtual Assistant Services
MWBE Administrative Support
 Presentation Creation
 Research Services/ Digital Marketing Research
 Data Analysis
 File and Data Management
 Online Business Manager Services
 Strategic Planning and Implementation
 Project Management
 Team Leadership and Communication
 Systems Integration and Optimization
 Financial Management
 Client and Customer Relationship Management
 Business Analysis and Reporting
 Administrative Support
 Ongoing Consultation and Support
 Customized Solutions

Administrative Services

Katapult Solutions, LLC	Deana Gugger	315-447-3736	dgugger@kpultsolutions.com	www.kpultsolutions.com
--------------------------------	---------------------	---------------------	-----------------------------------	--

Products/Services: Document Scanning, Data Entry, Microfilm Conversion, Digitization, Oversized Scanning

WBE

Many Rivers Consulting, LLC	Jasmine Rivers	716-507-2012	jasminerivers@manyriversconsulting	N/A
------------------------------------	-----------------------	---------------------	---	------------

Products/Services: Administration (Outsourcing, Training), Compliance, MWBE Compliance Monitoring and Reporting, and Community Outreach.

MWBE

Adult Services

Hand In Hand In Your Home Incorporated	Laurie Alverio	585-764-6799	lalverio@hihiyh.com	www.handinhandinyourhome.com
---	-----------------------	---------------------	----------------------------	--

Products/Services: At Hand In Hand In Your Home, we're proud to offer a wide range of services designed to help older adults live safely, independently, and comfortably at home.

MWBE

What We Offer:

Service Coordination: Connecting you to trusted resources and providers.

Assistance with Medicaid Applications

Life Planning

Aging in Place: Creating safe and functional homes to support your independence.

Medical Appointment Coordination of Appointments & Transportation & Advocacy

Property and Home Maintenance

Wellness and Safety Planning

Navigating Hospital and Nursing Home Discharges

Travel & Event Companionship

Landscaping Services

Meal Delivery

In Home Haircare

Companionship

Housekeeping & Laundry Assistance

Errands & Shopping

Caregiver referrals

Alarm Systems

Monroe Integrated Solutions	Shantae Russell	585-622-2595	sr@misnys.com	www.misnys.com
------------------------------------	------------------------	---------------------	----------------------	--

Products/Services: Monroe Integrated Solutions provides Fire and Burglar alarm installation services. Alarm monitoring, Wired and Wi-Fi networking. Surveillance Camera installation. Rewire of existing networks. Access control.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Alarm Systems

R.H. Fire, LLC	Rajahn Hasbin	315-807-4018	ra@rhfirellc.com	www.rhfirellc.com
-----------------------	----------------------	---------------------	-------------------------	--

Products/Services: Fire Protection/ Installation of Sprinkler System

MBE

Amusement and Recreation Facilities

Play Palace LLC	Kristen Bonn	585-857-0099	kmbonn@gmail.com	www.rocplaypalace.com
------------------------	---------------------	---------------------	-------------------------	--

Products/Services: Play Area Access: The core service is providing access to a safe and stimulating environment with various play areas.

- Sensory Activities and Equipment: The play areas will be equipped with sensory equipment, swings, climbing structures, slides, ball pits, soft play equipment, and more, depending on the age group and focus.
- Birthday Parties and Events: Play Palace will offer party packages with decorations, designated party spaces, access to play areas, and potentially additional services like food and beverages. Also, host special events with themes or activities beyond birthday parties.

WBE

Architectural and Engineering Services

Architectura	Jennifer Takatch	585-442-8550	jtakatch@architecturapc.com	www.architecturapc.com
---------------------	-------------------------	---------------------	------------------------------------	--

Products/Services: Architectural design services

WBE

Bridge Builder Property Management Corp	Barry John	347-968-9498	Barry.John@bridgebuildercorp.com	www.Bridgebuildercorp.com
--	-------------------	---------------------	---	--

Products/Services: Architectural services, including rendering, mapping, and drawings. Demolition & framing of residential and commercial buildings. Property Management and real estate services not limited to leasing, survey's, and consulting expert. Tiling, sheetrock/drywall, painting, masonry, finishing and carpentry for residential and commercial buildings

MBE

BX2 Architecture	Sarah Bald	585-435-7983	sbald@bx2architecture.com	www.bx2architecture.com
-------------------------	-------------------	---------------------	----------------------------------	--

Products/Services: Provide Architectural documents for use in the permitting and construction process. Can provide site observation and review of construction progress.

WBE

Circle Optics, Inc.	Zakariya Niazi	914-233-4735	zak@circleoptics.com	www.circleoptics.com
----------------------------	-----------------------	---------------------	-----------------------------	--

Products/Services: Engineering Design Services Panoramic Camera System

MBE

Architectural and Engineering Services

Costich Engineering, Land Surveying & Lan	Sarah King	585-734-8676	scostich@costich.com	www.costich.com
--	-------------------	---------------------	-----------------------------	---

Products/Services: Civil Engineering, Land Surveying and Landscape Architecture Survey Services Mapping & Analysis- GISSEQR Construction Administration

WBE

Coyle & Caron, Inc.	Sally Coyle	407-866-0650	scoyle@coylecaron.com	www.coylecaron.com
--------------------------------	--------------------	---------------------	------------------------------	---

Products/Services: Landscape architecture

WBE

Hydras Engineering, PLLC	Alaina Smith	907-205-1585	alaina@hydrasengineering.com	www.hydrasengineering.com
---------------------------------	---------------------	---------------------	-------------------------------------	---

Products/Services: Civil engineering consulting including:

WBE

- General Civil Engineering
- Grading and Drainage Evaluation Analysis and Design
- Culvert Sizing and Design
- Site Plan Reviews and Consultation
- PS&E Package Review
- Survey Scoping and Planning.

Water Resources

- Floodplain Evaluation, Mapping and Permitting
- FEMA National Flood Insurance Program Studies
- Hydrologic and Hydraulic Modeling
- Bridge Hydraulic Analysis, Scour and Abutment Protection Design
- Geomorphic Evaluations
- River Restoration and Bank Stabilization.

Erosion and Sediment Control

- SWPPP creation and Certified Compliance Inspections
- Lakeshore Erosion Evaluation and Design
- Erosion and Sediment Control Design

Innovative Structural and Specialty Enginee	Radhi Majmudar	646-420-3309	radhi@innovstructure.com	https://innovstructure.com/
--	-----------------------	---------------------	---------------------------------	--

Products/Services: Design Services - Structural Engineering Design, Peer Reviews, Feasibility Studies, Facade / Building Envelope Engineering, Structural Glass Design, Fabric and Tensile Structure Design

MWBE

Specialty Engineering - Structural Engineering Analysis, Parametric Modeling and Geometric Rationalization, Linear and Nonlinear Computer Analyses, Seismic Criteria Development, Seismic Evaluation and Design

Sustainability and Decarbonization - Embodied Carbon Calculations, Envision Sustainability Analysis, Materiality and Life Cycle Assessment, Multi-Objective Optimization for Efficient Decision Making

Architectural and Engineering Services

JKMuir, LLC	Jennifer Muir	860-249-0989	jenmuir@jkmuir.com	www.jkmuir.com
Products/Services: WBE	Engineering consulting services - water and wastewater JKMuir is a versatile, innovative environmental engineering and energy consulting firm specializing in energy and sustainability for municipal, utility, and government clients. Since the firm's establishment in 2008, JKMuir has worked closely with clients to develop innovative and cost-effective strategies to reduce electrical consumption, manage costs, implement behind the meter and renewable technologies, and maximize funding sources available for energy projects.			
JM Davidson Engineering, D.P.C.	Jamie Davidson	716-912-1423	jdavidson@jmdavidsoneng.com	www.jmdavidsoneng.com
Products/Services: WBE	Civil engineering services, including water and wastewater, structural, transportation, water resources, and railroad design and construction inspection services.			
Joseph C. Lu Engineering, PC dba Lu Engi	Cletus Ezenwa	716-912-0532	cezenwa@luengineers.com	www.luengineers.com
Products/Services: MBE	Asbestos assessment, asbestos abatement design, asbestos air and project monitoring, bridge condition inspection, bridge and culvert design, construction inspection, construction management, environmental investigation and remediation, GIS services, hazardous materials management, highway design, municipal engineering, natural resources, site development, storm water management, structural assessment and engineering, trail design, water and wastewater management design.			
Kubit Engineering PLLC	Laura Miller	716-417-4522	smaekubit@kubiteng.com	N/A
Products/Services: WBE	Kubit Engineering was created with the goal of specializing in providing quality construction inspection, administration, and management services. This is accomplished by recruiting and staffing experienced and qualified staff for on-site field inspections, construction bidding support, construction administration support, and electronic completion of as-built record plans. The Company also focuses on the research and deployment of e-construction processes and technology in anticipation of progressing the field of construction services for aging assets and limited inspection resources.			
Larimer Design, Inc	Richard Larimer	619-804-3171	tlarimer@larimerdesign.com	www.larimerdesign.com
Products/Services: MBE	Full Architectural Services			
Larsen P.E., L.S., P.C. dba Larsen Engineer	Shreeram Shrivastav	585-272-7310	ram@larsen-engineers.com	www.larsenengineers.com
Products/Services: MBE	Larsen Engineers is a certified DBE and MBE firm that is interested in joining a team as a sub consultant. Larsen can serve as subcontractor for Civil, Structural and Site design roles. Larsen has Climate Change, Solar energy, and sustainable Green infrastructure expertise.			
Mimar Architects & Engineers, INC. P.C	Kal Bhatti	443-655-2649	fuddin@mimarch.net	WWW.MIMARCH.NET
Products/Services: MBE	Mimar provides all kinds of services related to Architectural, Civil, Structural, mechanical, Electrical, Engineering, Planning, Interior Design, Graphic Design, Space Planning, Construction Management, Facility Assessment, Feasibility Studies, and Inspection of Building/Bridges			

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Architectural and Engineering Services

Pinewoods Engineering P.C.	Sarah Gilbert	585-261-7852	sgilbert@pinewoodseng.com	www.pinewoodsengineering.com
Products/Services: WBE	Civil Engineering, Storm Water Management, Site Development and Construction Plans, Water Main and Backflow Prevention Designs, Sanitary Sewer, Force mains, Pump Station, and Septic System Designs, Green Practices Design, Floodplain Impact Modeling, Watershed Hydrology and Impact Analysis, Cofferdam Design and Impact Analysis			
Prudent Engineering, LLP	Philip Thayaparan	315-748-7700	pthayaparan@prudenteng.com	www.prudenteng.com
Products/Services: MBE	Professional Engineering Design, Land Surveying, Hydrographic Surveying, Bridge/Condition Inspection, Construction Management and Inspection			
Ravi Engineering and Land Surveying, P.C.	Nagappa Ravindra	585-223-3660	nravindra@ravieng.com	www.ravieng.com/
Products/Services: MBE	Our focus is on providing state-of-the-art structural, transportation, environmental and geotechnical engineering services, construction inspection and land surveying, survey stakeout, subsurface utility location, property condition assessments and special inspections.			
Razak Associates	Mohamed Razak	585-388-6710	mrazak@razak.net	www.razak.net
Products/Services: MBE	Architecture, Interiors, Planning, Landscape Architecture			
Savin Engineers, P.C.	Rengachari Srinivas	914-769-3200	nivas@savinengineers.com	www.savinengineers.com
Products/Services: MBE	Engineering Services - Civil, Structural, Environmental, Transportation, Mechanical, Electrical, Plumbing, and Instrumentation; Design and Consultation, Construction Management Services, Program Management Services			
Skywave Communications INC.	Elizabeth Patterson	585-329-8401	Liz@skywave.org	www.skywave.org
Products/Services: WBE	Public Safety Communications Infrastructure Design, Engineering, Staging, Installation and maintenance. Motorola Solutions Service and Manufacturer Elite Reseller; Two way mobile radio vehicle installations; Two way portable radio repair. Engraving services available. Spectracom Reseller.			
Sue Steele Landscape Architecture	Susan Steele	585-747-9996	sue@steele.la	www.steele.la/
Products/Services: WBE	Landscape Architecture / Project design, construction documentation, bid evaluation, and construction administration services for residential, commercial, institutional, and municipal projects. Site Planning / Master planning services for residential, commercial and institutional properties including phasing and implementations plans. Specialty Services / Public art integration, Public art call management and facilitation, historic preservation, and planting design. Support Services / Graphic development, 3D modeling, drafting, estimating, specifications, quality review services, and LEED certification support.			

Architectural and Engineering Services

TRM Environmental Consultants, LLC d/b/a	Catherine Dare	315-334-3140	catherine@trmenvconsultants.com	trmenvironmental.com
---	-----------------------	---------------------	--	---

Products/Services: RM has flexible staffing solutions and over 30 years of construction and environmental experience, allowing us to propose options for environmental and construction challenges. Core Services:• Construction Engineering Inspection• Construction Management / Owners Authorized Representative• Water Quality Assessment & Storm Water Management• Brownfield Site Assessments, Remedy Evaluation & Material Management Plans• Site Development Assistance, including Wetland Delineation and Ecological Impact Assessment• Drinking Water, Surface water, and Wastewater Management & Engineering Services

WBE

Vanguard Engineering PC	Joseph Ardieta	585-427-0320	joe@vaneng.com	www.VanEng.com
--------------------------------	-----------------------	---------------------	-----------------------	---

Products/Services: Site design, site construction administration, storm water and floodplain management

MBE

Watts Architecture & Engineering, DPC DB	Edward Watts Jr.	716-206-5100	ewatts2@watts-ae.com	www.watts-ae.com
---	-------------------------	---------------------	-----------------------------	---

Products/Services: Professional Design Consulting Services for: Architecture, Civil Engineering, Landscape Architecture, Structural Engineering, Transportation Engineering, Environmental Engineering, and Regulated Building Materials. Watts also offers Construction Inspection services.

MBE

Audio/Visual Equipment & Services

A/V Science, Inc.	Laurie Brown Elkin	585-719-4059	Laurie@avscience.com	www.avscience.com
--------------------------	---------------------------	---------------------	-----------------------------	---

Products/Services: Audio/video equipment, accessories and installations, automation programming, conference room systems,cabling,

WBE

Avarus Solutions LLC	Linda Yioulos	585-261-0033	linda@avarussolutions.com	www.avarussolutions.com
-----------------------------	----------------------	---------------------	----------------------------------	---

Products/Services: Avarus Solutions sells, installs and services the following: data network cabling, fiber installation and certification, electrical, video surveillance camera solutions, door access entry systems, wireless access points, paging, intercoms and AV.

WBE

Blizzgotech	Marcus Thomas	585-284-9926	Service@rocsmarthomes.com	www.rocsmarthomes.com
--------------------	----------------------	---------------------	----------------------------------	---

Products/Services: Our company specializes in comprehensive home and business solutions, including expert electrical services, TV mounting, security camera system installations, and furniture assembly. We also offer general maintenance services

MBE

Hamilton Q AV Inc	Betty Quackenbush	585-415-7878	BetsQ@hamiltonqav.com	www.hamiltonqav.com
--------------------------	--------------------------	---------------------	------------------------------	---

Products/Services: We provide audio and visual rental equipment to companies that need our services for their events. This include Microphones, speakers, projectors, screens, TV's and other equipment alike. We also offer technicians to run the equipment for the events that are well versed in their respective area.

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Audio/Visual Equipment & Services

Langie Audio Visual Systems	Emad Ali	585-309-1888	eali@langieav.com	www.langieav.com
------------------------------------	-----------------	---------------------	--------------------------	---

Products/Services: Langie AV Design, Install, Service AV equipment, such as: Crestron Extron, Sony, LG, Epson, Draper, Crown, JBL, etc.

MBE

National Sound LLC	Carolina Del Carmen	585-746-8807	reylis462016@gmail.com	N/A
---------------------------	----------------------------	---------------------	-------------------------------	----------------------------

Products/Services: Providing sound for musical groups, sound rental, and DJ services for events

MWBE

Building Materials, Supplies, & Equipment

84 Lumber Company	Margaret Hardy	828-230-7308	alexandra@84lumber.com	www.84lumber.com
--------------------------	-----------------------	---------------------	-------------------------------	---

Products/Services: 84 Lumber Company is the largest privately owned building material supplier. 84 Lumber Company has more than 250 stores, component manufacturing plants, custom door shops and engineered wood product (EWP) centers nationwide. 84 Lumber offers more than just lumber and can provide materials including but not limited to the following categories: Moldings and Millwork, Drywall, Kitchen and Bath design and cabinets, Roofing, Stairs, Pole Barns, Siding, Windows, Sheds, Decking, Railings, Erosion control, Doors, Insulation, Hardware, etc.

WBE

Bison Contracting & Builders Supply Corp	Catherine Pera	716-863-0655	cathypera@aol.com	www.bisoncontracting.com
---	-----------------------	---------------------	--------------------------	---

Products/Services: Subcontractor for the erection, dismantle of scaffold - Supplier of masonry materials and construction materials - Supplier of scaffold and construction access.

WBE

D. Warren Consulting LLC	Deborah Ann Warrer	585-734-4490	deb@lightingwithdwc.com	www.lightingwithdwc.com
---------------------------------	---------------------------	---------------------	--------------------------------	---

Products/Services: Supplier of Interior and Exterior lighting tubes, fixtures and poles

WBE

DTS Associates III Inc.	Jeff Clarke	585-254-0522	dtsassociatesinc@gmail.com	www.adirondackcompany.com
--------------------------------	--------------------	---------------------	-----------------------------------	---

Products/Services: Dumpster rental, mulch, landscape mulch, screen topsoil, fill dirt, decorative stone, construction grade stone, sand, compost, and playground mulch

MBE

Dynamix Scaffold Group LLC	William Miranda	646-699-1766	bids@dynamixscaffold.com	www.dynamixscaffold.com
-----------------------------------	------------------------	---------------------	---------------------------------	---

Products/Services: We are specialize in Shoring systems, Sidewalk Sheds, plywood wood enclosures, Needle beams, Jersey Barriers, Yodocks, Scaffolding, Roofing, Roof Protection, Pipe Scaffolding, Hoist Installation, Painting & Wall Covering, Siding, Structural and much more.

MBE

Building Materials, Supplies, & Equipment

Huber Electric Inc.	Laura Tirone	716-824-8816	laura.tirone@huberelectric.com	www.huberelectric.com
----------------------------	---------------------	---------------------	---	---

Products/Services: Lighting, electric motors & pumps, batteries, meters, time clocks, distribution equipment.

WBE

Illuminating Expressions Distribution	JoAnne Danzig	585-472-0389	Joey@ieLighting.com	www.ieLighting.com
--	----------------------	---------------------	---	---

Products/Services: Decorative Lighting (chandeliers, wall sconces, bath vanities, pendants, flush mounts, outdoor lighting, landscaping lighting, recessed can, under cabinet, lamps, etc..) Commercial Lighting (street lighting, troffers, cans, poles and heads), Industrial Lighting (waste water treatment plants, warehousing etc.), Hospitality Lighting (street lighting, sports lighting, etc.), Electrical switch gear, lighting control and programming, home goods (fans, mirrors, decor, floor lamps, table lamps, etc.). We provide lighting controls start up services, we provide deliveries to job sites.

WBE

JC Smith Inc	Joanne Reed	315-428-9903	churley@jcsmithinc.com	www.jcsmithinc.com
---------------------	--------------------	---------------------	---	---

Products/Services: Sale, Rental, and Certified Warranty Repair of Construction tools (hand and power), Production of DOT certified signage, vehicle wraps, portable light towers, traffic lights, led signage, and traffic control cones, etc., geotechnical fabrics, fasteners, laser equipment sales and repair, safety equipment and apparel with or without in-house logo/design stitching and/or iron-on decal.

WBE

JHP Industrial Supply Company, Inc.	Emanuel Henderson	315-454-4292	emo405@aol.com	www.jhpindustrial.com
--	--------------------------	---------------------	---	---

Products/Services: Plumbing, heating ,HVAC, Underground piping, plumbing fixtures, PPE Equipment, Air handling units,

MBE

Lakelands Concrete Products inc	Stacy Stevens	585-943-9344	sstevens@lakelandsconcrete.com	www.lakelandsconcrete.com
--	----------------------	---------------------	---	---

Products/Services: Precast Concrete Products: 3 Sided Culverts, Agricultural Products, Architectural Panels, Box Culverts, Bridge Arches, Bridge Slabs, Columns and Beams, Drainage Structures, Highway Barriers, Lighting Poles/Foundations, Noise Barrier Walls, Pump Stations, Retaining Wall Systems, Septic Tanks, Utility Structures, Vaults, Wall Panels

WBE

Lumentek Global	Sanwal Sarraf	585-755-4498	Sanwal.Sarraf@Lumentekglobal.com	www.Lumentekglobal.com
------------------------	----------------------	---------------------	---	---

Products/Services: Supplier of LED Lights and Fixtures for all indoor and outdoor applications, Roadway and Street Lights, underdeck, under bridge, overhead, upcable fixtures, LED Lighting, and like.

MBE

Right Price Companies, Inc.	Darin Price	315-701-2380	dprice@rightpricecompanies.com	www.rightpricecompanies.com
------------------------------------	--------------------	---------------------	---	---

Products/Services: Right Price Companies, Inc. is a stocking distributor, we specialize in commercial furniture sales, providing full service to our customers in both the private and public sectors. Our emphasis is on government, education, healthcare furnishings & fixtures.

MWBE RPC Technologies is a stocking distributor. we specialize in Fiberoptic cable, enclosures, panels, connectors, splices adaptors for high-proformance network cabling solutions, all-around electrical supplies and audiovisual supplies.

Building Materials, Supplies, & Equipment

Sharris Temp Gating & Fencing LLC.	Islam Harris	347-626-4102	bharris157@yahoo.com	<u>NA</u>
---	---------------------	---------------------	-----------------------------	---------------------------

Products/Services: Gating and fencing services, debris and garbage removal both residential and commercial, Moving services such as un/loading of PODS, garages, homes and yard cleanouts and some renovations, painting services as well as various plumbing services,

MBE

Vast Enterprise Solutions	Vivek Thiagarajan	804-432-1576	Vivek@VASTenterprisesolutions.com	<u>N/A</u>
----------------------------------	--------------------------	---------------------	--	----------------------------

Products/Services: Light manufacturing, boring, drilling, electrical material procurement, assembly

WBE

Business Consulting Services

A-Room Consulting INC	Chad Anderson	585-623-2211	chad@a-roomconsultants.com	<u>www.aroomconsultants.com</u>
------------------------------	----------------------	---------------------	-----------------------------------	---

Products/Services: Cannabis Services:
MBE

- Business Development: Business plan write-up, financial support, efficiency audits, property advisory, product and brand development, pricing market analysis.
- Application/Licensing Assistance: 1-on-1 licensing preparation, application walk-throughs.
- Marketing & Branding: Build and expand strategies, add-ons, and comprehensive packages.
- Trainings: Workforce safety and compliance training, operational SOP training.
- Compliance: General and operational compliance consulting, audits and inspections.
- Sale of Cultivation Equipment

Non-Cannabis Services:

- General Strategy Consultation, Sales Tax Audit/Returns
- Staffing Agency (Employer & Employee Based), Efficiency Audits
- Workforce Trainings/On-boardings, Life Insurance/Securities Sales
- Permits/Licensing Walk-Thrus, External Administrative Services
- Leadership & Strategic Planning, Operations Management
- Personnel Management, Financial Acumen

Business Consulting Services

A-Room Consulting INC	Chad Anderson	585-623-2211	Triloni@a-roomconsultants.com	www.aroomconsultants.com
------------------------------	----------------------	---------------------	--------------------------------------	--

Products/Services: • Business Development: Business plan write-up, financial support, efficiency audits, property advisory, product and brand development, pricing market analysis.

MBE

- Application/Licensing Assistance: 1-on-1 licensing preparation, application walk-throughs.
- Marketing & Branding: Build and expand strategies, add-ons, and comprehensive packages.
- Trainings: Workforce safety and compliance training, operational SOP training.
- Compliance: General and operational compliance consulting, audits and inspections.
- Sale of Cultivation Equipment

Non-Cannabis Services:

- General Strategy Consultation, Sales Tax Audit>Returns
- Staffing Agency (Employer & Employee Based), Efficiency Audits
- Workforce Trainings/On-boardings, Life Insurance/Securities Sales
- Permits/Licensing Walk-Thrus, External Administrative Services
- Leadership & Strategic Planning, Operations Management
- Personnel Management, Financial Acumen

Blue Lotus Consulting LLC	Adrienne Morton	315-877-7465	bluelotusllc1@gmail.com	N/A
----------------------------------	------------------------	---------------------	--------------------------------	---------------------

Products/Services: Services: Grant proposal preparation (editing, researching funding opportunities, programmatic site reviewer, compliance), Pre-and Post grant award support; development assessment and evaluation plans; executive coaching for employees new to management as well as supervision of employees; and technical writing (preparing strategic plans, job descriptions, on/ off boarding of employees).

MWBE

EDAGleason Consulting	Evalyn Gleason	585-255-0912	evalyn.gleason@gmail.com	www.edagleasonconsulting.com
------------------------------	-----------------------	---------------------	---------------------------------	--

Products/Services: Business and strategy consulting.
Workshops, community development, project consultation, market research, strategic planning.

WBE

Here's a Crazy Idea, Inc	Luisa Carley	585-406-1463	fcarley@elliementalhealth.com	N/A
---------------------------------	---------------------	---------------------	--------------------------------------	---------------------

Products/Services: Here's a Crazy Idea, Inc. (d.b.a.Ellie Mental Health Management Services) provides management for Ellie Mental Health Counseling, a national franchise.

MWBE

As Ellie Mental Health Management Services the services we provide are:

- In-depth training
- Business consultation
- Administrative services including payroll, HR, 401k and health benefits.
- Staying actively engaged with the industry trends and evidence-based practices.
- Analyze and implement operational workflows to ensure consistency, standardization, and alignment with business objectives.
- Enhance brand recognition and growth through effective marketing strategies and guidelines.

*Provides management services for the Greater Rochester territory of Ellie Mental Health Counseling

Business Consulting Services

Inspirata Consulting, LLC	Linda Stevens	202-255-2902	lstevens@inspirataconsult.com	www.inspirata-consulting.com
----------------------------------	----------------------	---------------------	--------------------------------------	--

Products/Services: Inspirata provides business consulting services in general with a specific focus on the following capabilities:

WBE

- Program & Project Management - Manage scope, schedule, and budget with industry-specific methodologies to achieve project objectives
- Organizational Change Management - Utilize change management best practices to engage stakeholders and participants to elicit desired behavior
- Communications - Develop engaging and culturally attuned messaging strategies to effectively connect with diverse audiences in any language through all mediums
- Custom Training - Tailor training strategies and courses to ensure understanding and adoption, leveraging a bite-sized approach for effective delivery and maximum retention
- Data & Analytics - Leverage data to enhance leadership decision making and quantitatively illustrate program or project ROI to meet program requirements
- Process Understanding/Alignment - Align business processes to support operational growth, scale, and support program adoption

Jaedicke Consulting LLC	Elizabeth Jaedicke	617-233-2536	elizabeth@jaedickeconsulting.com	www.jaedickeconsulting.com
--------------------------------	---------------------------	---------------------	---	--

Products/Services: Jaedicke Consulting LLC provides clients with a rigorous approach to airport traffic forecasting and economic analysis based on extensive industry knowledge and a detailed understanding of aviation data sources. Elizabeth Jaedicke, the firm's founder and principal consultant, started the firm in 2018 after 14 years with top consulting firms serving airport, banking, and institutional clients on six continents. Jaedicke Consulting specializes in creating custom aviation traffic forecasts; we examine individual market drivers and tailor a forecast methodology to each airport. The ability to create a meaningful airport traffic forecast relies on knowing what approach to apply when and what data sources best serve as model inputs.

WBE

LifeSync	Tara Marie LoCastro	585-698-7207	taramlocastro@gmail.com	N/A
-----------------	----------------------------	---------------------	--------------------------------	---------------------

Products/Services: Growth Implementations Strategic and Innovative Initiatives Stakeholder Engagement New Ventures and Expansions Cooperative Business Models Interim Leadership Certified Disc Workplace Facilitator Mentoring/Coaching and Development

WBE

Mendon Group Solutions	Madhu Nair	585-624-7202	madhu@mendongroup.com	www.mendongroup.com
-------------------------------	-------------------	---------------------	------------------------------	--

Products/Services: We provide strategic business and technology consulting including web/mobile application development, supply-chain services, design services, customer acquisition/experience services, training services including eLearning and learning management systems, and program/project management services.

MBE

Ne Taba International	Halimah Ouedraogo	703-627-1577	houedraogo@ne-taba.com	www.ne-taba.com
------------------------------	--------------------------	---------------------	-------------------------------	--

Products/Services: Ne Taba International offers a range of consulting services designed to empower organizations and individuals in the fields of public health, workforce development, and social innovation. Our expertise spans from strategic planning and program development to scaling up initiatives, ensuring data-driven decision-making, and fostering effective leadership. We are committed to mobilizing resources, forming strategic partnerships, and utilizing innovative approaches to address complex challenges, ultimately promoting sustainability and positive social impact.

MWBE

Business Consulting Services

On The Ground Research	Janelle Duda	585-683-3638	janelle@onthegroundny.com	www.onthegroundny.com
Products/Services:	Social Science Research consulting, which includes technical assistance, program assessment and evaluation, continuous program improvement, research design development, program implementation, and outcome evaluation.			
WBE				

Professional Notary Services, Inc.	Marcelle Tiberio	585-613-2153	marcy@professionalnotaryservices.b	www.professionalnotaryservices.biz
Products/Services:	We provide national in-person mobile notary services and international online notary services to consumers and businesses.			

WBE

ReThinkit Strategies	Katia Chaban	585-202-9620	katchaban@gmail.com	www.rethinkitstrategies.com
-----------------------------	---------------------	---------------------	----------------------------	---

Products/Services:	Consulting Services: We help companies navigate the complexity of ESG and achieve sustainability goals. Combining our IT and Sustainability insights and experience, and through a circular lense, our goal is to help companies create the most effective sustainability strategies. We can execute a short or long-term engagement dependent on the unique journey of your business. This includes identifying the sustainability risks and issues facing your business, assessing your organization's value chain, including technology and supplier selections, determining what is material to the organization, and recommending the purposeful actions and strategies needed to meet your sustainability goals. Advisory Services: Drawing on diverse experiences and knowledge to provide guidance to support you in your sustainability journey to make you successful. Unlike a task-oriented consulting engagement, this role can be as involved in the organization as you need to help shape your goals, craft purposeful and impactful strategies, and work with you to create innovative solutions to challenges or barriers as sustainability becomes a norm in your organization.			
WBE				

Rolling Enterprises. Inc.	Meshae Rolling	315-726-1039	meshae@rollingenterprises.com	www.eventprep.com/meshae-rolling
----------------------------------	-----------------------	---------------------	--------------------------------------	---

Products/Services:	Rolling Enterprises, Inc. provides the following mix of products and services through its DBAs: (a) EventPrep sources, procures and contracts hotel venues locally, regionally and nationally for clients in the market for overnight accommodations for their meetings, retreats, conferences & conventions. This service is offered gratis on a complimentary basis since it is standard industry practice for the hotel industry to pay third-party companies like Event Prep on commission. Event Prep also provides event & conference planning and onsite management services on a compensatory basis. W/ Just The Basics Financial Literacy DBA produces workshops, seminars, teleconferences and webinars centered on FUNdamental Financial Literacy			
MWBE				

Smart Business Advisors	Drake Thomas	585-557-2940	drakethomas@sbarochester.com	NA
--------------------------------	---------------------	---------------------	-------------------------------------	---------------------------

Products/Services:	Project Audit Services, Project Management Services, Reimbursement Disbursement Services, General Administrative Support, Government Project Support Services, Real Estate Transaction Support Services, Construction Management Support Services, MBA, Certified Business Advisor, Logistics & Moving Support Services, Accounting Support Services, Training Support Services, Information Technology Support Services, Technical Writing Support Services, Financial Transaction Support Services			
MBE				

StaCreative	Stacy Porcelli	775-830-7057	stacy.porcelli@stacreativeconsulting.	www.stacreativeconsulting.com
--------------------	-----------------------	---------------------	--	---

Products/Services:	Change Capabilities, Assessment of technical or cultural impact on business and personnel, change marketing, Change strategies and execution, Change Management coaching, Frameworks for Navigating Change			
WBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Business Consulting Services

Swyftlight	Hiram Nunez	773-362-2707	hiram@swyftlight.com	www.swyftlight.com
-------------------	--------------------	---------------------	-----------------------------	--

Products/Services: Professional services. Business strategy, integrated marketing, branding, web design/development, digital transformation, and app development.

MBE

The Caulfield Consulting Group, LLC	Russell	617-216-0154	erich@caulfieldconsulting.com	www.caulfieldconsulting.com
--	----------------	---------------------	--------------------------------------	--

Products/Services: Planning, analysis, meeting facilitation, research, and training.

MBE

Third Eye Network LLC	Dr. Lomax Campbell	585-350-6403	lomax@thirdeye.network	https://thirdeye.network/
------------------------------	---------------------------	---------------------	-------------------------------	---

Products/Services: Strategic Planning; Marketing Strategy Plans; Organizational Culture Change Management; Economic Recovery Planning; Workforce Planning; Entrepreneurial Ecosystem Building Programs

MBE

Tracey D. Miller Associates LLC	Tracey Miller	585-820-1361	Tdmiller@tdmaroc.com	https://tdmaroc.com/
--	----------------------	---------------------	-----------------------------	---

Products/Services: Tracey D. Miller Associates LLC is a consulting, project development, and management company headquartered in Rochester, New York.

MWBE

Verbosity, LLC	Stephen Edwards	571-253-2308	sde@verbosity.com	www.verbosity.com
-----------------------	------------------------	---------------------	--------------------------	--

Products/Services: Our services focus on integrated solutions designed to enhance the performance of your business or agency. By incorporating industry best practices into your workflows and strategies, we can help you be more efficient and better serve your customers. Our products and services include:

MBE

- Automated Workflow Design, Training, and Implementation
- Customer Engagement
- Accountability and Transparency Strategies
- Remote Automated Workforce Development (AWD)
- Map it. Snap it. Send it. (MSS) Crowdsourced Reporting Tool
- Asset Management on the Go (AWD)
- Mobile Accessible Support Services (MASS)
- Material Health (Public Health Disasters)
- System Integrations: Legacy, Enterprise, Third-Party and B2B
- Staff Augmentation
- Consulting

Business Consulting Services

Wildflower Consulting LLC	Khara Grant	585-490-7141	khara@wildflowerconsultants.com	www.wildflowerconsultants.com
----------------------------------	--------------------	---------------------	--	--

Products/Services: I assist female entrepreneurs; woman-owned start-ups and small businesses by providing training to create new businesses by learning foundational and high-level skills of business as well as workforce readiness. In addition, providing strategies to grow or scale existing small women-owned businesses.

MWBE

Childcare Services

Caring and Sharing Child Care Center	Kimberly Roberson	585-303-5257	kimberlyroberson@aol.com	www.caringandsharingchildcare.com
---	--------------------------	---------------------	---------------------------------	--

Products/Services: Universal Pre-Kindergarten Educational Child Care Services Before and After School Services Tutoring Services

MWBE

Home Away From Home Child Care Center	Stephanie Lucas	585-472-3799	stephanie@homeawaychildcare.com	www.homeawaychildcare.com
--	------------------------	---------------------	--	--

Products/Services: We serve ages 6 weeks to 12 years old. Our curriculum is Reggio Emilio based and theme based lesson planning.

WBE

Marvelous Mind Academy LLC	Rosa Curtis	585-685-5572	rosamarie@marvelousmindacademy.com	www.marvelousminds.com
-----------------------------------	--------------------	---------------------	---	--

Products/Services: Child care services

MWBE

Sunshine Daycare, Inc.	Janine Sciarabba	585-746-7191	j9sciarabba@yahoo.com	www.sunshinedaycareinc.com/
-------------------------------	-------------------------	---------------------	------------------------------	--

Products/Services: Child care services

WBE

Tecias Childcare, LLC	Martecia Kelly	585-317-6846	teciaschildcare@gmail.com	N/A
------------------------------	-----------------------	---------------------	----------------------------------	---------------------

Products/Services: I provide childcare services during normal and extended hours.

MWBE

The Lewis Daycare Service LLC	Regina Lewis	585-303-3658	reginalewis48@gmail.com	N/A
--------------------------------------	---------------------	---------------------	--------------------------------	---------------------

Products/Services: I have over 20 years of experience in the daycare industry, managing both home-based and center-based facilities. I am now in the process of opening a new center that will provide healthy meals for children of all ages, ensuring a safe and nurturing environment for their growth and play. This center will also create job opportunities in the city of Rochester and offer reliable transportation services to and from the center, allowing parents to focus on their work, stability, and quality of life.

MWBE

Commodities/Retail

1-800 Flags	Amber Imburgia	585-472-4020	amber@1-800flags.com	www.1-800flags.com
--------------------	-----------------------	---------------------	-----------------------------	--

Products/Services: At 1-800 Flags we sell high quality Made in America flags, banners, country flags, flagpoles, accessories, custom flags and banners and more.

WBE

Advent Solutions	Marie Misere	585-406-8848	essence5152@gmail.com	N/A
-------------------------	---------------------	---------------------	------------------------------	---------------------

Products/Services: Fruits and Vegetables
Fresh fruits (e.g., apples, bananas, berries)
Fresh vegetables (e.g., carrots, lettuce, cucumbers)
Hygiene and Personal Care Products

MWBE

Toilet paper
Toothbrushes
Paper towels
Tissues
Other personal hygiene items
Office Supplies (if applicable)

Stationery (pens, paper, notebooks)
Office cleaning supplies
Miscellaneous Household and Institutional Goods

BADMAN Entertainment	Jarod McClary	585-448-5238	badmanent1@gmail.com	N/A
-----------------------------	----------------------	---------------------	-----------------------------	---------------------

Products/Services: BADMAN Ent. is a dynamic department store nestled in the heart of Rochester, NY. Founded with a profound commitment to serving historically underserved communities, we aim to revolutionize the retail landscape by fostering economic empowerment, community enrichment, and entrepreneurial growth. Our mission extends beyond merely providing goods; we strive to create a vibrant ecosystem where businesses thrive, individuals flourish, and communities prosper.

MBE

Esma Monuments INC	Kelli Edwards	585-713-3815	kellidevine1@gmail.com	www.esmamonument.com
---------------------------	----------------------	---------------------	-------------------------------	--

Products/Services: Headstones, Monument, Memorials ex: Plaques, banners, Urns, Urn jewelry, memoriam blankets and apparel.

MWBE

Garden Of Eden Root Of Garden	Brenda Lee Elsay	585-635-4817	diamondelsaw3@gmail.com	N/A
--------------------------------------	-------------------------	---------------------	--------------------------------	---------------------

Products/Services: Natural soaps
Deodorant
Shampoo
Body butter
Beard oils

MWBE

Name	Contact	Phone	E-Mail	Website
Commodities/Retail				
Gen128 Holdings LLC	Krizel Mendoza	917-753-0667	krizelmendoza@icloud.com	www.batangasbest.com , www.reinad.com
Products/Services: MBE	Gen128 Holdings LLC, trading under the names "Batangas Best" and "Reina De Perlas," is your gateway to two remarkable worlds of exquisite offerings.			
Holly-wood Decorative Creations	Holly Pearson	585-754-5028	hollywooddecorativecreations@gmail.com	www.facebook.com/Hollywooddecrat
Products/Services: WBE	As of right now I offer wooden home décor that can be customized to your home. My inventory runs from blanket ladders, to stove top covers, all the way to toilet paper holders, along with personalize signs that can be multifunctional and much more. All items can come in different colors, saying and sizes. Everything is completely handmade and painted by me in my home. I am looking to open a storefront soon to expand my sales but also help other local small business that are woman and or minority owned to have a place to sell their products as well.			
Inventory New York LLC	Makeda McGowan	315-518-0259	inventorynewyork@gmail.com	depop.com/inventorynewyork
Products/Services: MWBE	Inventory New York provides one of a kind quality vintage(1960s-Y2K) and second hand clothing and accessories.			
Kapibala Inc	Ada Hwa Tung Lung	929-313-0819	info@kapibala.us	N/A
Products/Services: MBE	Finding potential products or new inventions on Kickstarter. We now have reusable power banks with solar panels, etc.			
L'Couture LLC	LaCarrie S Byer	917-208-3767	noni.butterfly@yahoo.com	N/A
Products/Services: MWBE	Clothing for women and men. Jackets, shirts, sweaters and ancillary items for the discerning client			
Maame Koranchee's LLC DBA MansaWear	Mansa Brown	585-267-9960	nita@mansawear.com	www.mansawear.com
Products/Services: MWBE	Women's & Men's Clothing-Uniforms / Overalls / Jumpsuits-Shirts / T-shirts-Linens-Hospital Patient Gowns and Scrubs-Cancer Chemo Caps / Hats			
NoNetz, Inc.	Catherine Paraggio	914-589-2055	cathy@nonetz.com	www.nonetz.com
Products/Services: WBE	design services for clothing; men and boys swim trunks; kids rash guards; men's polos; women's joggers, sports bras, wrap sweaters knitted on demand; men's joggers, crew neck sweaters and hoodys knitted on demand; wool hats and fingerless gloves; women's one piece and bikini swimwear knitted on demand			

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Commodities/Retail

Raquel Denise Handbag Boutique	Raquel Lowry	585-355-0762	rlowry86@gmail.com	www.raqueldenisehandbags.com
---------------------------------------	---------------------	---------------------	---------------------------	--

Products/Services: Handbags, totes, purses, wallets, t-shirts, and handbag accessories (retail, wholesale, customized (for non-profit/profit/corporate and government))

MWBE

Roc Paper Straws	Karrie Laughton	585-314-2365	Rocpaperstraws@gmail.com	Rocpaperstraws.com
-------------------------	------------------------	---------------------	---------------------------------	--

Products/Services: We manufacture paper drinking straws in various sizes and colors. We make standard size straws, milkshake straws, cocktail straws, and Bubble Tea straws. They are available wrapped or unwrapped, are biodegradable, compostable, marine-safe, food-grade, and gluten-free.

WBE

Shop Peppermint LLC	Tanvi Asher	718-664-3996	tanvi@shop-peppermint.com	www.shop-peppermint.com
----------------------------	--------------------	---------------------	----------------------------------	--

Products/Services: Women's apparel, accessories, Rochester themed gifts and home goods

MWBE

Stacy K Floral	Stacy Ercan	585-244-1414	stacy@stacykfloral.com	www.stacykfloral.com
-----------------------	--------------------	---------------------	-------------------------------	--

Products/Services: Floral, gifts, and decor items

WBE

Under The Arbor Bridal, LLC	Suzanne Kenyon	585-355-6820	suzannekenyon585@gmail.com	www.underthearborbridal.com
------------------------------------	-----------------------	---------------------	-----------------------------------	--

Products/Services: Wedding gowns; mother's, bridesmaids, prom and flower girls dresses as well as various accessories and everyday women's apparel

WBE

What's Good®	Jennifer Young	585-259-9857	jenniferyoung@icloud.com	www.shopwhatsgood.com
---------------------	-----------------------	---------------------	---------------------------------	--

Products/Services: We offer eco friendly and socially responsible household essentials like laundry soaps, home cleaners, sponges and scrub brushes; food storage such as containers, wraps, baggies; personal care items like shampoo and bar soaps and lotions; and an assortment of gifts from kid toys to candles.

WBE

Community Development

Community Development

Hallmark Planning & Development	Arthur Hall Jr.	716-486-9763	art@thehallmarkfirm.com	www.thehallmarkfirm.com
--	------------------------	---------------------	--------------------------------	--

Products/Services: Public Engagement - Hallmark works with clients to customize robust public engagement strategies to elevate ideas and solutions across diverse projects. We begin by determining the breadth of stakeholders, identifying their influence, and creating an engagement plan that matches different techniques to different audiences. The engagement experience is uniquely facilitated to generate optimum interaction that translates to maximum data extraction and productivity.

MBE

Placemaking - Hallmark works with partners to strategically shape the physical and social character through public art and cultural engagement activities. Creative placemaking animates streetscapes and public spaces, improves public safety, and brings diverse people together to maintain a healthy, safe environment. Creative placemaking is the intersection of arts and culture with community and economic development. These elements are vital to improving urban neighborhoods' quality of life, mobility, and socioeconomic development.

Community Planning—Hallmark helps identify community priorities through a comprehensive planning process. This process is generally composed of vision casting sessions, data collection, a Community conditions Report, and an analysis of Strengths, Weaknesses, Opportunities, and Threats (SWOT) throughout the strategic planning facilitation. It also includes long-range planning.

Commercial Real Estate - As a licensed commercial real estate professional, we offer comprehensive solutions customized to meet your needs. We are familiar with the properties, developers, and demographics of western and upstate New York. We'll help you locate the commercial property that meets your specifications, prepare a detailed analysis of each listing, and coordinate site visits.

Institute for Social Entrepreneurship LLC	David Dey	585-576-6634	ddey@institute4se.com	www.institute4se.com
--	------------------	---------------------	------------------------------	--

Products/Services: We are consultants that research, design and develop ventures and programs that build communities and economies. We have experience in working with and designing community engagement, development and business consulting activities. Our expertise includes:* Community & Economic Development* Public / Private Partnerships* Program Design* Securing Resources to Launch or Grow Ventures* Managing and Growing New and Existing Ventures

MBE

Construction - Concrete

Bucket Pro, LLC	Cheyenne Brooks	(716) 602-2557	bucketprollc@gmail.com	www.bucketprollc.com
------------------------	------------------------	-----------------------	-------------------------------	--

Products/Services: Concrete Curbing, Site Prep, Demolition, Concrete Flat Work, Concrete Foundations, Excavation

MBE

Cummings Construction, LLC	Charles Cummings	585-370-2985	charlie@cummings-construction.com	N/A
-----------------------------------	-------------------------	---------------------	--	---------------------

Products/Services: We provide General Construction and project management services. We self perform Concrete, Masonry, small excavation, limited sitework, cost estimating, limited painting and masonry restoration

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - Concrete

Montanosa Restoration LLC	Jesus Crawford	585-413-3810	jesus@montanosa.net	<u>N/A</u>
----------------------------------	-----------------------	---------------------	----------------------------	----------------------------

Products/Services: Concrete Restoration, Masonry Restoration, New Masonry, Waterproofing, Air Barrier and Sealants.

MBE

Najee & Son Restorations, LLC	Kenneth Barksdale	585-333-9089	barksdale1962@icloud.com	<u>N/A</u>
--	--------------------------	---------------------	---------------------------------	----------------------------

Products/Services: Commercial Masonry and Restorations

MBE

Rodey Construction LLC	Raphael Odney	585-478-9718	info@rodeyconstruction.com	<u>N/A</u>
-------------------------------	----------------------	---------------------	-----------------------------------	----------------------------

Products/Services: Services include:Line Technician TroubleshootingPower Line InstallationDriveway ConcreteStamped ConcreteSidewalk InstallationStone Veneer

MBE

Syrstone Inc.	Beth Bellinger	315-560-3400	beth@syrstone.com	<u>www.syrstone.com</u>
----------------------	-----------------------	---------------------	--------------------------	---

Products/Services: Saw cut Grooving of Concrete, Rumble strips (MIARDS/CARDS/SHARDS), Granite Curbing, Unit Pavers, Concrete Slip form

WBE

Construction - Electrical Services

Construction - Electrical Services

Affordable Good Electric LLC	Nigel Carrington	585-642-5357	nigelcarrington78@gmail.com	<u>N/A</u>
-------------------------------------	-------------------------	---------------------	------------------------------------	----------------------------

Products/Services:

Services:

MBE

Residential Electrical Services

- Wiring and rewiring
- Electrical panel upgrades
- Lighting installation and repair
- Ceiling fan installation
- Home automation systems
- Electrical inspections

Commercial Electrical Services

- Electrical system design and installation
- Maintenance and repair services
- Energy-efficient lighting solutions
- Emergency electrical services
- Surge protection systems
- Data and communication cabling

Emergency Services- 24/7 emergency repair services

- Prompt and reliable service to address urgent electrical issues

Betances Electric LLC	Edgar Betances	585-409-0545	edbetances@yahoo.com	<u>N/A</u>
------------------------------	-----------------------	---------------------	-----------------------------	----------------------------

Products/Services:

Residential and Commercial Electrical Services

MBE

C & E Electric LLC	Colin Ball	585-317-7899	ecblectric@gmail.com	<u>N/A</u>
-------------------------------	-------------------	---------------------	-----------------------------	----------------------------

Products/Services:

Residential and Commercial Electrical Install. New house wiring, new business wiring. Panel Upgrades. Fire alarm install. Faulty wiring or electrical equipment troubleshooting Electrical Motor Systems Maintenance

MBE

Connors - Haas, Inc	Linda Haas Ayer	617-733-5746	l.ayer@connors-haas.com	<u>www.connors-haas.com/</u>
----------------------------	------------------------	---------------------	--------------------------------	---

Products/Services:

Commercial Electrical Contracting

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - Electrical Services

Economy Sales & Service LLC	Michael Rihm Sr.	585-802-6528	economysalesservices@gmail.com	N/A
--	-------------------------	---------------------	---------------------------------------	---------------------

Products/Services: Primarily engaged in installing and servicing electrical and mechanical equipment. We perform preventative maintenance on all electrical equipment, machine equipment, new work, additions, alterations, maintenance and repairs.

MBE

EYW Companies LLC	Amy McEntee	585-202-7579	amcentee@eywcompanies.com	www.eywcompanies.com
--------------------------	--------------------	---------------------	----------------------------------	--

Products/Services: EYW designs and builds custom control panels in our UL 508A & 698A certified manufacturing facility. We provide scheduled and emergency services related to instrumentation & control automation systems. Services include, but are not limited to instrumentation calibrations, controls troubleshooting, PLC design and programming, HMI development, SCADA application and graphic screen development, wireless communications. VFD configuration and replacement.

WBE

Fuerza Electric Corp	Christina Morales	585-747-7237	cmorales@fuerzaelectriccorp.com	www.FuerzaElectricCorp.com
-----------------------------	--------------------------	---------------------	--	--

Products/Services: We upgrade outdated electrical services in residential homes and commercial buildings that are so common in Monroe and surrounding counties. We also repair and install new plugs and switches in any room, such as bathrooms and kitchens, as well as add any needed circuits to make sure nothing gets overloaded and runs smoothly. And for your addition, we will install a sub panel to make sure your home has everything you need. We can even power up your garage.
We install EV chargers; swimming pool and hot tub electric for heaters and lights; new ceiling fans; and modern recessed lighting. And don't worry, if you have plaster walls, our professionals are known for making seamless repairs.

MWBE

H. Richardson & Sons LLC	Cheryl Richardson	315-778-0745	crichardson@hrsutilities.com	www.hrsutilities.com
-------------------------------------	--------------------------	---------------------	-------------------------------------	--

Products/Services: Make ready power line contractorFiber make-ready and installationForestry ServicesPower line storm restoration services

WBE

Hazlow Electronics, Inc.	Alma Crain	715-209-5542	alma@hazlow.com	www.hazlow.com
---------------------------------	-------------------	---------------------	------------------------	--

Products/Services: Manufacture of cables, wire harnesses and electronic assemblies. Our products include complex wire harnessing, small, large and multi-conductor assemblies,electromechanical switches, power boxes, fans, and motor assemblies, as well as cables such as flat, multi-conductor, flex, IDC, coax, and ribbon. We also provide kitting services such as labeling, bagging, and boxing.

MWBE

Invictus Electrical	Christine Dertinger	585-738-4614	chd@invictuselectrical.com	www.invictuselectrical.com
----------------------------	----------------------------	---------------------	-----------------------------------	--

Products/Services: Invictus Electrical, LLC is a full-service electrical contractor serving the Rochester, NY area and all of New York State. Founded in 2009, NY, Invictus is a commercial and industrial electrical contractor. We are also a certified solar installer, certified fire alarm installer and have a Master's License.

WBE

Jallahquay Construction LLC	James Jallahquay	585-200-9086	jallahquayconstructionllc@gmail.com	N/A
------------------------------------	-------------------------	---------------------	--	---------------------

Products/Services: General electrical installation and maintenance.New and old construction. Low voltage.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - Electrical Services

Licciardi Radio Services Inc.	Jennifer Ashworth	585-694-9924	jen@lrsradio.com	www.lrsradio.com
--------------------------------------	--------------------------	---------------------	-------------------------	--

Products/Services: Kenwood, ICOM, Viking, Motorola 2-way radios and LTE devices. Accessories such as speaker microphones, headsets for portable radios, mobile radios, vehicles, motorcycles. Cell phone boosters and amplifiers. Public Safety BDA's and DAS systems.
WBE
 Antennas, RF cabling, Fiber optic cabling, RF connectors, electrical primary wire (8-14 gauge), power supplies, power amplifiers, vehicle fuses.
 Sells & installs lightbars and vehicle lighting (tractors, construction equipment, cars, pickups, busses, vans, emergency vehicles, police, ambulances.
 Vehicle installations of 2-way radios, light controllers.
 Building cable runs, outside antennas, preventative maintenance on 2 way radios and related equipment.
 Radio Rentals

ReySol Electric LLC	Carlos Alvarez	585-469-0417	reysolelectric@gmail.com	www.reysolelectricllc.com
----------------------------	-----------------------	---------------------	---------------------------------	--

Products/Services: ReySol Electric provides electrical solutions for residential and commercial applications. Troubleshooting Installation Relay Testing and calibration
MBE

Royal Electric LLC	Daniel Brown-Banks	585-649-3075	dbrown@royalelectric.net	www.royalelectrician.com
---------------------------	---------------------------	---------------------	---------------------------------	--

Products/Services: Electrical service and installation. Residential and commercial repair of electrical lighting controls, motors, outlets, and circuit breaker replacement. Panel upgrades and new construction, sub panel installation, generator installation, and electric vehicle charging equipment.
MBE

Construction - Garage Doors

Pro Dock and Door, LLC	Megan Smaldino	716-913-5630	msmaldino@pddwny.com	www.pddwny.com
-------------------------------	-----------------------	---------------------	-----------------------------	--

Products/Services: We supply, install, service and repair commercial overhead doors and loading dock equipment.
WBE

Construction - General

Admirable Creations Renovations LLC	Craig Williams	585-201-6518	admirablecreate1@gmail.com	N/A
--	-----------------------	---------------------	-----------------------------------	---------------------

Products/Services: Exterior Siding, Doors, Windows and Kitchen and Bath
MBE

Adonis Construction LLC	Adonis Jones	585-303-2068	Adoniscollc@gmail.com	N/A
--------------------------------	---------------------	---------------------	------------------------------	---------------------

Products/Services: General Construction
MBE

Construction - General

Al Arsh Construction Corp	Ghulam Murtaza	718-431-5203	alarshny@yahoo.com	https://alarshconstruction.com/
----------------------------------	-----------------------	---------------------	---------------------------	---

Products/Services: Al Arsh Construction Corp is a versatile general contractor offering a wide range of construction and renovation services. Specializing in masonry, scaffolding, painting, plastering, demolition, and exterior steel structures, the company is equipped to handle diverse projects with precision. Their expertise extends to road painting, interior and exterior building repair, maintenance, and remodeling

MBE

Amazn Handy Man	Sergio Barton	585-363-9633	amaznhandyman19@gmail.com	N/A
------------------------	----------------------	---------------------	----------------------------------	---------------------

Products/Services: Electrical Fixtures, drywall, painting, lawncare and maintenance, flooring, furnace consultation

MBE

Anchor Innovations, LLC.	Jose Cipola	585-737-6478	anchorinnovations@gmail.com	N/A
---------------------------------	--------------------	---------------------	------------------------------------	---------------------

Products/Services: Commercial and residential construction, new builds, building/remodeling, fencing, tiling/flooring, siding, roofing, painting, window and door installation/replacement, concrete, asphalt, plumbing and electric.

MBE

Axis Builders Construction INC	Justin Morrison	315-561-6242	axisbuilders.roc@gmail.com	N/A
---------------------------------------	------------------------	---------------------	-----------------------------------	---------------------

Products/Services: We offer residential construction services specializing in framing, decking, fencing, building garages, pole barns and small additions.

MBE

ClayHill Construction Corporation	Tara Clayton	716-201-7128	clayhillcorp@gmail.com	www.clayhillconstructioncorp.com
--	---------------------	---------------------	-------------------------------	--

Products/Services: Contractor - Residential and Commercial, Roofing, Siding, Gutters, Windows, Doors, Drywall Installation, Painting, Lead Abatement, Masonry/Masonry Restoration, Concrete Foundation, Concrete Paving, Flooring-Ceramic, and Tile and Terazzo

MWBE

CNY Interior Solutions LLC	Adrienne Schiffer	315-378-5813	cnyinteriorsolutions@gmail.com	www.cnyinteriorsolutions.com
-----------------------------------	--------------------------	---------------------	---------------------------------------	--

Products/Services: CNY Interior Solutions LLC is a Women owned business providing historical restoration, commercial construction, and custom residential services. Specifically we offer superb framing ,custom finishing carpentry, as well as other building services for a vast variety of projects. For a specific details on projects and services we offer go to our website cnyinteriorsolutions.com

WBE

Costa A Ring Remodeling	Elyjah Galvez	585-500-9406	Costaring504@yahoo.com	N/A
--------------------------------	----------------------	---------------------	-------------------------------	---------------------

Products/Services: Residential Remodeling: kitchen, bathroom, whole-home renovations, additions
 Commercial Construction: buildouts, renovations, maintenance for businesses
 Custom Projects: tailored construction solutions to meet unique client needs
 Affordable Housing Development: dedicated to building and renovating properties for low-income families

MBE

Name	Contact	Phone	E-Mail	Website
Construction - General				
Distinguished Real Estate	Andre Wilson	585-690-1219	dre_wilson15@yahoo.com	N/A
Products/Services:	Real Estate maintenance and general construction			
MBE				
Dmyles Inc	Darius Myles	716-909-0718	dariusmyles@dmylesinc.com	www.dmylesinc.com
Products/Services:	We specialize in sitework, paving, excavation, demolition, select demolition and all types of earthwork.			
MBE				
Dons Global Construction, LLC	Donald Faulk	585-673-6330	donglobalconstruction@gmail.com	www.donglobalconstruction.com
Products/Services:	Drywall/hanging ,finishing painting, flooring/tile, vinyl, wood, concrete/finishing, masonry/brick, block, demolition ,renovations, home rehab/rehabilitation Etc.			
MBE				
Dorcas Construction Company	Dorcas Roman	585-524-9190	dorcasconstructioncompany@gmail.c	NA
Products/Services:	Full Kitchen Remodeling, Full Bathroom Remodeling, Full basement Renovations, drywall, demolition, Plumbing, Minor Electrical (outlets), floor, painting both commercial and residential, decks, fence, etc.			
MWBE				
Draghi Burgos Construction LLC	Alexander Burgos	716-541-4751	aburgos@draghiburgos.com	www.draghiburgos.com
Products/Services:	Draghi Burgos Construction is a full-service contractor specializing in commercial renovations, alterations and additions. We perform the following scope of work: general contracting, finish carpentry, wall assemblies, framing, drywall, ceilings, millwork, commercial doors, frames and hardware, and selective demolition.			
MBE				
DT Contractors Inc	Dharry Tulshi	334-777-7634	dharry.tulshi@yahoo.com	N/A
Products/Services:	General construction, renovation and repair work			
MBE				
Flour City Construction LLC	Jose Otero	585-354-4027	flourcityconstructionllc@gmail.com	N/A
Products/Services:	Painting, poured concrete foundation ,framing ,masonry ,roofing, siding drywall, interior painting, exterior painting, flooring and tiles finish carpentry			
MBE				

Name	Contact	Phone	E-Mail	Website
Construction - General				
Grace Builder & Consulting	Karen Horace	585-580-2851	kdhorace@yahoo.com	https://www.facebook.com/whereinte
Products/Services:	Estimating, Consultation, Framing, flooring, Drywall, Painting, Commercial and Residential Construction, Doors, Windows			
MWBE				
Hungate Construction, LLC	Jennifer Hungate	585-233-0228	jenn@hungateconstruction.com	www.hungateconstruction.com
Products/Services:	General construction specializing in interior carpentry, painting, concrete and specialties installation.			
MWBE				
James Renovation & Construction LLC	James Howell	585-261-4488	howellj118@gmail.com	www.pureenthusiasm.wixsite.com/ja
Products/Services:	RenovationHome RemodelingPlumbingElectricalHeating & CoolingPaintingConstruction			
MBE				
Kingdom's Help Construction	Leo Chamorro	315-372-2792	Kingdom243@gmail.com	N/A
Products/Services:	Foundations, framing, roofing, siding, doors, windows, interior finishes, drywall, acoustical ceiling, flooring, and trim.			
MBE				
Like Minds Reno LLC	Whitney Terrell Brow	585-285-8620	wbrownlmr@aol.com	Facebook@LMR LLC
Products/Services:	Carpentry, masonry, flooring, plumbing, electrical, siding, roofing.			
MBE				
Lucky 7 Construction Group, LLC	Mary Elizabeth Welc	585-465-9975	mary@sevenconstructiongroup.com	www.sevenconstructiongroup.com
Products/Services:	ENERGY: land Clearing, Site Prep Work, Excavation for Underground Utility Installations, Concrete Pad and Bollard Installations, Site Restoration.UNDERGROUND UTILITIES: Electric, Fiber, Gas, Sewer, Water, and Non-Potable Water Repairs and Installations.CONCRETE: Sidewalks, Patios, Foundations, EV Charging Station Pads, Stairs and Ramps, General Flatwork.EMERGENCY RESPONSE: Mud, Waste and Debris Removal, Slope Stabilization, Rock Slope Protection, Drainage, Pipeline and Utility Repairs.			
WBE				
Omni Construction	Shannon Fair	585-201-8464	contact@pickomni.com	www.pickomni.com
Products/Services:	Consulting, Project management, estimating, construction			
WBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - General

OSO, Inc.	Ruth Gomez	585-284-7767	rgomez@osoconstruction.net	<u>N/A</u>
Products/Services:	Commercial and Institutional Building Construction Highway, Street, and Bridge Construction Poured Concrete Foundation and Structure Contractors Framing Contractors Roofing Contractors Other Foundation, Structure, and Building Exterior Contractors Drywall and Insulation Contractors Painting and Wall Covering Contractors Flooring Contractors Finish Carpentry Contractors Other Building Finishing Contractors All Other Specialty Trade Contractors			
MWBE				

Precision Constructors Corp	Darren Thomas	585-423-0283	precisionconstruction803@gmail.com	<u>NA</u>
------------------------------------	----------------------	---------------------	---	---------------------------

Products/Services: Concrete, Masonry, Heavy Highway, Sidewalks, Footers, Foundations

MBE

Reimagine Renovation	Megan Mills	585-620-6160	hello@reimagine renovation.com	<u>https://reimagine renovation.com/</u>
-----------------------------	--------------------	---------------------	---------------------------------------	--

Products/Services: Residential interior home remodeling contractors. Providing services such as full home remodels, kitchen remodels, bath remodels, flooring, painting, drywall

WBE

Reinvigorated LLC	Kenji Dukes	585-309-1655	reinvigorated4@gmail.com	<u>N/A</u>
--------------------------	--------------------	---------------------	---------------------------------	----------------------------

Products/Services: I am a General Construction company, we handle most phases. Site work, roofing, flat work, Block work, demolition, framing etc.

MBE

Robert F. Hyland & Sons, LLC	Donald Padilla	585-727-4840	d.padilla@rfhson.com	<u>www.rfhson.com</u>
---	-----------------------	---------------------	-----------------------------	---

Products/Services: General Contractor

MBE

Roc City Property Preservation	Lydia Rivera-Warr	586-524-7072	roccitypropertypreservation@gmail.com	<u>N/A</u>
---------------------------------------	--------------------------	---------------------	--	----------------------------

Products/Services: Field Service Inspections and Property Preservation Services, General Contractor, landscaping, painting, cleanouts, weatherization

MWBE

Scott Construction Services of Rochester, I	Michael Scott	585-370-6331	msscott1299@hotmail.com	<u>N/A</u>
--	----------------------	---------------------	--------------------------------	----------------------------

Products/Services: General Construction, Electrical Construction, Site Excavation, Playground Construction

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - General

Steve General Contractor, Inc.	David Vasciannie	585-721-1224	dave@stevegc.com	www.stevegeneralcontractor.com
Products/Services:	General construction, carpentry, concrete, masonry, demolition			
MBE				
Swift Works	James Swift	585-208-1986	Swiftworks11@gmail.com	N/A
Products/Services:	General contracting work residential			
MBE				
The Madera Company LLC	Salomon Madera	585-953-2337	smadera523@gmail.com	N/A
Products/Services:	Remodeling, Siding, Roofing, Framing			
MBE				
Thompson General Construction	Richard Thompson	585-520-3927	Richtj1973@gmail.com	N/A
Products/Services:	General Construction including demolition, concrete work			
MBE				
Tirmisu Home Renovations LLC	Brandon Nasir White	585-851-4044	whitebrandon0325@gmail.com	https://whitebrandon0325.wixsite.co
Products/Services:	This Business Offers Home Renovations, Bathroom Remodel, Doors, Flooring Contractors, Hardscaping, Interlocking Pavers, Kitchen Remodel, Lawn Maintenance, Painting Contractors, Retaining Wall Contractors, Snow Removal Services, Windows			
MBE				
Upstate Interiors LLC	Cecil McClary Jr.	585-509-8587	knofi@upstateinteriorsllc.com	www.Upstateinteriorsllc.com
Products/Services:	Upstate Interiors, LLC is a New York State certified minority and disadvantaged business. We specialize in metal framing, insulation, drywall, plaster, and acoustical ceilings. We have a proven track record and many years of experience. We have successfully completed projects for local and state agencies. We take pride in targeting city residents and introducing them to the trades. We hire and provide wrap around services that our employees need to be successful in the construction industry. Upstate Interiors LLC is committed to training and providing life skills to all employees.			
MBE				
VKS Plastering & Masonry	Vernell Simon	585-503-6283	vksprop@yahoo.com	N/A
Products/Services:	Residential commercial construction and repairs			
MBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - General

Way Bigga LLC	David Williams	585-290-2183	dwill14619@gmail.com	<u>N/A</u>
----------------------	-----------------------	---------------------	-----------------------------	----------------------------

Products/Services: All handyman services. Assembly, mounting (tv, pictures, mirrors, etc.), door locks and knob changing, light fixtures and ceiling fan installation.

MBE

Construction - Management Services

Landon & Rian Enterprises Inc	Windell Gray	585-202-0808	wgray@landonrian.com	<u>www.landonrian.com</u>
--	---------------------	---------------------	-----------------------------	---

Products/Services: Construction Administration (Architects/Engineering Firms)

- M/W/D/SBE & EEO Contract Monitoring & Compliance - NYS and Federal Contracts
- Equal Opportunity Employment (EEO) Monitoring & Compliance
- Construction Management Technical Support Services Staffing
- Project Engineer/Superintendent
- Safety Inspector
- Administrative Support
- Safety Monitoring and Inspection
- OSHA 10 & 30 Hour Outreach Training, DOT Flagging Class

MBE

MDC Properties & Development, Inc	Mark Chester	585-953-0083	mdc12571@yahoo.com	<u>N/A</u>
--	---------------------	---------------------	---------------------------	----------------------------

Products/Services: Development, Project Estimating/Budgets, Consulting, Project Management, Construction.

MBE

Rogers Enterprises Construction Safety &	Eric Rogers	585-415-8900	eric.rogers@rogersenterprises.net	<u>NA</u>
---	--------------------	---------------------	--	---------------------------

Products/Services: Project Management Project Engineering ServicesAdministrative Management & General Management Consulting
ServicesConstruction Safety Consulting & Engineering ServicesCompliance MonitoringSecurity & Safety Consulting Building Code Consulting

MBE

Construction - Mechanical/HVAC

Coldwater Insulation, Inc	Murry Hooper	585-697-4404	murry@Coldwaterinsulation.com	<u>www.ColdwaterInsulationinc.com</u>
----------------------------------	---------------------	---------------------	--------------------------------------	---

Products/Services: Mechanical Insulation

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - Mechanical/HVAC

Dakksco Pipeline Corp	Amy Morin	585-370-9042	dakkscopipeline@hotmail.com	<u>NA</u>
------------------------------	------------------	---------------------	------------------------------------	---------------------------

Products/Services: Full Service Public Works General Contractor belonging to Local 435 Rochester Laborers. Dakksco performs pipeline, mechanical pumps, fittings, valves and installation of piping systems. Also performs excavation, pump stations, sheet pile and shoring, valve pits, concrete tunnel work and repairs, sewer repairs, very experienced in working in the Monroe County CSOAP tunnels and shafts performing structural and mechanical repairs and gate repairs.

WBE

Empire State Mechanical Contractors, Inc.	Valerie Ann Micalizz	585-729-4071	valerieoswald@rochester.rr.com	<u>NA</u>
--	-----------------------------	---------------------	---------------------------------------	---------------------------

Products/Services: Construction, Mining, and Forestry Machinery and Equipment Rental and Leasing Oil and Gas Pipeline and Related Structures Water and Sewer Line and Related Structures Water and Sewer Line and Related Structures Structural Steel and Precast Concrete Power and Communication Line and Related Structures Construction

WBE

GM Mechanical HVAC LLC	Ronnie Shanklin Jr.	716-548-7755	shanklinb@aol.com	<u>N/A</u>
-------------------------------	----------------------------	---------------------	--------------------------	----------------------------

Products/Services: HVAC, Mechanical Contractor Service, Repair, and installation

MBE

Leo J. Roth Corporation	Kaitlin Hildebrandt	585-261-1876	krath@leojroth.com	<u>www.leojroth.com</u>
--------------------------------	----------------------------	---------------------	---------------------------	---

Products/Services: Mechanical Contracting, Roofing, Residential HVAC, Building Automation, Green Energy, Metal Fabrication

WBE

M.G.M. Insulation, Inc.	Mel Brooks	585-303-8446	MSBROOKS@MGMININSULATION.COM	<u>www.mgminsulation.com</u>
--------------------------------	-------------------	---------------------	-------------------------------------	---

Products/Services: Commercial insulation on mechanical and plumbing systems, selective demolition, asbestos abatement, caulking and sealants, material sales

MBE

OCM Construction Inc.	Konrad Ortega	716-860-2778	KORTEGA@OCMCONSTRUCTIONINC	<u>OCMCONSTRUCTIONINC.COM</u>
------------------------------	----------------------	---------------------	-----------------------------------	---

Products/Services: OCM is a HVAC contractor that specializes in the Insulation of hot and cold pipes as well as duct work. OCM works through out the state of New York. We are also a signatory contractor with our necessary Union's.

MBE

Pipitone Enterprises, LLC	Stacey Pipitone	585-293-0961	stacey@pipitoneenterprises.com	<u>http://www.pipitoneenterprises.com/</u>
----------------------------------	------------------------	---------------------	---------------------------------------	--

Products/Services: HVAC-R/Mechanical - Installation, Service, Preventative Maintenance

WBE

Construction - Painting

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - Painting

Craven's Painting, Restoration & Demolition	Robert Craven	585-485-9514	cravenspainingrestoration@gmail.com	NA
--	----------------------	---------------------	--	---------------------------

Products/Services: Painting, Restoration, Demolition, Painting of Bridges, commercial, ships & houses

MBE

JDA Painting	Hope Washington	585-568-7940	info@jdwhomesolutions.com	www.jdwpainting.com
---------------------	------------------------	---------------------	----------------------------------	---

Products/Services: Commercial and Residential Interior Painting

MWBE

Marc L G Painting LLC	Marc Gonzales	347-781-7082	ceo@marclgpaintingllc.com	https://marclgpaintingllc.com/
------------------------------	----------------------	---------------------	----------------------------------	--

Products/Services: PaintingWallpaperLight wall repair

MBE

Myeisha Enterprise	Myeisha Wesson	585-290-3936	Eish27@gmail.com	N/A
---------------------------	-----------------------	---------------------	-------------------------	----------------------------

Products/Services: Handyman & Construction CompanyInterior & Exterior Painting, Demolition, Pipefitting, Minor Plumbing, Debris Removal, Site Prep, Site Cleanup, & More!

MWBE

Skiplinks LLC DBA CertaPro Painters of We	Ronald Sellers	585-233-7043	rsellers@certapro.com	rochester-west.certapro.com
--	-----------------------	---------------------	------------------------------	---

Products/Services: Interior, Exterior Residential Commercial Painting

MBE

Smooth Colors By Design Corp	John Johnson	585-230-9215	smoothcolorsbydesign@gmail.com	www.smoothcolorsbydesing.com
-------------------------------------	---------------------	---------------------	---------------------------------------	---

Products/Services: PaintingDrywall Repair/InsulationMinor ElectricalMinor PlumbingWindow InstallationDoor Installation

MBE

Sunny Days Painting LLC	Reinaldo Colon	585-224-5910	sunnydays.ray@yahoo.com	www.paintrochester.com
--------------------------------	-----------------------	---------------------	--------------------------------	---

Products/Services: Painting and Drywall Services (Interior and Exterior) - Commercial and Residential - New Construction, Renovation, Retro Fits, Maintenance Accounts – Apartments, Condominiums, DormsFloor Sealants, Epoxy Coatings, Paints, Stains, Varnishes, Poly UrethanesCaulking, SealantsQuality Brushwork, Airless Spray, RollingNew Construction, Renovation, Retro Fits, Maintenance Accounts – Apartments, Condominiums, DormsFaux FinishesPower washing – Floors, Decks, Buildings, Residential Homes, etc.Sandblasting (Environmentally Friendly)Wood Roofs Preserved

MBE

Construction - Paving

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - Paving

Champion Asphalt Maintenance	Julie Ans Shove	315-589-7953	championasphalt7953@yahoo.com	www.championasphaltny.com
-------------------------------------	------------------------	---------------------	--------------------------------------	--

Products/Services: Asphalt maintenance, seal coat, pavement markings, crack sealant

WBE

LG Pavement Maintenance INC	Laura Gray	585-690-6482	lgpavement@gmail.com	N/A
------------------------------------	-------------------	---------------------	-----------------------------	---------------------

Products/Services: Asphalt & concrete repairs with epoxy or with existing material, asphalt paving and concrete new installs, striping new layouts and restripes, sealcoating parking lots, milling existing pavement, hot crack fill

WBE

Seabreeze Pavement of NY LLC	Keruin Negron	585-338-2333	kelly@seabreezepavement.com	www.seabreezepavement.com
-------------------------------------	----------------------	---------------------	------------------------------------	--

Products/Services: Asphalt Installation and maintenance, install parking lots, driveways, speed bumps, asphalt sidewalks, and asphalt repairs. Asphalt striping and sealing Concrete installation, install sidewalks, concrete driveways and patios. Culvert pipe installation and repair, Install and repair Catch basins, install retaining walls.

MBE

T.A. Scott Company Inc.	Tony Scott	585-727-5286	tonyscott1969@icloud.com	N/A
--------------------------------	-------------------	---------------------	---------------------------------	---------------------

Products/Services: Commercial-grade asphalt paving and striping, contract labor, roof repair, framing, hauling, demolition, and construction clean-up

MBE

Construction - Plumbing

Cannon & Noto Ent, Inc	Mark Cannon	585-417-5506	Mark@cannonandnotoenterpriseinc.c	N/A
-----------------------------------	--------------------	---------------------	--	---------------------

Products/Services: Plumbing Contractors

Caubry Corp	Catrina Aubry	585-226-7697	catrinaaubry@gmail.com	N/A
--------------------	----------------------	---------------------	-------------------------------	---------------------

Products/Services: Plumbing (Residential & Commercial), Grease Trap, Septic

WBE

NGA Associates, Inc.	John Walker	716-982-7277	johnw.npm@gmail.com	N/A
-----------------------------	--------------------	---------------------	----------------------------	---------------------

Products/Services: Plumbing subcontract work, new builds and remodels for commercial an residential.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Construction - Plumbing

Pinckney Contracting & Plumbing Service	Isiah Pinckney	585-955-3516	infopcplumbingservice@gmail.com	www.pcplumbingservice.com
--	-----------------------	---------------------	--	--

Products/Services: Installation of water supply lines and drainage systems. Troubleshooting/repair of plumbing systems
 Installation/repair plumbing venting systems. Installation/repair plumbing fixtures Residential/Commercial Remodel.
MBE Drywall installation/repair Flooring installation - Wood, laminate, vinyl, carpet, tile Painting

Construction - Roofing

CTA Contractors	Robert Adams	585-416-9084	robertadams@ctaroots.com	www.ctaroots.com
------------------------	---------------------	---------------------	---------------------------------	--

Products/Services: EPDM (Rubber) roofing, TPO roofing, PVC roofing, Asphalt shingle roofing

MBE

Rivas Roofing & Exteriors LLC	Jomara Rivas	585-481-7408	rivasroofingandexteriors@gmail.com	www.rivasroofingexterior.com
--	---------------------	---------------------	---	--

Products/Services: Roofing (Residential and commercial) Asphalt shingles and flat roof, gutters, skylight, fascia, and soffits.

MWBE

Titan Roofing, Inc.	Fred Pazmino	413-536-1624	mail@titanroofing.com	www.titanroofing.com
----------------------------	---------------------	---------------------	------------------------------	--

Products/Services: Commercial roofing, sheet metal, waterproofing, restoration

MBE

Western New York Exteriors, LLC	Steven Caamano	585-484-1830	steven@wnyexteriors.com	www.wnyexteriors.com
--	-----------------------	---------------------	--------------------------------	--

Products/Services: Roofing, Siding, Sheet Metal, Gutters, Insulation

MBE

Woody's Remodeling & Construction	Jessie Woody	585-281-4110	jwoody002@frontier.com	N/A
--	---------------------	---------------------	-------------------------------	---------------------

Products/Services: Siding Contractors, Roof insulation contractor, Addition, alteration and renovation (i.e., construction), multifamily building, Painting and wallpapering, Roofing Brushes, Painting Inactive, Roofing and Siding

MBE

Construction - Telecommunications

Construction - Telecommunications

H&H Telecom Construction Inc	Fariha Habib	929-261-7779	fariha@hnh-us.com	https://hnh-us.com/
---	---------------------	---------------------	--------------------------	---

Products/Services: Cell Tower Construction, Installation & Maintenance: From site preparation to tower erection and ongoing maintenance, we provide end-to-end solutions for cell tower infrastructure.

- MWBE**
2. Cell Tower Mapping, Inspection, Restoration & Reinforcement: Our team conducts thorough mapping, inspection, restoration, and reinforcement services to ensure the structural integrity and reliability of cell towers.
 3. In-Building DAS Antenna System: We design, install, and maintain in-building distributed antenna systems (DAS) to enhance wireless coverage and capacity within commercial and residential properties.
 4. Private LTE Network Installation: H&H Telecom Construction Inc specializes in the deployment of private LTE networks, offering secure and reliable connectivity solutions for various industries.
 5. IoT & Smart Cities/Buildings: We provide expertise in IoT infrastructure and smart city/building solutions, enabling seamless connectivity and efficient management of resources.
 6. Public Safety Wireless System Installation: Our team designs and implements public safety wireless systems to support emergency communication and first responder operations.
 7. Fiber Run, Installation & Maintenance: H&H Telecom Construction Inc offers fiber optic network solutions, including installation, maintenance, and troubleshooting services.
 8. Microwave Installation, LOSS Survey, Link Budget Analysis & Alignment: We provide microwave installation services, along with loss survey, link budget analysis, and alignment to optimize network performance.
 9. Wi-Fi & Access Point Design, Installation & Maintenance: Our experts design, install, and maintain Wi-Fi networks and access points to deliver reliable wireless connectivity.
 10. EV Charging Station Civil Construction & Infrastructure Service: We offer civil construction and infrastructure services for EV charging stations, excluding electrical installation.
 11. Project & Construction Management: H&H Telecom Construction Inc provides project and construction management services to ensure the successful execution of telecom infrastructure projects.

Construction - Windows & Glass

Healthy Glass, LLC	Marybeth McConnell 585-223-3456	marybeth@healthyglasstinting.com	www.healthyglasstinting.com
---------------------------	--	---	--

Products/Services: Decorative Film, Security Fil, Architectural Fil, Roller Shade Blinds

WBE

Counseling & Social Work

Genesee Valley Psychology, PLLC	Lauren Wadsworth 585-764-8748	lauren.p.wadsworth@gmail.com	www.gviproc.org
--	--------------------------------------	-------------------------------------	--

Products/Services: Individual and group psychotherapy for OCD, Anxiety/Depression, Trauma/PTSD, BPD

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Counseling & Social Work

Halligan Creative Arts Therapy	Shannon Halligan	585-770-3323	shannon@halliganarts.com	www.halliganarts.com
---------------------------------------	-------------------------	---------------------	---------------------------------	--

Products/Services: dual mental health therapy, group mental health therapy, group art therapy, continuing education workshops.

WBE

Hudson Life Coaching	Krista Hudson	585-764-8422	Krista@hudsonlifecoaching.com	www.HudsonLifeCoaching.com
-----------------------------	----------------------	---------------------	--------------------------------------	--

Products/Services: I offer personal development coaching, helping overwhelmed Mothers personally and professionally. I provide 1:1 support for burnout Moms, giving them the time and space to discuss their goals, and how to effectively achieve them. Sessions occur over the phone, or via virtual meeting.

WBE

Intentional Impact, LMSW, PLLC	Caswell Smith	585-290-2224	intentionalimpactmhc@gmail.com	NA
---------------------------------------	----------------------	---------------------	---------------------------------------	--------------------

Products/Services: LMSW: The professional application of social work theory, principles, and the methods to prevent, assess, evaluate, formulate and implement a plan of action based on client needs and strengths, and intervene to address mental, social, emotional, behavioral, developmental, and addictive disorders, conditions and disabilities, and of the psychosocial aspects of illness and injury experienced by individuals, couples, families, groups, communities, organizations, and society.

MBE

Kindfulness Coaching	Jennifer Schwytzer	585-355-7932	jlschwytzer@gmail.com	www.kindfulnesscoaching.com
-----------------------------	---------------------------	---------------------	------------------------------	--

Products/Services: Personal life coaching services to women in the helping professions (healthcare, mental health, teaching etc.) to reduce the impact of stress, overwhelm and anxiety and to live a happier, healthier lifestyle. Personalized workshops and presentations in the community focusing on education for stress management, anxiety, productivity, healthy boundaries and sustainability in their career.

WBE

Life Strategies Counseling Services LCSW	Nina Ruffin	585-415-3760	ninaruffinlcsw@gmail.com	www.lifestrategiescounselingservice
---	--------------------	---------------------	---------------------------------	--

Products/Services: The therapists at Life Strategies Counseling Services offer individual, couples, family and group therapy sessions in-person (at Life Strategies Counseling Services offices), virtually (video, phone), and remotely in your home (or a community-based location). Evening and weekend appointments are also available.

MWBE

MindfulMatters585, LLC	Laura Gavigan	585-430-5674	laura.gavigan@gmail.com	www.mindfulmatters585.com
-------------------------------	----------------------	---------------------	--------------------------------	--

Products/Services: Life Coaching, Guided Meditations, Classes, Workshops, Retreats

WBE

Counseling & Social Work

Motivated 4 Change L.L.C.	Chad McDonald	585-802-5294	m4ccounseling@gmail.com	www.Motivatedforchange.com
----------------------------------	----------------------	---------------------	--------------------------------	--

Products/Services: Mental health and Counseling Services
 Mental health Therapy
MBE Group therapy
 Couples therapy
 Life skills
 Anger management
 Parenting skills
 Depression/Anxiety symptoms management Grief Counseling
 Trauma Therapy
 Tutoring

Natural Restoration Counseling Services	Jini Figueroa	585-629-5750	jini.figueroa@gmail.com	N/A
--	----------------------	---------------------	--------------------------------	---------------------

Products/Services: Mental Health Counseling

MWBE

Path of Discovery Counseling Services, LC	Fatima Banister	585-478-3423	fatima@pathofdiscoverycounseling.c	www.pathofdiscoverycounseling.co
--	------------------------	---------------------	---	--

Products/Services: Path of Discovery Counseling Services provides individual mental health services to adult women, couples therapy, and coaching services to aspiring entrepreneurs with an emphasis on service providers.

MWBE

Quiet Mind Therapy Services LCSW PLLC	Erin Weingart	585-314-6582	eweingart@quietmindtherapyservices	www.quietmindtherapyservices.com
--	----------------------	---------------------	---	--

Products/Services: We provide individual and group psychotherapy services to individuals (5 and up) families, and couples.

WBE

Stephanie Jackman LCSW PLLC	Stephanie Jackman	585-358-0512	stephanie@stephaniejackmanpllc.cor	www.stephaniejackmanpllc.com
------------------------------------	--------------------------	---------------------	---	--

Products/Services: Mental Health and Psychotherapy services to individuals and familiesProvide workshops, trainings, webinars to organizations related to mental healthProvide program development and implementation of mental health programs

MWBE

Emergency Management Services

Blue Sky Planning Partners LLC	Mallory Brown	315-280-8132	mbrown@blueskyplanningpartners.c	www.blueskyplanningpartners.com
---------------------------------------	----------------------	---------------------	---	--

Products/Services: Emergency management consulting, disaster preparedness consulting, business continuity consulting, disaster response consulting, emergency planning

WBE

Emergency Management Services

Vision Planning and Consulting, LLC	Deepa Srinivasan	240-893-8719	dsrinivasan@vision-pc.net	www.PlanVPC.com
--	-------------------------	---------------------	----------------------------------	--

Products/Services: Disaster Management – VPC offers experience working with clients in the development of short- and long-range program goals and related planning documents pertaining to four mission areas of Emergency Management: Prevention, Protection, Mitigation, and Recovery. We develop plans with the goal to reduce risk and provide maximum protection to people, physical assets, and economic well-being as well as to meet Federal requirements and funding eligibility. Plans & Policies• All Hazards Emergency Operations Plans• Continuity of Operations Plans• Hazard Mitigation Plans• Flood Mitigation Plans• Disaster Resistant University Plans

MWBE

Event Management

Blue Sky Events LLC	Nicola Burroughs	585-298-8862	burroughsnp@gmail.com	https://blueskye.events/
----------------------------	-------------------------	---------------------	------------------------------	---

Products/Services: The venue will be available for anyone to book their desired event. Certain events will require tickets that will be processed through a ticketing system. A food prep area is available for catering services. Liquor/beer/wine will be served at some events and will be managed by two licensed members of the business.

MWBE

Legacy Drama House	Mary Natasha Bisbee	585-301-7951	DrMaryBB@yahoo.com	www.THELegacyDramaHouse.com
---------------------------	----------------------------	---------------------	---------------------------	--

Products/Services: The community venue is a theatre auditorium building (170 people capacity). The facility rents out the space to both personal and professional organizations for event space. This includes but is not limited to parties, weddings/receptions, fashion shows, concerts, stage plays, movies/screenings, and theater performances. In addition, the facility also hosts it's own community events (i.e. vendor markets, business networking events, etc.).

MWBE

Rochester A-List	Amy Riposo	585-746-2576	amy@rochesteralist.com	www.rochesteralist.com
-------------------------	-------------------	---------------------	-------------------------------	--

Products/Services: Event production from concept to creation including golf, fitness, outdoor adventures, food and beverage tasting, pop up dinners, business district events, rooftop celebrate local, fund-raising, and street parties. Marketing services- social media marketing, online magazine and event marketing. Private event planning.

WBE

Urban Euphoria LLC	Jonese Glover	585-615-6150	Jnicolle23@gmail.com	www.urbaneuphoriallc.com
---------------------------	----------------------	---------------------	-----------------------------	--

Products/Services: Events; Fundraisers, Showers, Parties, Fashion Shows, Live Music Events, Comedy Shows

MWBE

Film/Video/TV Services

10:30 Production Services DBA FortyLove	Gurjot Anand	571-275-2682	vinny@upfortylove.com	www.upfortylove.com
--	---------------------	---------------------	------------------------------	--

Products/Services: FortyLove Productions helps clients achieve their creative goals by providing comprehensive production services that meet their short- and long-term media needs, specializing in innovative photo concepts, video campaign execution, creative strategy integration, diversity and inclusion promotion, educational and instructional content, and AI video production.

MBE

Name	Contact	Phone	E-Mail	Website
Film/Video/TV Services				
1st Player Video Game Truck	James Bunn	585-351-3685	1STPLAYERVIDEOGAMETRUCK@GM	www.1stplayervideogametruck.com
Products/Services:	PS5 x box series x varies retro Nintendo sega games. Laser Tag and mobile amusement ride Gaga foam ball pit			
MBE				
Ashford Films	Kyran Ashford	585-297-8022	ashfordfilms@gmail.com	ashfordfilms@gmail.com
Products/Services:	Ashford Films provides video services for the following. Weddings Businesses Corporations Movies Interviews Podcasts		Sporting Events Documentaries Small, Medium, Large Short Films/	
MWBE				
C47 Film Associates	Shannon Pies	585-719-5726	TeamC47@C47films.com	www.C47Films.com
Products/Services:	Video Production Services; Digital Marketing; Digital Courses & Education products			
MWBE				
Cinevize LLC	Rashad Scott	585-797-3345	info@cinevize.com	www.cinevize.com
Products/Services:	Media services - Video production, video filming, video editing, content creation, social media content, event videography, commercials			
MBE				
Engaging New Media, LLC	Erika MacDonald	347-762-5751	erikam@engagingnewmedia.com	www.engagingnewmedia.com
Products/Services:	Promotional Videos Training Videos Public Service Announcements Mini-Documentaries Live Event Coverage and Streaming Animation and Motion Graphics Drone Videography Mixed Media Services			
MWBE				
Guerrilla Music LLC	Erin Thompson	585-278-6530	ewt@guerrillamusic.net	www.guerrillamusic.net
Products/Services:	Custom audio production: instrumental tracks, theme songs, jingles, scoring/sync work, audio books and narration. Stock footage (video and photos), portraits.			
MBE				

Film/Video/TV Services

RAAB Entertainment LLC	Emanuel Greene	585-369-4694	raabentertainment@gmail.com	www.raabentertainment.com
-------------------------------	-----------------------	---------------------	------------------------------------	--

Products/Services: Video Production Video equipment rental Audio Production Audio Equipment rental Merchandise Sale Youth Artist Development Classes

MBE

Terry's Studio	Shania Brinkley	585-704-0447	terrysstudiorochester@gmail.com	N/A
-----------------------	------------------------	---------------------	--	---------------------

Products/Services: Terry's Studio is a full-service content studio that offers simple, functional wooden furniture (Midcentury), abstract, angular, and geometric, with little ornamentation (Bauhaus), while embracing concealed elements like bricks and concrete, wiring, pipes, ducting (industrial-inspired atmosphere). This unique and unparalleled set design is intended to serve and assist creators, influencers, photographers, brands, and businesses with creating, staging and shooting content for their social media, blogs, websites, advertisement, etc. In addition, Terry's Studio can be rented for small events (30 person capacity) such as birthday parties, pop up events, workshops, baby showers, engagement parties, influencer events, etc. Terry's Studio offers a wide variety of photography equipment, stylish furniture and props to help guests curate content that they can leverage on various social platforms and marketing projects.

MWBE

Flooring & Carpet

AD's Carpet Cleaning Service LLC	Anthony Davis	585-489-1857	Adscarpetcleaning2020@gmail.com	www.Adscarpetcleaningservice.com
---	----------------------	---------------------	--	--

Products/Services: I clean carpet and upholstery. Residential and commercial. I clean installed carpets and area rugs as well with a carpet machine that uses shampoo to clean the material. I clean furniture as well such as couches and dining chairs. You can call me or set up and appointment online and I come right out.

MBE

GP Flooring Solutions	Abby Reinhard	800-832-3550	Abby@gpflooringsolutions.com	www.gpflooringsolutions.com
------------------------------	----------------------	---------------------	-------------------------------------	--

Products/Services: Flooring Products & Services Carpet, Vinyl, Rubber, Ceramic Tile Access Flooring Stairs Entrance Systems Linoleum, Wood, Tile Sports Surfaces ES Design Recycling Moisture Remediation Floor Leveling & Maintenance Carpet Cleaning & Sanitizing Stain & Odor Removal Vinyl Floor Waxing & Polishing Hard Surface Deep Cleaning Floor Coatings, Restoration, Sealings Stone, Tile, & Grout Restoration Vinyl Floor No-Wax Sealing

WBE

Grade A Carpeting	Leslie Allen	585-739-5003	info@gradeacarpeting.com	www.gradeacarpeting.com
--------------------------	---------------------	---------------------	---------------------------------	--

Products/Services: Residential and Commercial flooring sales, service and installation. We sell and install hardwood, tile, carpet and luxury vinyl tile.

WBE

Tile Pro Rochester, LLC	Jorge Perez Jr.	(585)755-4409	tilepro.rochester@gmail.com	N/A
--------------------------------	------------------------	----------------------	------------------------------------	---------------------

Products/Services: Tile contractor including tile setting, tile installation and tile repair.

MBE

Flooring & Carpet

United Carpet Brokers, Inc.	Kristyn McEwen	585-218-2080	kmcewen@unitedcarpetfa.com	https://unitedcarpetny.com/
------------------------------------	-----------------------	---------------------	-----------------------------------	---

Products/Services: Carpet, Carpet Tile, Ceramic Tile, Luxury Vinyl Plank, Hardwood, Installation of all flooring

WBE

Food & Beverage Services

@jensArtisan LLC	Jennifer Del Rosario	585-340-7123	bread@jensartisan.com	www.jensArtisan.com
-------------------------	-----------------------------	---------------------	------------------------------	--

Products/Services: Artisan sourdough bread and baked goods as well as all local grocer. specializing in local, no additive, preservatives, all natural and organic products.

MWBE

Aunt Connie's Ed-U-Kitchen LLC	Connie Ervin	716-818-3699	jwedukitchen@gmail.com	www.auntconnieseduk.com
---------------------------------------	---------------------	---------------------	-------------------------------	--

Products/Services: Hands-on Workshops that help individuals learn eating behaviors to achieve and maintain healthy consumption of food and prepare for employment in the food industry
Commercial Kitchen Design for not-for-profits in WNY area
Nutrition research for diabetics
Corporate catering with a healthy slant
ServSafe Food Safety Instructor providing National Restaurant Association Certification
Foodservice Operations Consultant

MWBE

Best Version Meal Prep and Catering	Deanna Salamone	585-797-3783	bestversionmealprep@gmail.com	N/A
--	------------------------	---------------------	--------------------------------------	---------------------

Products/Services: Prepare clean eating, farm to table and healthy choice meals for all ages. Catering services for the Rochester area and surrounding areas. Specializing in multi-cultural foods. Instructional and hands-on cooking classes.

MWBE

C&T Distribution LLC	Fabian Taylor	585-204-0638	candtdistributionllc@gmail.com	www.c-tdistribution.com
---------------------------------	----------------------	---------------------	---------------------------------------	--

Products/Services: C&T Distribution supply bulk grains, beverages, pre-cooked meal, spices & herbs, logistics, pastries, protein and storage & logistics services.

MBE

Cafe International Foods LLC	Connie von Perlstein	585-721-8283	connieten@gmail.com	www.cafeinternationalfoodsllc.weebly.com
-------------------------------------	-----------------------------	---------------------	----------------------------	--

Products/Services: Cafe International Foods LLC specializes in importing and exporting a variety of food, medical and textile products for the Healthcare, Hospitality, Manufacturing and Retail Industry.
Food products: including spices and other food ingredients, such as cinnamon, black pepper, coconut, turmeric, ginger, dried fruit, coffee, cashews, macadamia nuts and other special ingredients for the food industry.
Medical products: including medical face masks, isolation gowns, gloves, bed sheets, towels, uniforms and other medical garments.
Textile products: including uniforms, t-shirts, sweatshirts, all sizes of towels) and robes.
Key services we provide, help ensure goals are being reached and objectives are being met.

WBE

Food & Beverage Services

CK Natural Fruit Juice	Melissa Baideme	716-485-3864	sales@cknaturalfruitjuice.com	www.cknaturalfruitjuice.com
-------------------------------	------------------------	---------------------	--------------------------------------	--

Products/Services: CK Natural Fruit Juice packages, markets and sells Concord, Niagara, and Catawba Grape Concentrates as well as Tart Cherry Concentrate along with Concord Grape Pie Filling, Concord Grape Puree(bulk), Concord Grape Vinaigrette Salad Dressing and Concord Grape Candles. The grapes for our products are grown right here in Western New York by the hard-working farm families of the Lake Erie Grape Belt.

WBE

Dinner & Dessert	Mildred Strader	585-230-0790	Dinnerdessert585@gmail.com	Facebook.com/dinnerdessert585
-----------------------------	------------------------	---------------------	-----------------------------------	---

Products/Services: Dinner & Dessert's provides fresh cooked to order take out to our local community.

MWBE

Farmhouse Table LLC	Sarah Hasenhauer	585-626-2084	farmhousetablefood@gmail.com	www.farmhousetablefood.com
----------------------------	-------------------------	---------------------	-------------------------------------	--

Products/Services: Full service catering, events & weddings, mobile bar services, event Coordination, farmers market & retail items, vintage rentals, Meal deliveries, packaged foods, sauces.

WBE

Flight Wine Bar	Susan Reuter	585-755-5388	flightrocdowntown@gmail.com	www.winebarflight.com
------------------------	---------------------	---------------------	------------------------------------	--

Products/Services: Wine, beer, cider, n/a beverages and small plates. Private events, wine tastings and educational evenings.

WBE

Its Not a Wrap LLC	Jennifer Blaine	585-414-5493	jennifer.blaine@firehousesubs.com	www.firehousesubs.com/locations/n
---------------------------	------------------------	---------------------	--	--

Products/Services: Submarine sandwiches

WBE

Jaime's Dreams Bakery	Jaime Lin Villani	585-490-1883	jaimesdreamsbakery@yahoo.com	www.Jaimesdreamsbakery.com
------------------------------	--------------------------	---------------------	-------------------------------------	--

Products/Services: Baked goods including cookies,cakes,cupcakes

WBE

Jenny's Pies	Jennifer Burgado	585-642-5365	jennyspiesyum@yahoo.com	NA
---------------------	-------------------------	---------------------	--------------------------------	--------------------

Products/Services: Pies and baked goods.

WBE

Food & Beverage Services

Joe Bean Coffee LLC	Kathy Turiano	585-802-0831	kturiano@joebeanroasters.com	https://shop.joebeanroasters.com/
----------------------------	----------------------	---------------------	-------------------------------------	--

Products/Services: Roasted coffee—includes single origin, blends, and instant coffee. All sold as both retail (in-house and online) and wholesale. Ready to drink Cold brew coffee- sold as 4-packs and cases (24) both as retail and wholesale. Private label coffee. White label coffee services.

WBE

Just Chicken and Smoothies, LLC	Zehra Yoruk	585-369-9895	justchiknroc@gmail.com	www.justchiknroc.com
--	--------------------	---------------------	-------------------------------	---

Products/Services: Fast-casual dining and takeout food service and catering. Peruvian rotisserie, chicken sandwiches, strips, nuggets, fries, salads, and other related food items.

WBE

Kandis Entertainment Lounge	Gregory Moorehead	585-831-1598	kivey08@yahoo.com	N/A
------------------------------------	--------------------------	---------------------	--------------------------	----------------------------

Products/Services: Kandis Entertainment Lounge will offer live music and drinks.

MBE

Kandykoolers LLC	Willie Sanders	585-200-9093	kandykoolers@gmail.com	NA
-------------------------	-----------------------	---------------------	-------------------------------	---------------------------

Products/Services: Catering Company

MBE

Ks Eatery	Kiana Keller	585-794-8645	kianakeller131@yahoo.com	N/A
------------------	---------------------	---------------------	---------------------------------	----------------------------

Products/Services: I am currently a start up business looking to become a brick and mortar and/or a food truck establishment. I offer food items of all varieties including full course meals, desserts, baked goods, soups/sandwiches/salads. I offer pick up and delivery options and am also able to cater large events and gatherings such as birthdays, weddings, baby showers, and graduation celebrations. More specifically, my restaurant will focus on gourmet soups and sandwiches.

MWBE

KTT Catering	Janella Betances	585-350-5499	kttcatering@gmail.com	www.kttcatering.com
---------------------	-------------------------	---------------------	------------------------------	---

Products/Services: Personal Chef and Caterer

MWBE

Laughing Gull Chocolates	Allison Zukoski	585-329-3185	allison@laughinggullchocolates.com	www.laughinggullchocolates.com
---------------------------------	------------------------	---------------------	---	---

Products/Services: Artisan Chocolate Confections

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Food & Beverage Services

Legacy Wine Bar	Ebony Smart	585-568-9017	ebonytb12@gmail.com	www.legacywinebar.com
------------------------	--------------------	---------------------	----------------------------	--

Products/Services: The Wine Bar provides Wine and Beer from small family owned wineries and beer breweries. We also provide live Jazz music. We hold events such as wine tasting, sip and paint and brunches.

MWBE

Liquid Sunrise Café	Alicia Sosa	424-436-0504	www.Liquidsunrisepz@gmail.com	N/A
----------------------------	--------------------	---------------------	--------------------------------------	---------------------

Products/Services: Food Truck
Smoothies, Fresh Pressed Juice, Matcha, Coffee, Overnight oats, fruit bowls.

MWBE

Luigis	Kristin Weltman	585-733-1349	vitabellaorganic@gmail.com	N/A
---------------	------------------------	---------------------	-----------------------------------	---------------------

Products/Services: coffee, lattes, tea, chai, pastries, donuts etc

WBE

Monae's Bake Land	Eric Brownlee	585-200-0878	Moneasbakeland@gmail.com	N/A
--------------------------	----------------------	---------------------	---------------------------------	---------------------

Products/Services: Cupcakes, cakes, cheesecake, cookies, brownies, pies. We cater weddings, baby showers, graduation, birthday parties, work events. Entree meals are available for special occasions.

MBE

Moo'd Burger Bar	Morgan Kellerman	716-800-9639	morgankellerman6@gmail.com	www.moodburgerbar.com
-------------------------	-------------------------	---------------------	-----------------------------------	--

Products/Services: Food service restaurant and bar

WBE

Nothing Bundt Cakes	Teresa Blake	585-315-4796	teresa.blake@nothingbundtcakes.com	www.NothingBundtCakes.com/baker
----------------------------	---------------------	---------------------	---	--

Products/Services: We offer Bundt Cakes in four sizes: our bite size "Bundtini's", single-serving "Bundtlets", 8" & 10" Bundt Cakes, and Tiered Cakes.

MWBE

Park Pakk Exotics LLC	Terrance Melford	718-954-7891	terrancemelford79@gmail.com	N/A
------------------------------	-------------------------	---------------------	------------------------------------	---------------------

Products/Services: We provide a multitude of different burgers, chicken wings including jerk seasoned, stuffed Caribbean Jonny cakes etc..

MBE

Food & Beverage Services

Roc Delights	Karim Curtis	585-766-2775	roc.delights9@gmail.com	<u>N/A</u>
Products/Services:	Full service dine in restaurant			
MBE				
Roscoe Delicious Foods and Desserts	Roscoe Skinner	585-698-7097	RSKINNE6@GMAIL.COM	<u>N/A</u>
Products/Services:	Cater to small business Private parties Corporate events Not for profit events Private chef hired for private events. Delivery home chef services Meal prep services delivered to homes on a reoccurring basis. Cooking lessons			
MBE				
Sacudida Coffee LLC	Dennis Sizer	585-737-0380	dsizer89@gmail.com	<u>www.sacudidacoffee.com</u>
Products/Services:	Coffee whole or grind. We also sell coffee accessories			
MBE				
Salena's Mexican Restaurant	Kelly Metras	585-721-4897	kellyometras@gmail.com	<u>https://salenas.com/</u>
Products/Services:	Company Profile Full service restaurant focused on Mexican cuisine, offering dine-in, take-out, and catering options. Vegan, Vegetarian, and Gluten Free menus are available upon request.			
WBE				
Sea Restaurant Inc	Vilay Sysavath	978-866-4320	laisysavath@gmail.com	<u>N/A</u>
Products/Services:	Full dine in restaurant and catering. Also take out			
MWBE				
Sheldon Café	Bre'onn Hepburn	585-355-1082	sheldonscaferoc@gmail.com	<u>N/A</u>
Products/Services:	Providing home styles meals, dining in and out.			
MWBE				
SIDE BAR LLC	William Burke-Matti	585-402-2888	sidebarroc@gmail.com	<u>NA</u>
Products/Services:	Full service bar and restaurant			
MBE				

Food & Beverage Services

Side Bar LLC	William Burke-Mattis	585-402-2888	williambmattis@gmail.com	www.sidebarroc.com
Products/Services:	Side Bar is an artsy Restaurant Lounge in the heart of Downtown Rochester, NY. Cocktails, Delicious Food, Art and great networking makes Side Bar the place to be. The business is located at 238-242 South Ave in Rochester, NY Central Business District.			
MBE				
Spirit and Abundance LLC	Alinda Lawrence	585-465-1402	info@spiritandabundance.com	www.spiritandabundance.com
Products/Services:	Production of non-dairy artisanal cheeses and craft condiments, plant based education and cooking classes			
WBE				
Sticky's Cakes	Marcus Higdon	585-309-4521	marcushigdon23@gmail.com	N/A
Products/Services:	I bake desserts from scratch (Cakes pies, and cookies)			
MBE				
Sweet & Cute Sweets	Tina Clark	585-329-9100	tina.clark@sweetandcute.com	www.sweetandcute.com
Products/Services:	Coffee Syrup (made with only real coffee and organic sugar), Coffee Syrup-related products (Salted Coffee Caramels, Coffee-Q BBQ Sauce, Soft & Flaky Peanut Brittle, and Salted Caramel Corn), baked goods (cookies, brownies, etc.), coffee drinks, bubble tea, hot food (Pulled Pork & Mac & Cheese).WHOLESALE Manufacturing: Coffee Syrup and Coffee Syrup-related products (see above), packaged cookies.RETAIL cafe/bakeshop: Grab & go small cafe/bakeshop menu and retail sales of Coffee Syrup products.PRE-ORDER FOR EVENTS: cookie trays, cupcakes, some hot foods			
WBE				
The Red Fern	Andrea Parros	585-978-2104	andrea.parros@gmail.com	www.redfernrochester.com
Products/Services:	100% vegan/plant-based menu w/ allergy friendly options. Dine in (indoor and weather-permitting outdoor), takeout & delivery. Bakery & catering. Beer & wine.			
WBE				
Whitsons Nutrition LLC	Paul Whitcomb	631-424-2700	cattertonc@whitsons.com	www.whitsons.com
Products/Services:	45-year background serving public and private school dining programs; Proven ability to customize programs featuring nutritious menus made from scratch with wholesome ingredients.			
MBE				
Zweigle's Inc	Julie Camardo	585-504-2833	jcamardo235@gmail.com	www.zweigles.com
Products/Services:	Zweigle's is a hot dog, classic and chicken sausage, fully cooked chicken breast, sliced chicken breasts, diced chicken breasts. meatballs, patties, deli meats and specialty meats manufacturer. We also manufacture non-meat protein meatballs such as vegetarian sausages and meatballs. We are a private label manufacturer and we also co-pack and are industrial ingredient suppliers. ; We use Natural Casings, Skinless casings and collagen casings for our hot dogs and sausages. We are Organic Certified and Halal Certified. ; Our plant is a ready to eat plant ; We manufacture with the following proteins: pork, beef, chicken, turkey, veal, organic beef, halal chicken and lamb.			
WBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

GIS/GPR Services

Geocove	Karyn Tareen	407-680-5768	ktareen@geocove.com	www.geocove.com
----------------	---------------------	---------------------	----------------------------	--

Products/Services: GIS or Geospatial consulting and services.

WBE

Innovative Contracting Services	Jaclyn Paetsch	585-615-3539	jaclyn.paetsch@icssupports.com	www.icssupports.com
--	-----------------------	---------------------	---------------------------------------	--

Products/Services: GIS Services, AutoCAD, FEED, Data Entry, Document Scanning, SAP, Engineering

WBE

Valek GPR, LLC DBA Capital Region GPR	Mary Valek	518-954-5455	capitalregiongpr@gmail.com	https://capitalregiongpr.com
--	-------------------	---------------------	-----------------------------------	---

Products/Services: GPR
Ground Penetrating Radar for Commercial and Residential
Private Utility Locator
Underground Utility Locator
UST's and Septic System Locator
Cemeteries

WBE

GPS Technologies

AccuGPS (dba of JY JOINT LLC)	YiWei YQI	315-308-0068	yqi@accugps.com	accugps.com
--------------------------------------	------------------	---------------------	------------------------	--

Products/Services: Dash camera with multiple channels;OBD II Smart tracker; Magnetic Long term asset tracker4G/LTE GPS tracker
with remote access controlWi-Fi Modem router for surveillance camera.

MBE

Grant Management

Ardent Group	Katherine Schnittma	585-953-1106	kate@ardentgroup.co	www.ardentgroup.co
---------------------	----------------------------	---------------------	----------------------------	--

Products/Services: Ardent Group provides fundraising and development consulting services for nonprofit organizations. Development planning, grant planning and writing, annual giving program design, development communications, development leadership support, development staffing strategies, donor relations support and community engagement strategies.

WBE

Bridge Philanthropic Consulting	Dwayne Ashley	646-926-4272	dwayne@bpc.fund	https://bridgephilanthropicconsulting
--	----------------------	---------------------	------------------------	---

Products/Services: Structured Community Engagement and Outreach Service Delivery Model;Fiscal Sponsorship and Grants Administration Community Canvassing, Surveys, and Social Impact Assessments;Leadership and Staff Development and Training;Strong Portfolio of DEI Counsel, Solutions, and Workshops;Plan, Promote and Execute Conferences, Events, and Meetings;Strategic and Program Planning;Marketing and Communications;Crisis Management and Disaster Relief Outreach and Communications;Social Media, Web Design, and Digital Program Support; Technology Development and Programming.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Grant Management

KH-MPH Consulting LLC	Kyvaughn Henry	585-520-0678	kh.mphconsulting@gmail.com	<u>N/A</u>
------------------------------	-----------------------	---------------------	-----------------------------------	----------------------------

Products/Services: Resource Development (ie. Grant-Writing), Project Administration & Support, Team-Wellness Building, Staff Development, Program Development, and Strategic Assessment & Planning.

MWBE

Health & Beauty

81 Degrees Beauty Parlor	Tymisha Williams	585-448-8267	t81degrees@gmail.com	<u>N/A</u>
---------------------------------	-------------------------	---------------------	-----------------------------	----------------------------

Products/Services: Hair salon, custom wigs

MWBE

Amita Herb Facials and Brow Thread, LLC	Amita Vyas	585-305-2275	amitavyas129@hotmail.com	<u>www.AmitasXpressSpa.com</u>
--	-------------------	---------------------	---------------------------------	---

Products/Services: Provide Facials, Waxing, Henna, Eyebrow Threading, Eyebrow Shaping, Laser Hair Removal, Laser Skin Tightening services. Sell personal care and hygiene items line creams, lotions, sanitary pads, hand sanitizers and disinfectants.

MWBE

Blake Styles	Erin Blake	585-305-5107	erin_fitzy@yahoo.com	<u>https://www.rebelredsroc.com/</u>
---------------------	-------------------	---------------------	-----------------------------	--

Products/Services: Hair salon

WBE

ClipDart, Inc.	Kyle Parker	773-230-0638	Kyle@ClipDart.com	<u>www.ClipDart.com</u>
-----------------------	--------------------	---------------------	--------------------------	---

Products/Services: ClipDart, Inc. is a B2B social enterprise dedicated to providing culturally competent haircare services at businesses, specifically for underrepresented communities with limited access to essential haircare. Our mission is to enhance mental wellness and overall well-being through equitable access to high-quality, culturally sensitive haircare.

MBE

Essential Esthetics & Skin Care	Nakeithia Brown	585-503-7775	nbrown1csb@gmail.com	<u>www.bookessentialesthetics.as.me/</u>
--	------------------------	---------------------	-----------------------------	---

Products/Services: Customized Facial, customized to each clientAgeSmart Facial, great for clients looking to improve fine lines and wrinkles, age spots and bring back luster to the skinMini Consultation Facial, get a quick facial where I perform a complete skin analysis to determine your skin type. We will discuss skincare goals and areas you want to improve and create a treatment plan together for you to use at home and over time your skin will improve.Dermaplaning Facial, this is a form of exfoliation using a sterile single use blade to remove all vellus hairs from your face. Instantly revealing smooth skin.

MWBE

Fadeaway585	Angel Mercado	585-287-4757	angelmercado892015@gmail.com	<u>www.fadeaway585.com/</u>
--------------------	----------------------	---------------------	-------------------------------------	---

Products/Services: 3step facialBeard cutBeard line upPackage deal..haircut,beard,eyebrows,3 step facialHaircut, beard, eyebrowsHaircutHaircut, beard, designHaircut, designHead shavedHead shave and beardKids cutLine upLine up and beard

MBE

Name	Contact	Phone	E-Mail	Website
Health & Beauty				
Fancee's Nail & Lash Studio	Nancy Armfield	585-957-8131	fanceenailandlash@gmail.com	www.fanceestudio.com
Products/Services:	Acrylic Services, pedicures, manicures, eyelash extensions, body and facial waxing, and Facials			
MWBE				
Gisselle Glitz n Glam	Gisselle Torres	585-695-7185	gisselletores38@gmail.com	N/A
Products/Services:	Make up, lip enhancement.			
MWBE				
Humane Hairspace LLC	Natalie Turner	646-598-1186	hello@nataliefox.com	www.humanehairspace.com
Products/Services:	We rent chairs to hairstylists & barbers to conduct their business.			
WBE				
Indulging Intimacy LLC	Alicia Barnes	585-284-0226	aliciapaige68@yahoo.com	N/A
Products/Services:	I make natural skin care products for all skin types. My business is to promote self-love. I make skin nourishing whipped body butter, body oil with shimmer and without shimmer, body scrub, herbal detoxes, lip scrubs, facial serums, skin lightening butters, and facial oils.			
MWBE				
Kitz Styles, LLC	Fawn Griffin	585-729-4345	fawn524@gmail.com	N/A
Products/Services:	Hair styling, hair products, hair extensions, false lashes			
MWBE				
Paula Howard Enterprises Inc.	Paula Howard	585-737-9497	paulasessentials2@gmail.com	www.paulahowardessentials.com
Products/Services:	Essential Oils, Lotions, Body & Linen Sprays, Natural Soaps and Body Washes, Shea Butter, Mango Butter, Cocoa Butter, African Black Soap, Fragrance Body Oils, Room Fragrances			
MWBE				
Phli Divas Beauty Salon	Tiffany Gray	585-478-9357	PHLIDIVASHAIRSALON@GMAIL.COM	phlidadivabeautysalon.wixsite.com/ph
Products/Services:	Full hair care service salon, chemical processing, natural hair care, extensions, facial waxing, lash extensions and make up services			
MWBE				

Name	Contact	Phone	E-Mail	Website
Health & Beauty				
Purpose Grooming Lounge	Jamil Gaines	585-284-6671	purpos3grooming@gmail.com	N/A
Products/Services:	Barbering, grooming			
MBE				
Second Look Styling LLC	Sarah Pavia	585-353-9736	hello@secondlookstyling.com	www.secondlookstyling.com
Products/Services:	Second Look provides styling and consultation to a variety of individuals, and we also sell secondhand/consigned goods, furniture, etc. We have customers all over the country and are opening up an in-person experience most likely in the South Wedge			
WBE				
Sew N City LLC	Shannon Scott	585-704-8212	info@sewncity.com	www.sewncity.com
Products/Services:	Salon offers services such as sew-in weaves, quick weaves, braided styles, hair cuts, shampoo services, hair coloring, eyelash extensions and custom made wigs upon order. Products such as wigs, hair extensions, bonnets, scalp moisturizer and edge wraps for the maintenance of clients hair. For hospital patients and cancer chemotherapy patients we offer wigs and appearance enhancement services.			
MWBE				
Signature Stylez Hair Salon and Boutique	Valerie Green	5853707042	Shekinahcollection.333@gmail.com	www.signaturestylehairdiva.square.s
Products/Services:	Signature Stylez is a Private Hair Salon and Boutique located in the city of Rochester New York. We provide hair and skin care as well as one on one business consulting, business start up and development. Signature Stylez offers wholesale distribution for new businesses.			
MWBE				
Skinn Deep Skintique LLC	Keona Williams	585-448-4881	khaleah.williams@yahoo.com	N/A
Products/Services:	Natural Skincare products and services			
MWBE				
Skyn Therapy LLC	Danielle King	(585)402-4641	theskyntherapist@gmail.com	https://skyntherapysshop.com/
Products/Services:	At Skyn Therapy, we understand that each individual's skin is unique, with its own set of needs. With a deep understanding of the challenges these conditions present, we've formulated each Skyn Therapy bodycare product to be a beacon of relief and renewal for your skin.			
MWBE	Each Skyn Therapy creation is a testament to our commitment to your skin's wellness. Whether you're seeking hyperpigmentation remedies, calming red and inflamed skin, or balancing troublesome breakouts, our specialized formulations are here to support you on your skincare journey. Each product is thoughtfully crafted to deliver targeted results, without compromising on the purity and integrity of our ingredients.			

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Health & Beauty

TC Consulting	Tiffany Cowart	585-305-1752	zamirra06@gmail.com	<u>N/A</u>
Products/Services:	Provide excellent customer service while consulting with clients regarding hair care needs and education. Service clients hair care needs, book keeping, answering calls, responding to emails and mailings. Booking clients appointments, keeping track of inventory, marketing via social media, mailings and canvassing.			
MWBE				

The Beauty Cartel LLC	Sharon Gray	585-504-9671	shayhair585@gmail.com	<u>www.BookTheBeautyCartel.com</u>
Products/Services:	Hairstyles & hair classes for youth			
MBE				

Health & Wellness

A Caring Voice for You, LLC	Davina McLean-Ranc	585-557-9356	info@caringvoiceforyou.com	<u>www.caringvoiceforyou.com</u>
Products/Services:	We are a new phone companionship company that specializes in showing compassion to others through quality collaborative conversations to increase connectedness among seniors and adults with disabilities. At A Caring Voice for You, we understand the need for seniors and adults with disabilities to connect with others and have a meaningful conversation. Our passion is in reducing social isolation and loneliness through phone conversations in the comfort of their own home. We provide three services which include the following: Friendship Connection services are designed for seniors who need companionship throughout the day. Friendship Connection members will be paired with one another to talk over the phone with the hope of gaining joy, laughter and friendships without leaving your home.			
MWBE				

Body Well Retreat LLC	Brenda Ovando	585-259-4067	bodywellretreat@gmail.com	<u>www.bodywellretreat.com</u>
Products/Services:	Licensed Massage Therapist offering medical massage manual therapy. Private yoga instruction and wellness coaching services.			
MWBE				

Equally Balanced Therapy and Wellness PL	Therica Harris	585-648-0591	info@equallybalancedwellness.com	<u>www.equallybalancedwellness.com</u>
Products/Services:	Specialize in medical, oncology, and prenatal massage for all community individuals who may benefit from specific medical treatment to improve mobility, reduce stress, and improve quality of life.			
MWBE				

Exercise Express LLC	Karen Rogers	585-967-4356	karenrogers@theexerciseexpress.com	<u>www.theexerciseexpress.com</u>
Products/Services:	HARP Behavioral Health and Wellness Services			
MWBE				

Health & Wellness

Face2Face Esthetics by Charissa,	Charissa Lacey	585-734-7936	lacyfamily@frontiernet.net	www.f2fwithcharissa.com
---	-----------------------	---------------------	-----------------------------------	--

Products/Services: Esthetics services:1. Professional facials back and face (peels,hydrogel, acne)2. Body treatments (toxin removal & deepexfoliation)3. Waxing services4. Eyelash services5. Skincare education6. Makeup services7. Mobile services summer 2024 to include all theabove servicesFocusing on self-care and relaxation

MWBE

Feel Good Fitness	Jeannine Graziano	585-530-0683	jgraz0804@gmail.com	www.feel-goodfitness.com
--------------------------	--------------------------	---------------------	----------------------------	--

Products/Services: Group exercise classesOne to one personal trainingWellness events, webinars, and seminars

WBE

Fitbalanz Wellness Studio	Maribel Torres	585-536-7897	mthealth.coach24fit@gmail.com	www.fitbalanzroc.com
----------------------------------	-----------------------	---------------------	--------------------------------------	--

Products/Services: Fitness Classes, Senior Fitness Classes, Nutrition Workshops, Personal Development Workshops, Wellness Consultations, Kids Fitness Classes, Water Fitness Classes.

MWBE

Front Porch Beauty LLC	Michelle Davis	585-685-3255	frontporchbeautyllc@gmail.com	N/A
-------------------------------	-----------------------	---------------------	--------------------------------------	---------------------

Products/Services: Front Porch Beauty LLC is a Health & Wellness Spa where an individual can go to get aid/assistance with weight loss, teeth whitening and many more individualized body needs/wants. Here we use a machine which melts the body's fat via Radio Frequency and Cavitation aided with wood therapy if needed, along with other enhancements or assistance for the body. Here at Front Porch Beauty we help individuals feel their best while assisting them with their body goals.

MWBE

Graceful Bodyworks	Natalie Rammacher	646-246-8696	natalie@gracefulbodyworks.com	www.gracefulbodyworks.com
---------------------------	--------------------------	---------------------	--------------------------------------	--

Products/Services: I provide massage therapy, exercise instruction, and nutritional education through private appointments, small groups, and workshops.

WBE

La'Movement Fitness	Lancia Woods	716-292-3880	lamovementfitness@gmail.com	www.LaMovementFitness.com
----------------------------	---------------------	---------------------	------------------------------------	--

Products/Services: Dance classes
Fitness classes
Yoga classes
Meditation classes
Stretching classes
Motivational speaking
Group Fitness Classes

MWBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Health & Wellness

M/Body Rochester	Maureen Flaherty	585-455-8943	molly@mbodyrochester.com	www.mbodyrochester.com
Products/Services: WBE	M/Body is a fitness studio offering fitness/wellness services including personal training and classes in cycle, yoga, Pilates, barre, strength, boxing, HIIT and circuit training.			
NavigateMD, LLC	Kristy Schworm	888- 898-0230	Kristy@navigatemd.com	www.navigatemd.com
Products/Services: WBE	avigateMD is an online resource platform that helps individuals with disabilities, their families, and others find local resources specific to their needs. The resources they can find on our site are medical providers, nonprofit organizations, for-profit businesses that offer services for those with disabilities (service dog trainers, special needs attorneys, etc.), and recreational opportunities.			
Oxygen Yoga & Fitness	Elizabeth Hayes	585-797-4975	brighton@oxygenyogafitness.com	www.oxygenyogafitness.com
Products/Services: WBE	Infrared yoga and fitness studio classes. We will also sell OYF branded merchandise.			
Tozzi Yoga LLC	Kaitlyn Vittozzi	585-200-7209	Kaitlyn@tozziyoga.com	www.PenfieldYogaTherapy.Com
Products/Services: WBE	Yoga, Yoga Therapy, Meditation, Wellness, Corporate Wellness, Paddleboarding, Paddleboard Yoga, Team Building, Therapeutic Life Mentoring, Ayurveda			
Tru Yoga Roc LLC	Kassandra Degus	585-698-5962	kdegus@gmail.com	www.betryoga.com
Products/Services: WBE	Yoga: weekly classes, monthly workshops and special events/trainings			
Victory Fitness	Rosalind Walker	585-370-2480	VictoryFitnessROC@gmail.com	www.victoryfitnessrochester.com
Products/Services: MWBE	We offer a wide variety of group fitness classes, train the trainer classes, and wellness event planning, coordination, and facilitation for all age groups and demographics.			
Wellness 360 Physical Therapy and Massag	Lindsay Perez	585-469-0201	lindsay@wellness360fitness.com	www.wellness360fitness.com
Products/Services: WBE	Physical TherapyGroup Exercise Classes for people dealing with chronic illnessMassage TherapySupport Group and events for Caregivers			

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Health & Wellness

Wellness Associates of Greater Rochester	Megan Clifford	585-278-2231	megan@wellnessrochester.com	https://www.wellnessrochester.com/
---	-----------------------	---------------------	------------------------------------	---

Products/Services: We provide programming to address mental health and wellness from a prevention and early intervention perspective. We provide workshops, trainings, one on one coaching, group coaching and other services to organizations to assist them in assessing, developing, and implementing best practices in mental health and wellbeing for their employees and the people that they serve. Our main services include Mental Health First Aid, Youth Mental Health First Aid, Teen Mental Health First Aid and Self Help Plus. We provide mentoring and support to newly certified instructors to enable them to increase the scope of their impact.

WBE

Work and Slay with Tay	Leonte Paul	585-698-7264	taypaul@slaywithtay.com	www.workandslaywithtay.com
-------------------------------	--------------------	---------------------	--------------------------------	--

Products/Services: group exercise classes
virtual group and one-on-one sessions
private exercise classes
team building classes
health and wellness coaching

MWBE

XXM Nutrition	Jia Guo	443-983-0035	JOHNGUO@XXM-NUTRITION.COM	www.xxm-nutrition.com
----------------------	----------------	---------------------	----------------------------------	--

Products/Services: Magnetic nanoparticles (MNP): MNP-SiO₂, MNP-COOH, MNP-NH₂, MNP-streptavidin, MNP-GMA, MNP-NTA-Ni, MNP-antibodies. Blood DNA extraction and purification kit, Saliva DNA/RNA extraction and purification kit, Plasmid DNA extraction Kit, Urine DNA extraction and purification kit.

MBE

Healthcare Administration

Aidans Voice	Jacquelyn Smith	281-642-4794	jacquelyn@aidansvoice.net	N/A
---------------------	------------------------	---------------------	----------------------------------	---------------------

Products/Services: Healthcare primarily managed care consulting. Focus on MLTSS, Medicaid and Medicare. Advisor to technology companies developing innovative models to address SDOH concerns.

MWBE

Enhance Solution LLC	Keith Nelson	585-305-6653	elkeitho@icloud.com	www.enhancesolutionsllc.com
-----------------------------	---------------------	---------------------	----------------------------	--

Products/Services: Medical coding audits insurance payments and all medical billing

MBE

Horizon Care LLC	Dilli Ram Adhikari	614-930-7074	dechintranational1@yahoo.com	N/A
-------------------------	---------------------------	---------------------	-------------------------------------	---------------------

Products/Services: Consumer Directed Pprogram

MBE

Healthcare Administration

iloWae LLC	Jasmine Sumter	704-750-5655	ilowae.wellness@gmail.com	www.ilowae.com
-------------------	-----------------------	---------------------	----------------------------------	--

Products/Services: Medical Claims Processing, Medical Coding Services, Revenue Cycle Management, Claim Denial Management, Electronic Health Records (EHR) Integration, Compliance and Auditing, Consultation and Training, Revenue Optimization, Accounts Receivable Management, Customized Reporting

MWBE

MJL Consulting Group LLC	Marshee Love	585-490-5047	mlove@mjlconsultinggroupllc.com	N/A
---------------------------------	---------------------	---------------------	--	---------------------

Products/Services: Medicaid Consulting, Notary Services, and Tax Preparation Services

MWBE

NAO Medical	Priti Jain	910-310-3371	suris@naomedical.com	N/A
--------------------	-------------------	---------------------	-----------------------------	---------------------

Products/Services: Nao Medical has more than a dozen locations! We are M/WBE certified with the city of New York. Nao Medical is a full service Medical Center that offers Primary Care, Urgent Care, Occupational Health Services, Mental Health Services, Customized Nutrition Programs and Women's Health Services. We are also licensed in multiple states. Our Company has been in existence for over 12-years providing urgent care medical services for patients within the communities they live in, PCP visits as well as customized occupational health services for many different employers ranging from home health agencies to extremely large corporations. In addition to serving our communities, Nao Medical can provide healthcare services on site; both at patient residences and places of business for our corporate clients.

MBE

NewVolt Solutions, Inc.	Christopher Fallon	585-729-6429	cfallon@newvoltsolutions.com	www.newvoltsolutions.com
--------------------------------	---------------------------	---------------------	-------------------------------------	--

Products/Services: NewVolt Solutions has two main healthcare analytics products: PSO Pulse and NVDP. PSO Pulse is a HIPAA-compliant patient safety analytics tool that is being used by patient safety organizations to analyze member hospital data and give them insights to reduce harm and inequities in their organizations. NVDP is a data platform that leverages AI and NLP to normalize and standardize healthcare data and other unstructured data.

MBE

Purposeful Concepts LL	Barbara Lake	928-399-0444	barbara@purposefulconceptsllc.com	www.purposefulconceptsllc.com
-------------------------------	---------------------	---------------------	--	--

Products/Services: Purposeful Concepts LLC. (PCLLC) provides Educational Support Services, Custom Curriculum and Program Development, through a hybrid in-person and online delivery that includes multiple language translation on our website. Our Professional Consulting Services focus on multigenerational programs and people from all walks of life. Ask us about our Youth Development and Life Skills programming as we are eager to network and share with others interested in partnerships and education in Health & Human Relations, and Economic Development. What some call SDOH!

WBE

HR Consulting

HR Consulting

All Things DEI Consulting	Evelyn Parker	585-537-8234	evelynparker0@gmail.com	www.allthingsdei.org
----------------------------------	----------------------	---------------------	--------------------------------	--

Products/Services: Specializing in DEI, social issues, workplace culture and leadership for higher education, non-profit, corporate, agencies and others:
 Authentic and Transparent Keynote Speaker
MWBE Workshops and Seminars
 Speaking Events
 Coaching and personalized training
 Strategic Plans (1-3 years)
 Qualitative and quantitative data analysis
 Open Dialogue and surveys for leaders and employees
 Policy and Guidelines for Diversity, Equity and Inclusion
 Board committee advisement
 Individualized DEI Plan and Courses
 DEI content delivered to groups
 Conversation, facilitation around educational content
 Strategies for stressful situations
 Mentoring
 Coaching
 Advising

Cepero Diversity & Human Resources Cons	Fernan Cepero	585-738-6384	fernanc@ceperodiversityhumanresou	NA
--	----------------------	---------------------	--	--------------------

Products/Services: Human Resource consulting Diversity, equity, and inclusion consulting
MBE

MM Inclusion Solutions	Mararet Cousin	585-975-9793	maggie@inclusionsolutionsllc.com	www.inclusionsolutionsllc.com/
-------------------------------	-----------------------	---------------------	---	--

Products/Services: Online courses and consulting related to Diversity, Equity, and Inclusion, Title IX, and Sexual Harassment Prevention for schools and businesses.
WBE

Moore Benefits Solutions LLC	June Moore	585-880-6854	jmoore@moorebenefitssolutions.com	www.moorebenefitssolutions.com
-------------------------------------	-------------------	---------------------	--	--

Products/Services: Human Resources Consulting Services - HR Needs Assessment, Expert HR Guidance and Dedicated Support to assist with Employee Related Matters (phone/email), Process and Procedure Documents and Other HR Projects (Disciplinary Process, Job Descriptions, Performance Review Procedures), Interim and Outsourced HR Support, HR Organizational Structure, Sexual Harassment Prevention, Manager & Supervisor, Conflict Resolution and Other HR Trainings. Benefits Administration Services - Employee Benefits Program Design, New Hire Benefits Onboarding, Broker and Carrier Liaison, Employee Advocate/Issue Resolution, Open Enrollment Project Management, ACA Reporting, Wellness Program Design, HIPAA Compliance.
MWBE

Name	Contact	Phone	E-Mail	Website
HR Consulting				
New Genesis Pathfinder, LLC	Diana Benjamin	718-400-6171	Diana@newgenesispathfinder.com	https://newgenesispathfinder.com
Products/Services:	MWBE Compliance and Reporting, DEI Training/curriculum design, Certification processing, Supplier Diversity/Procurement consulting, Business Coaching/ Technical Assistance and Navigating Government processes.			
MWBE				
Plan-It Eboni, LLC	Eboni White-Henders	585-454-9779	thrive@planiteboni.com	www.planiteboni.com
Products/Services:	Human Resource Development consulting Personality Awareness Coaching - personal development Executive Coaching - authentic leadership coaching Strategic Planning - organizational personality-based L&D programming MBTI Workshops - Myers-Briggs Type Indicator (MBTI) personality assessments Psychological Safety Development - team and organizational workplace psychological safety training and coaching			
MWBE				
sayhii LLC	Amy Gurkse	360-632-2532	amy@sayhii.io	www.sayhii.io
Products/Services:	Sayhii is a background app and employee activation tool that asks an automatically prompted question as the first thing an individual sees, daily. It's architecture agnostic and takes the answers, determines the individual need, and activates the individuals to the right individual to have the right conversation to meet their needs.			
WBE				
SEE HR & Recruiting	Herman Parson	585-236-9968	herman@goseehr.com	www.goseehr.com
Products/Services:	Recruiting, Handbooks, HR Support, Leadership training, Sexual Harassment Prevention Training, Payroll processing support.. All other HR needs			
MBE				
Twin Star Diversity Trainers	Lauren Wadsworth	585-764-8748	lauren.p.wadsworth@gmail.com	lauren.p.wadsworth@gmail.com
Products/Services:	Diversity training and consulting			
WBE				
Virtuous Consulting Services, LLC	Loretha McCullough	585-576-6862	virtuouscsllc@gmail.com	www.virtuouscsllc.com
Products/Services:	Coaching Professional Resume Writing Policy & Procedure Development Credit Establishment / Restoration Workplace Rights & Equality Education HR Related Training & Development Small Business Establishment Notary Services/Training			
MWBE				
VMS Strategic Resources	Velvet Lewis	585-694-2485	infovmsstrategicresources@gmail.com	N/A
Products/Services:	Business consulting services, Business & marketing plans, HR solutions such as handbook, procedures, policy and manual creation, business development, contracts, training manuals and curriculum development, professional development training, grant writing services.			
MWBE				

Information Technology Services

Information Technology Services

Boundless Connections, LLC	Christina Lopez	716-790-1476	clopez@boundlessconnections.com	www.boundlessconnections.com
-----------------------------------	------------------------	---------------------	--	---

Products/Services: Computer tutoring/training Leadership/Management training Corporate retreats Diversity, Equity, Inclusion, and Belonging Consulting/Training Procurement for technology (desktops, laptops, mobile phones, cables, hard drives, thumb drives, printers, paper, smart boards, monitors, touch screens, biosecurity, software, websites, etc.)

MWBE

Brilliant Repairs	Briannah Williams	585-734-1771	bmw@brilliantrepairs.com	www.brilliantrepairs.com
--------------------------	--------------------------	---------------------	---------------------------------	---

Products/Services: Technology consultant specializing in consumer electronic repairs, business technology service and maintenance, social media marketing, providing residential and commercial it support

WBE

Data Brilliance Software LLC	Timothy Taylor	585-512-9524	ttaylor@databrilliancesoftware.com	www.databrilliancesoftware.com
-------------------------------------	-----------------------	---------------------	---	---

Products/Services: Data Warehousing, Web Applications, Mobile Applications, Websites, Cyber Security, Backup and Recovery, Managed IT services, Networking and Security, Cloud Base Computing, Custom System Development, Existing System development and Improvement, Information Security, Software Architecture, IT Consulting, ERP and CRM Development, GIS Application Development, Database Design and Development, Database Conversion and Web Portals, Software Testing, Enterprise Human Capital Management, Disaster Recovery Systems, Infrastructure System Design and Development, API Integration, Hosting, IT System support, Training, Business Analysis, Dashboards/Reporting, IT Staff Augmentation

MBE

Fusion Digital LLC	Alyse Ferranti	585-746-2819	aferranti@fusiondig.com	www.fusiondig.com
---------------------------	-----------------------	---------------------	--------------------------------	---

Products/Services: IT and AV hardware, software, solution design and implementation, installation, on-going support and break/fix to business and education. Can sell off state contracts. IT technology hardware includes computers, peripherals, servers, network infrastructure, etc. by manufacturers such as Dell, HP, HPE. IT software including cybersecurity, Microsoft 365, email protection, anti-virus, etc. IT managed service provider as well. AV hardware ranges from large format displays, projectors, interactive flat panels, audio equipment, control systems, wall mounts, cables, digital signage solutions, video conferencing solutions from manufacturers such as NEC, LG, Samsung, Clear Touch, Boxlight, Crimson, Peerless, Logitech, StarTech, Poly, etc.

WBE

Global Solutions Group, Inc.	Bijal Mehta	248-767-1187	info@globalsolgroup.com	www.GlobalSolGroup.com
-------------------------------------	--------------------	---------------------	--------------------------------	---

Products/Services: Document Management Enterprise Document Management Solutions Laser fiche Enterprise Records Management Document Imaging System & Services Hard Copy, Microfilm /Microfiche, Large Plan/Drawings, Audio and Visual, Magnetic Media IT Services Cloud Hosting IT Support/Backup/Disaster Recovery Database Management SQL/SharePoint Cybersecurity Physical Security Security Cameras/CCTV/Entry Systems

MWBE

Hudson Infosec, LLC	Adrian Libert	646-206-5688	alibert@hudsoninfosec.com	www.hudsoninfosec.com
----------------------------	----------------------	---------------------	----------------------------------	---

Products/Services: Ayewo is our fully automated vulnerability scanning and reporting solution for cybersecurity audits and cybersecurity preparedness. It's a hardware / software solution.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Information Technology Services

Info Advantage Inc	Linda Weller	585-331-8303	lweller@info-adv.com	www.info-adv.com
---------------------------	---------------------	---------------------	-----------------------------	--

Products/Services: Data backup and disaster recovery, Network security, Network monitoring and management, vCIO, IT Project Management, IT Asset Management and Lifecycle planning, IT Asset Management and Lifecycle planning, Strategic planning and IT consulting, Endpoint security, Office 365, VoIP/telephony, Cloud-based infrastructure (IaaS), On-premises server management, Mobile device management, Cyber Security, Managed Services

WBE

iSECURE	Annette Warren	585-750-1506	annette.warren@isecurennet.net	www.isecurennet.net
----------------	-----------------------	---------------------	---------------------------------------	--

Products/Services: Cybersecurity Products: Managed Security Services, GRC Managed Services, IBM, Fortinet, CrowdStrike, Proofpoint, Varonis, Dark Trace, Recorded Future and many others - see website at www.isecurennet.net. Cybersecurity Professional Services: Tabletop, Vulnerability and Penetration testing, API Testing, Cloud Assessment and Managed Security Services.

WBE

iVEDiX, Inc	Rajesh Kutty	585-317-1029	kutty@ivedix.com	www.ivedix.com
--------------------	---------------------	---------------------	-------------------------	--

Products/Services: Industrial IOT Hardware and Protocols
IOT Sensors and APIs
Digitize Physical Assets
Digital Twinning
Data Dimensionalization
Software design and configuration
API Design and Development
Advanced Analytics and visualization

MBE

JAPStudios, LLC	Jenny Potter	518-291-3414	jennypotter75@gmail.com	https://japbstudios.wixsite.com/japst
------------------------	---------------------	---------------------	--------------------------------	---

Products/Services: Digital platforms

WBE

Kables Computer Services	Knycos Ferguson	585-496-4376	knycos@kablescs.com	kablescs.com
---------------------------------	------------------------	---------------------	----------------------------	--

Products/Services: IT Management and support, focused on Emergency Services. Provides Full IT management, including networking, device management, server administration, and training.

MBE

Kharma Software LLC	Megan Thompson	585-737-0833	megan@kharsoftware.com	www.kharsoftware.com
----------------------------	-----------------------	---------------------	-------------------------------	--

Products/Services: Website development, technical services such as coding on various tech stacks, domain purchases, user interface design, cloud services on Amazon Web Services,

WBE

Information Technology Services

Kumitech, LLC

214-556-8024

contact@kumitech.io

www.kumitech.io

Products/Services:

Cyber Security Strategy & Roadmap-Incident Response Plan Development-Security Policy Development-Long-Term Security Architecture DevelopmentCyber Security Advisory & Consulting Services-Kumitech' s Virtual CISO (vCISO) Services-Kumitech' s Security Architecture & Engineering ServicesSecurity Assessment-Ransomware Readiness Assessment-Information Security Risk Assessment-Cloud Security Assessment-Vulnerability Scanning AssessmentSecurity Configuration Analysis & EnhancementsKumitech Shield - Security Solutions:"Endpoint SecurityDatabase SecurityNetwork SecurityHost-based firewall (Linux)Zero Trust Security

MBE

Maria Friske Design

Maria Friske

585-313-7351

mariafriske1@gmail.com

www.mariafriske.com

Products/Services:

Web Design, Art Direction, Logo Design, Print Design, Brochure Design, Environmental Graphics Design, Banner Design, Meetings Design, PowerPoint Design, Animation Design, Brand Development, Catalog Design, Marketing Collateral Design, Poster Design, Page Layout, Flier Design, Image Editing, Digital Ad Design

MBE

Marsherall Partners, LLC

Tricia Marsherall

585-354-5505

tricia@marsherallpartners.com

www.marsherallpartners.com

Products/Services:

Donor Database ManagementOutsourced Gift ProcessingDatabase ConsultingData AnalyticsDatabase Conversions and MigrationsDatabase AuditsDatabase TrainingFundraising Event Management

WBE

Meridian Partners, LLC

Wilberto Martinez

305-444-1811

wil@mp.team

www.mp.team

Products/Services:

ERP Migration ServicesERP Integration ServicesERP Maintenance ServicesCustom Computer Programming ServicesComputer Systems Design ServicesComputer TrainingAdministrative and General Management Consulting ServicesOffice Administrative Services

MBE

Information Technology Services

Paramint LLC	Samuel Okpara	718-249-9781	sam@paramint.digital	https://paramint.digital
Products/Services:	Custom Software Development & Integrations Custom Software Development Mobile & Web Application Development System Integrations (API, ERP, CRM) Generative AI Solutions Cloud Infrastructure Solutions Workflow Automations Database Management & Optimization MWBE & DBE Certified Services System Modernization (Legacy System Updates) Data Analytics & Visualization (Power BI, Retool, Reporting) IT Hardware & Software Reselling IT Hardware Resale (Dell, HP, Cisco, Lenovo, Asus, Google) Google Workspace Solutions & Integrations Cloud Computing (Google Cloud) Key Technologies Generative AI for Automation API & Third-Party Integrations Cloud Computing Solutions Business Process Automation			
MBE				

Pinnacle Solutions Incorporated	Suzanne Heiss	973-884-1020	sue.heiss@psi-nj.com	www.psi-nj.com
Products/Services:	Pinnacle Solutions Inc. (PSI) is a software and consulting company providing custom financial software to banks, corporate users and Government agencies, since 1992. Synergy is PSI's suite of secure, functionally rich, web-based banking and financial applications developed using Microsoft .Net technology. The Synergy Collateral Management Application is used by NYC Department of Finance to receive inbound files from every bank and to track all city bank account balances and corresponding collateral coverage. In addition, Synergy is being used for audit purposes, to address FOIL requests and to provide NYC DOF with complete historical data for additional analytics. Synergy web-pages are fully integrated with Windows and other Microsoft products (e.g., Excel, Outlook, Word, Acrobat and Crystal reports). The Synergy Dashboard alerts the users to conditions of the collateral portfolio that need to be addressed. Synergy's robust inquiry and reporting functions give the user the ability view and report consolidated data and to create dynamic customized reports with user defined filters. Synergy client/server technology and n- tier design is completely scalable and internet enabled with complete secure user administration. Contact us today to see if our solutions can work for your organization.			
WBE				

RAE Life LLC	Joseph Gibson	585-506-5291	raelc3@gmail.com	www.raelife.co
Products/Services:	Web/Graphic Design Services Web Hosting Print Production Services Information Technology Services			
MBE				

Information Technology Services

Redvault Security LLC	Chevon Phillip	585-727-5749	cphillip@redvaultsecurity.com	www.redvaultsecurity.com
Products/Services:	Cybersecurity: Our security solutions are affordable and designed to meet regulations and safeguard your information from cyber threats. Our team is highly trained in the latest technology to identify and respond swiftly to potential threats.- Cloud Computing: - Logistics: -			
MBE	IT Solutions: - Data & Analytics: - Artificial Intelligence (AI):			
Rochester IT & Business Solutions	Brandie Shaw	585-236-6910	brandieshaw@roc-it.net	www.roc-it.net
Products/Services:	Managed IT and Cybersecurity services			
WBE				
Rolle & Key Enterprises Inc.	Lydia Rolle-Key	347-535-9845	lydia@rolleandkey.com	www.rolleandkey.com
Products/Services:	Data-driven training solutionsInstructional systems designLearning Management System (LMS)Personalized eLearning development ranging from basic to complex learning interactionsCustom instructor-led training development for both classroom and virtual environments			
MWBE				
Sligo Software Solutions Inc	Satish Busarapu	518-800-4101	gopala.vellanki@sligosoft.com	www.sligosoft.com
Products/Services:	IT Staffing and Consulting, Human capital Optimization, Talent Integration			
MBE				
Tempus Network LLC	Paul Robinson	585-455-7898	paul.robinson@tempusnetwork.net	N/A
Products/Services:	Cybersecurity advisory services, Governance, Risk and Compliance advisory services, Board level Business cybersecurity risk assessment, cybersecurity software guidance, Incident Response an contracted cybersecurity professionals.			
MBE				
This Good World Network LLC	Lisa Kribs	585-747-7024	lisa@tgwstudio.com	www.tgwstudio.com
Products/Services:	Digital Web Design & Development / Digital & Social Advertising / SEO / E-Comm / ReportingStrategic Communications PlanningBrand & Campaign Communications /PR & Media Relations / Research & Analytics /Fundraising Strategy & CounselCreative & Branding, Brand Identity, Development & Design / Photography and Video Production/ Print Design / Audio & Podcast Production / Illustration Content Copywriting / Inbound Marketing / Email Marketing / Community Management / Lead Capture / Social Media IdentitySocial Impact InitiativesCompetitive Audits & Benchmarking /Social-Focused Partnership Strategies /Social Impact Reporting			
WBE				
Universal Equations, Inc.	Mensah Alkebu-Lan	201-431-7673	malkebu-lan@uequations.com	www.uequations.com
Products/Services:	- Website Development / Redesign / Hosting (i.e. Drupal, Liferay, Adobe AEM, Modern JavaScript) - Case Management / Business Automation - Data Management (i.e. MongoDB, Couchbase) - API & Data Integration - Custom Software Development			
MBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Insurance Services

Cepeda Insurance Agency LLC	Dennisse Cepeda	585-629-3438	dennisse.cepeda@gmail.com	www.agents.farmers.com/ny/rochest
Products/Services:	Commercial Insurance, auto, home, renters, landlord, vacant, pet, Medicare, Life and Health, Workers Comp, Cyber Security insurance, and many more.			
MWBE				
Deborah Ham Whitt Agency, Inc.	Deborah Ham Whitt	585-663-0960	deborah@deborahwhitt.biz	www.deborahwhitt.biz
Products/Services:	Insurances for your Home, Auto, Boat, Motorcycle, Recreational Vehicles, Commercial Vehicles, Bonds, Business, Disability Income, Life, and more.			
MWBE				
Flanagan Mills Insurance Agency, LLC	Megan Mills	585-678-8008	megan@themillsagency.com	www.TheMillsAgency.com
Products/Services:	Local insurance agency partnering with several insurance carriers to provide personal, business and life insurance for our clients. For personal we have insurance products for: Auto, Home, Umbrella, Boat, Landlord, Motorcycles, Off Road Vehicles, Mobile Homes, Renters. For business we have: General Liability, Business Owners policies, Professional Liability, Cyber Liability, Workers Compensation			
WBE				
Ortolani Services Inc	Elizabeth Ortolani	585-565-9064	lizz@ortservices.com	www.ortservices.com
Products/Services:	We are licensed life, accident, health insurance agents. We specialize in: individual and small group health, vision, and dental insurance (on and off exchange with the NYS of Health Marketplace), Medicare Supplement/Medigap, Medicare Part D, Medicare Advantage, NYS Disability and Paid Family Leave			
WBE				

Interior Design & Space Management

Design Space Studios	Brenna Thering	585-673-8027	accounting@designspacestudios.com	www.designspacestudios.com
Products/Services:	Interior Design, Space Planning, Space Utilization Studios, Finish Selection & Specification, Furniture Space Planning, Furniture Selection & Specification, Furniture Dealership, Furniture Bid Documentation, Project Management, Interior Wayfinding & Signage, Furniture Procurement, Furniture Installation			
WBE				
Hunt Décor	Pamela Pratt	585-576-1987	pamelahunt1@yahoo.com	www.huntdecor.glossgenius.com
Products/Services:	Seasonal interior designs, floral wreaths and arrangements, wall decor, Holiday (Christmas Decor)			
MWBE				
Interior Innovations	Laura Cueva	315-724-1985	laura.cueva@iicontractfurniture.com	www.iicontractfurniture.com
Products/Services:	• Acoustical Elements • Architectural Elements • Cafeteria Seating • Classroom • Dormitory • Fixed Seating • Focused Spaces • Glass Store Fronts • Modular Casework & Lockers • Demountable Modular Walls • Private Offices & Spaces • Reception • Signage • Tables • Workstations • Underfloor Technology & Electrical Distribution Systems			
MWBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Interior Design & Space Management

Susan Clark Design	Susan Clark	585-208-0017	sclark@susanclarkdesign.com	www.susanclarkdesign.com
---------------------------	--------------------	---------------------	------------------------------------	--

Products/Services: Space planning, material and color selection, furniture selection and specification, signage and art selection and coordination, construction documents

WBE

The Design Initiative Inc	Mary-Ann Agresti	617-515-5418	magresti@thedesigni.com	www.thedesigni.com
----------------------------------	-------------------------	---------------------	--------------------------------	--

Products/Services: INTERDISCIPLINARY DESIGN STUDIO CREATING ARCHITECTURAL, INTERIOR, AND SPACE PLANNING DESIGN SOLUTIONS

WBE

TiverBuilt LLC	Lindsay Prichard-Fo	585-623-3979	theteam@tiverbuilt.com	www.tiverbuilt.com
-----------------------	----------------------------	---------------------	-------------------------------	--

Products/Services: 3D Revit Modeling (BIM) Interior Design service 360 LiDAR Scan Technology

WBE

Vargas Associates	Christine Vargas	585-730-8260	Christine.Vargas@VargasAssociates.	www.VargasAssociates.com
--------------------------	-------------------------	---------------------	---	--

Products/Services: Interior Design, Facilities Project Management, Commercial Relocation Planning, Furniture, Fixtures & Equipment (FF&E), Inventory Assessment

WBE

Workplace Interiors of Buffalo	Kristen Piekieł	315-430-7896	kpiekiel@wpibuffalo.com	www.workplaceintbuffalo.com/
---------------------------------------	------------------------	---------------------	--------------------------------	--

Products/Services: Workplace Interiors of Buffalo provides office furniture, commercial furniture, design specification, and finish selections. As well as architectural walls, ancillary furniture, workstations, and more. The services we offer are interior design, furniture installation, space planning, project management, move/relocations, design services, warehousing, tear-down & disposal.

WBE

Interpreting & Translations Services

Atlantica International Group Inc.	Jesus Barberia	585-281-2110	jesus.barberia@atlanticainternational	N/A
---	-----------------------	---------------------	--	---------------------

Products/Services: Spanish language access, cross-cultural communications, and training solutions - providing the highest quality, efficient, and competitive on-site interpretation, and translation services, for the institutional, and public sectors.

MBE

E-Z translation Services Inc	Nazam Ali	585-241-9282	ezrochester@gmail.com	www.e-ztranslation.com
-------------------------------------	------------------	---------------------	------------------------------	--

Products/Services: Translate Foreign languages and ASL

MBE

Interpreting & Translations Services

Margha Consultants & Language Services	Pasoon Wazir	585-285-0043	pasoonahmadw@gmail.com	www.marghalanguages.com
---	---------------------	---------------------	-------------------------------	---

Products/Services: Margha Consultants & Language Services LLC provides a wide array of intangible translation and interpretation services, primarily aimed at bridging language gaps between English and other languages. Our services encompass a diverse range of offerings, including document translation and interpretation in various fields, such as Medical and Legal Interpretation and Translation, Phone or Video Interpretation, Consecutive Interpretation, Localization, and Technical Translation.

MBE

OSMOSIS Translations	Laura Molina	585-270-1004	laura@ospinamolina.com	www.ospinamolina.com
-----------------------------	---------------------	---------------------	-------------------------------	---

Products/Services: Simultaneous and consecutive services from Spanish/English and English/Spanish. Document translation services from Spanish/English and English/Spanish. Transcription of video and audio recordings in Spanish and English.

MWBE

Iron/Metal/Steel Manufacturing

G&J Contracting, Inc.	Crystal Jonathan	716-297-0389	gjcontracting@aol.com	www.gjcontracting.com
----------------------------------	-------------------------	---------------------	------------------------------	---

Products/Services: We are associated with Ironworkers local:6,9&33. Our company employ's Union Ironworkers that install rebar & mesh in various construction sites in regions 4, 5,& 6. The following is just some of the projects: Bridge decks, Building foundations, Hospital, Universities, Stadiums, WWTP, Amazon projects, Windmills, Noise barriers and airports. Where there is rebar in a bid proposal/Job, we are qualified to install rebar in that portion of work.

MBE

Ironwood Studios Inc	Stacey Mrva	585-230-4101	stacey@ironwoodstudiosinc.com	ironwoodstudiosinc.com
-----------------------------	--------------------	---------------------	--------------------------------------	---

Products/Services: Custom metal artwork which includes public benches, sculptures, bike racks, banners and more. Host Welding Workshops for Women where folks with no experience learn how to MIG weld and create a sculpture. Offer workshops for teens and underserved groups to empower them and show them possible career options.

WBE

RMG Custom Metal, LLC	Marisa Goodwin	585-698-9474	mgoodwin@rmgcustommetal.com	www.rmgcustommetal.com
------------------------------	-----------------------	---------------------	------------------------------------	---

Products/Services: Standing seam metal roofing, EPDM and TPO flat roofing systems, Copper, Slate, Tile roofing, Asphalt shingle roofing, custom metal fabrication for roofing and siding accessories.

WBE

Rusty Metals LLC	Jolene Lemke	716-481-7558	jolene@rustymetalswny.com	www.rustymetalswny.com
-------------------------	---------------------	---------------------	----------------------------------	---

Products/Services: Welding fabrication and repairs, CNC plasma cutting, Equipment repairs, Custom metal signs

WBE

Rutner Iron Inc.	Carl Forty	585-317-3948	carlf@rutneriron.com	www.rutneriron.com
-------------------------	-------------------	---------------------	-----------------------------	---

Products/Services: For over 70 years, Rutner Iron has been committed to providing our customers in Monroe County, with a comprehensive service when it comes to ornamental iron products. Whether it's a residential or commercial requirement our experts can help. Our services include iron railings, handrails, security bars, fences, gates, mobile welding, and welding repair, among others.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

IT Hardware & Software

ComSource, Inc.	Denise Hanlon	315-682-4115	tstauffer@comsourceny.com	www.comsourceny.com
Products/Services: WBE	IT hardware, software and services covering data center, networking, security, collaboration, cloud services, personal computing, professional and managed services and staff augmentation. We sell products from over 90 manufacturers including Dell, Cisco, IBM, HPE, Commvault, Clear Touch and many others.			
Concern Center, Inc.	Erin Halligan-Avery	315-657-7426	erin@concerncenter.com	www.concerncenter.com
Products/Services: WBE	We sell software that takes an organizations existing resources and displays them in a way that is more intuitive for the user to find the help that they need.			
Executive Consultants United, LLC	Wheeler Coleman	312-268-5829	bid@ec-united.com	www.ec-united.com
Products/Services: MBE	EC-United is a minority owned consulting firm with a focus on 1) reselling various computer manufactures products and services, 2) Strategic IT Consulting Services, and 3) Contingent Labor. Our Value-Added Reseller (VAR) business resell computer manufacturers hardware (Laptops, Desktops, Servers, Network Hardware, etc.) and software (Security, Operating Systems, etc.) products through a Distributor. We are headquartered in Chicago Illinois with offices in Atlanta, Detroit, Dallas, and Fort Lauderdale. All EC-United offices support EC-United sales operations. All EC-United offices perform the same function.			
Itegix LLC	Sean Hennessey	631-479-2427	shennessey@itegix.com	www.itegix.com
Products/Services: MBE	VAR, representing tier 1 brands of technology manufacturer's as an authorized reseller partner. Working with leading distributors and suppliers, focusing on sales to local gov't in NY.			
MedTec InterLinx, LLC	Sandeep Krishnan	585-329-1625	sandeep.krishnan@medtecintl.com	www.medtecintl.com
Products/Services: MBE	Computers (PCs & Laptops), Printers, Data networking equipment (routers, switches etc.), Wi-Fi systems and access points,			
Quality and Assurance Technology Corp	Marcos Merced	646-453-7119	diversity@qnatech.com	www.qnatech.com
Products/Services: MBE	IT hardware, software, and services resales			
SYNACT, Inc.	Sarah Computer	410-491-2122	sarah.compter@synact.net	www.synact.net
Products/Services: WBE	Design, configuration and support for Microsoft Dynamics 365 and Microsoft Power PlatformDesign, configuration and support for Microsoft 365 productivity tools, such as Microsoft Teams, Planner and OneNote			

Janitorial Supplies

Janitorial Supplies

Economy Products & Solutions Inc.	Denise Wesley	585-482-5340	dwesley@epsroc.com	www.economyproductsandsolutions.com
--	----------------------	---------------------	---------------------------	--

Products/Services: Economy Products & Solutions Inc. is a Woman-Owned, Rochester based wholesale distributor of Janitorial Supplies & Equipment, Packaging Materials, Printing & Office Paper, Green Seal Products, Safety Products, Food Processing, and Wide Format Paper & Printers. We have been servicing Customers in the Rochester-area since 1936. We are passionate about providing competitive pricing accompanied by the highest level of service and product possible. We are not only committed to being of great service to our customers, but we are also committed to the environment as well.

WBE

Elite Relations,LLC	George Strickland	585-664-5877	stricklandgeorge51@gmail.com	www.elite-relations.com
----------------------------	--------------------------	---------------------	-------------------------------------	--

Products/Services: Maintain a clean and well-functioning environment with our extensive range of janitorial and maintenance products. From cleaning agents to waste management solutions, we ensure that your facilities are always in top condition, promoting safety and hygiene. Our products cater to all facility sizes, ensuring that your operational needs are met with efficiency.

MBE

Jobena Corporation	Jaime Ruggiero	716-578-2173	jaime@jobena.com	www.jobena.com
---------------------------	-----------------------	---------------------	-------------------------	--

Products/Services: Janitorial supplies, kitchen equipment, paper products for bars and restaurants, china and glassware, restaurant furniture, computer cable, server racks

WBE

One Stop Janitorial	Angella Luyk	585-414-6960	angella@onestoprochester.com	www.onestoprochester.com
----------------------------	---------------------	---------------------	-------------------------------------	--

Products/Services: We are a full service distribution company that offers everything from office supplies, janitorial supplies, food service items, printing, promotional items and printing needs.

WBE

Janitorial/Post Construction/Demolition/Asbestos

A.L Cleaning	Brian Johnson	585-683-9259	donnarossmoore@icloud.com	N/A
---------------------	----------------------	---------------------	----------------------------------	---------------------

Products/Services: Commercial cleaning, floor stripping/waxing, sanitizing, windows

MBE

AAC Contracting, LLC	Michelle Schleher	585-967-1983	mschleher@aac-contracting.com	www.aac-contracting.com/
-----------------------------	--------------------------	---------------------	--------------------------------------	--

Products/Services: Asbestos AbatementMold RemediationLead Paint AbatementPCB RemediationSite RemediationMercury RemediationDisinfecting & SanitizingFireproofing Fire StoppingSelective DemolitionStructural DemolitionControlled ACM DemolitionMEP DemolitionFloor Shot Blasting & GrindingCold Jet Dry Ice BlastingHigh Pressure Water Jet CleaningIndustrial CleaningEquipment & Process Dismantling

WBE

Janitorial/Post Construction/Demolition/Asbestos

ACS Property Professionals	LaCresha Scott	585-524-6370	acspropertyprofessionals@gmail.com	www.acsprop.com
-----------------------------------	-----------------------	---------------------	---	--

Products/Services: Post-construction cleaning services (Rough and final cleans), Residential and commercial turn-over cleaning services, interior residential painting services.

MWBE

Bells 5-Star Cleaning	Traci Brook	585-448-7319	traciibrock8@gmail.com	NA
------------------------------	--------------------	---------------------	-------------------------------	--------------------

Products/Services: Residential and commercial cleaning services

MWBE

Best Construction and Remediation	Delaney Best	716-725-5281	bigd61@bestconstructionandremedia	N/A
--	---------------------	---------------------	--	---------------------

Products/Services: Asbestos Services: Asbestos abatement, Asbestos removal, Surveys, Inspections, Project Design, Project Monitoring, Mold and Lead Remediation, Post Construction Cleaning, HVAC Cleaning, Small GC Work, Interior Demolition, Selective Demolition

MBE

B-Roc Construction Inc	William Bell Jr.	315-877-8894	banrcontracting@gmail.com	N/A
-------------------------------	-------------------------	---------------------	----------------------------------	---------------------

Products/Services: Construction cleaning, debris removal, demolition, selective demolition

MBE

Cleaning Enterprises Inc.	Willie Campbell	585-910-3336	c.enterprises.inc@mail.com	N/A
----------------------------------	------------------------	---------------------	-----------------------------------	---------------------

Products/Services: Commercial Cleaning / Residential Cleaning : Restoration, Sanitation, Decontamination, Deep cleaning, information on how maintain with taught easy to follow instructions.

MBE

CNS Construction	Carolyn Cowart	585-957-0405	Carolyn.cnsconstruction7@gmail.com	N/A
-------------------------	-----------------------	---------------------	---	---------------------

Products/Services: Detail cleaning of buildings. Commercial cleaning and residential cleaning. Sweeping, mopping, dusting, making beds, move in and move out cleaning, pre and post construction cleaning, removal of debris, window cleaning, Interior and some exterior cleaning,

MWBE

Combat Cleaning Services Inc.	Kevin Woody	585-905-9046	info@combatcleanings.com	www.combatcleanings.com/
--------------------------------------	--------------------	---------------------	---------------------------------	--

Products/Services: Carpet cleaning, tile and grout cleaning, upholstery cleaning, pet, stain & odor removal, stone, wood floor and granite countertop cleaning services.

MBE

Name	Contact	Phone	E-Mail	Website
Janitorial/Post Construction/Demolition/Asbestos				
Compass Evaluation and Consulting	Chelsea BaileyShea	585-978-9826	chelsea@compassevaluation.com	www.compassevaluation.com
Products/Services:	I am an external evaluator. I help individuals move from wondering how much they are achieving their goals to measuring their impact and using those data to build and improve programs and experiences. I provide services such as: creation of data collection tools, survey design, focus group/interview administration, data analysis, reporting, and consultation.			
WBE				
Dimensional Services Inc	Brenda Sylver	585-469-8476	BRENDA@DIMENSIONALSVC.COM	WWW.DIMENSIONALSVC.COM
Products/Services:	COMMERCIAL JANITORIAL, COMMERCIAL CLEANING, FLOOR CARE, STRIPPING, WAXING, BUFFING FLOORS, CARPET CLEANING, UPHOLSTERY CLEANING, TILE AND GROUT CLEANING, WINDOW CLEANING, COMMERCIAL KITCHEN CLEANING.			
WBE				
Dunbar & Dunbar Cleaning LLC	Lori Dunbar	585-642-5351	loriangelsns@gmail.com	www.Dunbarcleaningservice.com
Products/Services:	Commercial Cleaning, Auto Scrubbing, Stripping and Waxing, COVID19 19 Cleaning with Disinfection and Electrostatic spray			
MWBE				
Duran Cleaning Services	Sebastain Duran	585-831-4089	durancleaningservices@yahoo.com	durancleaningservices.org
Products/Services:	Commercial janitorial, junk removal services			
MBE				
Eli Cleaning Enterprises, Inc.	Eli Lewis	585-867-2233	elicleaning.inc@gmail.com	NA
Products/Services:	Asbestos abatement, Asbestos removal, Commercial building janitorial services, Government building janitorial services, Institutional building janitorial services, Interior construction clean up, Exterior construction clean up			
MBE				
Emerald Cleaning Service	Melissa Cheeseman	315-857-3037	Emeraldcleaningservice585@gmail.cc	N/A
Products/Services:	Residential Cleanings, Move in/Move out Cleanings, Event & Party clean ups, Commercial Cleanings, Post-Construction Cleanings			
WBE				
Finishing Touch Power Washing LLC	Jerry Stewart	585-217-1442	jdstewart@finishingtouchpowerwash	https://finishingtouchpowerwashingll
Products/Services:	Pressure washing services for residential/commercial properties, businesses, trash cans, patios, and other hard surfaces			
MBE				

Janitorial/Post Construction/Demolition/Asbestos

Good Quality Cleaning Service	Eddie Chapple	585-470-7335	Chapple09231980@gmail.com	<u>N/A</u>
--------------------------------------	----------------------	---------------------	----------------------------------	----------------------------

Products/Services: Good Quality Cleaning Service is a premier commercial cleaning company dedicated to providing in-depth cleaning solutions tailored to meet the unique needs of our clients. Our services are comprehensive and extend beyond standard cleaning tasks.

MBE

- Construction Cleaning: We specialize in post-construction clean-up, ensuring that newly built or renovated spaces are spotless and ready for use.
- Waxing Services: Our team provides professional waxing services to maintain and enhance the appearance of your floors, ensuring they remain clean and polished.
- Concrete Services: We offer specialized cleaning services for concrete surfaces, ensuring that they remain clean, safe, and well-maintained.
- Apartment Cleaning Services: We ensure apartments are thoroughly cleaned prior to new move-ins. Our team meticulously prepares each unit to ensure it is in pristine condition, providing a welcoming environment for new tenants.

At Good Quality Cleaning Service, we are committed to delivering exceptional cleaning services that exceed our clients' expectations. Our experienced team uses the latest cleaning techniques and high-quality products to ensure a pristine environment for your business.

Contact us today to learn more about how we can meet your commercial cleaning needs!

Gr888 & Splendid Cleaning Service LLC	Cynthia Johnson	585-278-2014	Jordachewon233@icloud.com	<u>N/A</u>
--	------------------------	---------------------	----------------------------------	----------------------------

Products/Services: Cleaning - Commercial Facilities Move in/out Services Post Construction Stripping/Wax floors

MWBE

Greenlend Cleaning Service Company Inc.	Frederick Bryant	585-837-1126	Greenlendcleaning@gmail.com	<u>N/A</u>
--	-------------------------	---------------------	------------------------------------	----------------------------

Products/Services: We are a professional cleaning service, that provides general cleaning, carpet cleaning, stripping, wax, etc.

MBE

H2H Facility Services Inc.	lowanda Jones	585-629-6114	lowanda30@gmail.com	<u>www.h2h-facility-services.com</u>
-----------------------------------	----------------------	---------------------	----------------------------	---

Products/Services: Janitorial cleaning services Window Cleaning Carpeting Cleaning Power Washing

MWBE

Hart Cleaning Services	Jake Hart	585-581-5548	hartcleaning@frontier.com	<u>N/A</u>
-------------------------------	------------------	---------------------	----------------------------------	----------------------------

Products/Services: Janitorial & Post construction clean-up

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Janitorial/Post Construction/Demolition/Asbestos

Jolie Group	Francine Kwizera	585-506-1191	frakwize33@gmail.com	
--------------------	-------------------------	---------------------	-----------------------------	--

Products/Services: Painting, janitorial, carpet cleaning

MWBE

KM Commercial Cleaning Inc.	Kai Juan Matthews	585-729-6894	kmcleaning277@gmail.com	<u>N/A</u>
------------------------------------	--------------------------	---------------------	--------------------------------	----------------------------

Products/Services: Janitorial Services Include Green Cleaning, Office and Rest Room Services, Day Porter Services, Full Service Night Cleaning, General Detailed Services, Maintenance Services, and Window Cleaning. Specialty services include Carpet Cleaning Services, VCT Floor Stripping and Waxing, Pressure Washing, Interior Painting, Pre & Post Construction Clean Up, and Change of Occupancy Cleaning.

MBE

La Roca Group, LLC	Hilda Escher	585-739-0208	hildarosarioescher24@gmail.com	<u>www.laroca.com</u>
---------------------------	---------------------	---------------------	---------------------------------------	---

Products/Services: Post construction cleaning punch list taskssmall building products; light bulbs, outlet covers, carbon monoxide/smoke detectors, etc.

MWBE

Maximum Custom Cleaning LLC	Carl Forty	585-317-3948	carlf@maximumcustomcleaningllc.co	<u>www.maximumcustomcleaningllc.co</u>
------------------------------------	-------------------	---------------------	--	---

Products/Services: Maximum Custom Cleaning provides a variety of services: cleaners and free consultation, moving-related cleaning, pre and post construction cleaning, office and workplace cleaning, standard cleaning, carpet and floor care services and cleaning, floor restoration, medical facilities cleaning, cleaning COVID-19 (including electrostatic disinfection), deep and precision cleanroom cleaning, commercial cleaning, commercial janitorial services, and custom cleaning.

MBE

MH. Construction Group Inc.	Marc Haygood	585-623-0317	mh.constructiongroupinc@yahoo.com	<u>N/A</u>
------------------------------------	---------------------	---------------------	--	----------------------------

Products/Services: Interior Demolition, Asbestos Removal, Abatement Contractor, Drywall Installation

MBE

Midnight Janitorial	Angella Luyk	585-414-6960	angella@midnightjanitorial.com	<u>www.midnightjanitorial.com</u>
----------------------------	---------------------	---------------------	---------------------------------------	---

Products/Services: Commercial Cleaning Services

WBE

MS Cleaning and Home Improvements	Michael Walker	585-450-7164	youneedsanitationservices@gmail.co	<u>N/A</u>
--	-----------------------	---------------------	---	----------------------------

Products/Services: Residential and commercial cleaning, landscaping, home improvements

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Janitorial/Post Construction/Demolition/Asbestos

New Age Cleaning Services LLC	Necole Jackson	585-290-2277	necolejackson88@yahoo.com	N/A
--------------------------------------	-----------------------	---------------------	----------------------------------	----------------------------

Products/Services: We provide commercial cleaning services that are up to date with OSHA LAWS

MWBE

NYC Disinfection Services INC	Alicia Halpin	347-236-1907	bids@nycdisinfection.com	www.nycdisinfection.com
--------------------------------------	----------------------	---------------------	---------------------------------	---

Products/Services: We specialize in a range of services including restoration, janitorial services, ground maintenance, landscaping, snow removal, plumbing, electrical work, painting, wall covering, flooring (both exterior and interior), emergency response, disaster recovery, drain cleaning, and commercial building repair and maintenance.

WBE

Original Touch Cleaning & Restoration Serv	Gregg Boose	585-727-4064	info@originaltouchcrs.com	https://originaltouchcrs.com/
---	--------------------	---------------------	----------------------------------	--

Products/Services: Commercial Cleaning
Residential Cleaning
Crime Scene Cleaning

MBE

Praise God Cleaning Service	Rose Adams	716-255-7453	rose.adams1966@icloud.com	NA
------------------------------------	-------------------	---------------------	----------------------------------	---------------------------

Products/Services: Office cleaning, floor care, restroom sanitation, janitorial services, specialized cleaning.

MWBE

QC Constructors	Nelson Colon	585-749-8253	qc.contracting585@gmail.com	NA
------------------------	---------------------	---------------------	------------------------------------	---------------------------

Products/Services: Residential, Commercial, Construction, and heavy-duty Cleaning,

MBE

QFS- Quality Facility Solutions	Juda Falkowitz	718-935-9923	bids@qfs.net	www.qfs.net
--	-----------------------	---------------------	---------------------	---

Products/Services: Quality Facility Solutions offers janitorial, custodial, and maintenance services, floor, stone care, and upholstery care, carpet cleaning, window washing, pressure washing, rubbish removal, pest control, landscaping, snow removal, fire, flood, mold, and emergency restoration services, mid and post-construction cleanup, porter and labor services, doormen and concierge services for the New York tri-state area.

WBE

Rochester Specialty Contractors	Lenora Paige	585-503-6944	fcmsl@frontier.com	www.flowercitymonitorservices.com
--	---------------------	---------------------	---------------------------	---

Products/Services: Asbestos Services: Surveys, Inspections, Project Design, Project Monitoring, Mold and Lead Remediation, Selective Demolition, Post Construction Cleaning-COVID 19 Cleaning, HVAC Cleaning Small GC Work

MWBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Janitorial/Post Construction/Demolition/Asbestos

Rock Environmental, Inc	Kira North	508-951-2546	kira@rockenv.com	www.rockenv.com
--------------------------------	-------------------	---------------------	-------------------------	--

Products/Services: Demolition, Selective Demotio, Asbestos Abateme, Lead Remediatio -Residential and Commercial

WBE

Sheen and Shine	Israel Cuyler	585-423-2282	ike@sheenandshine.com	www.sheenandshine.com
------------------------	----------------------	---------------------	------------------------------	--

Products/Services: Janitorial ServiceStripping / WaxingGrout CleaningCarpet CleaningWindow WashingPost-Construction Clean-Up

MBE

Snappie Cleaning Services LLC DBA Allian	Omar Douglas	646-251-7244	omardoug@gmail.com	N/A
---	---------------------	---------------------	---------------------------	---------------------

Products/Services: Cleaning Services

MBE

Superior Excellence Enterprises Corp.	George Shoat	585-445-4087	gshoat@supexentcorp.com	www.supexentcorp.com
--	---------------------	---------------------	--------------------------------	--

Products/Services: Full Service Janitorial/Cleaning Solutions
Full-Scale Post-Construction/Final Clean Services
Comprehensive Disinfection/ Infection Prevention Solutions
Specialty Care Solutions (Hard Surface Floor Care, All Surface Types, Carpet and Large Rug Cleaning)

MBE

Tailored Facility Services, Inc	Melinda Windom	585-729-1056	mwindom3@rochester.rr.com	www.tailored2utfscleaning.com
--	-----------------------	---------------------	----------------------------------	--

Products/Services: Janitorial services/Post Construction CleanupCarpet cleaningUpholstery cleaningstrip/wax vct flooringEnviro Sprays

MWBE

Thomas Construction and Maintenance	Ashley Thomas	585-455-8255	info@thomasroc.com	N/A
--	----------------------	---------------------	---------------------------	---------------------

Products/Services: Post-construction cleaning for renovation projects and new builds, Interior demolition for renovation projects Landscape and Hardscape

WBE

Tulson Enterprise Corp	Karlene Edwards	516-395-5679	karlene.edwards@tulsonent.com	www.tulsonent.com
-------------------------------	------------------------	---------------------	--------------------------------------	--

Products/Services: Janitorial servicesPost construction cleanTrailer cleanIndustrial cleanHeavy duty clean

MWBE

Janitorial/Post Construction/Demolition/Asbestos

Van Dyke Norris Cleaning Services, LLC	LaTerese Matthews	315-516-0727	vandykenorriscleaning@gmail.com	www.vandykenorriscleaning.com
---	--------------------------	---------------------	--	--

Products/Services: Janitorial/Office Cleaning Services - Office cleaning & restrooms
 Floor care Services - tile and grout cleaning, terrazzo polishing, waxing and buffing, VCT and concrete
 Construction Cleanup - clean and restore the surfaces to their original intention
 Daycare/Education Cleaning Services - cleaning and disinfecting services
 Window Cleaning - clean windows are a reflection of your business
 Electrostatic Sprayer Cleaning services - kills SARS-COV-2 and 47 other viruses

MWBE

Vetsworks inc	Allen Haynes	585-867-6926	Vetsworks@gmail.com	N/A
----------------------	---------------------	---------------------	----------------------------	---------------------

Products/Services: Residential and commercial cleaning

MBE

Job Training/Career Development

Another Chance Ministries Geared for Grea	Gail Berkes	585-939-4277	Gailberkes@yahoo.com	N/A
--	--------------------	---------------------	-----------------------------	---------------------

Products/Services: Interview attire and On the Job training

MWBE

Ashley R. Cross LLC	Ashley Cross	585-261-0583	ashleyrcross87@gmail.com	www.ashleyrcross.com
----------------------------	---------------------	---------------------	---------------------------------	--

Products/Services: Through dynamic and science-based research, Dr. Ashley Cross provides training and coaching to foster parents, adoptive parents, child welfare workers, social workers, biological parents, organizational leaders, and educators. These trainings empower professionals and parents working with and caring for vulnerable children the evidence-based skills they need to motivate.

MWBE

AVS Consulting Strategies	Annemarie Shepparc	585-509-7135	asheppard@avsconsultingstrategies.	www.avsconsultingstrategies.com
----------------------------------	---------------------------	---------------------	---	--

Products/Services: Career Planning Services: College Essay Assistance, Professionalism Workshops, Resume Writing Workshops, Time Management Workshops, Cover Letter Writing, Student Portfolio Development, Interview Preparation, Elevator Pitch Development, Resume Writing.

MWBE

Changing Hearts and Minds LLC	Natasha Scott	253-222-9728	CHAHEARTSANDMINDS@GMAIL.COI	www.changingmindsandhearts.com
--------------------------------------	----------------------	---------------------	------------------------------------	--

Products/Services: We provide one-to-one coaching, group coaching, mentoring, and professional development for leaders, and special and general education educators. We also provide parent workshops, behavior strategy sessions, and special education paperwork support services.

WBE

CleverEd Solutions	Sarah Demaray	850-570-7257	sarah@cleveredsolutions.com	www.CleverEdSolutions.com
---------------------------	----------------------	---------------------	------------------------------------	--

Products/Services: E-Learning Course Creation, Instructional Design, Learning Experience Design, Learning Needs Analysis, Curriculum and Script Writing, Assessment Creation, Course Creation in Articulate (Storyline and Rise), Courses include Animation, Gamification, Personalization/Branching Scenarios, Feedback, and Performance Tracking.

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Job Training/Career Development

Coach Shep's LLC	Kevan Sheppard	585-509-7137	sheppard11@gmail.com	www.coachshep.com
-------------------------	-----------------------	---------------------	-----------------------------	--

Products/Services: Camp Development Youth mentorship NCAA college preparatory certification Academic advisement Conflict resolution Sports training Event Planning

MBE

Concrete Rose Publications, LLC	Banke Awopetu	832-493-6495	banketheauthor@gmail.com	www.concreterosepublications.com/
--	----------------------	---------------------	---------------------------------	--

Products/Services: Educational Services Curriculum Design Diversity & Inclusion Programming Professional Development Adult learning Facilitation Project Management Entertainment Programming Lesson Plans Equity Diversity Inclusion Training Continuing Education

MWBE

Consult DMC Inc.	Donna Cozine-Mills	845-826-4586	dmc@consultdmc.com	www.consultdmc.com
-------------------------	---------------------------	---------------------	---------------------------	--

Products/Services: Consult DMC, Inc. is a woman owned business that focuses on Creating Organizational Culture to Maximize Leader and Employee Performance. Consult DMC Inc., led by Dr. Donna Marie Cozine, is a values-based, woman-owned, consulting firm created with the objective of developing the next generation of leaders and leadership capability throughout an organization's hierarchy to meet their strategic goals and priorities. Consult DMC, Inc. has extensive experience working in the education and not for profit sectors. Organizational Culture Development, Executive Coaching, Grants Management, Charter School Support.

WBE

Edify Magnify Optimize Consulting, LLC	Sharon Bruce	315-578-4546	sheriibee1@prodigy.net	www.edifymagnify.com
---	---------------------	---------------------	-------------------------------	--

Products/Services: Educational and Career Consulting – Academic and Professional Development Resources, Strategies, Procedures for Post-traditional Learners, Mid-Career Professionals, Military Members/Veterans; B2G, B2B Leadership Training and Decision-making Programs for various disciplines, industries, including Government entities

MWBE

Hoop & Motivate	Johnathan Ivy	585-498-985	norman@wellnessrochester.com	www.hoopandmotivate.com
----------------------------	----------------------	--------------------	-------------------------------------	--

Products/Services: We engage youth through basketball, motivation speaking and community engagements.

MBE

Johnson Consult, LLC	Pamela Johnson	585-754-1391	johnsonpamelad@outlook.com	N/A
-----------------------------	-----------------------	---------------------	-----------------------------------	---------------------

Products/Services: Customized interactive soft skill trainings: Communication, Problem solving, Decision making, Teamwork, Conflict Resolution, and Leadership. • Assist with developing and/or honing in on the participate current skill set in order to use immediately on the job so that businesses can attain and retain a more skilled workforce. Holistic approach during training – Offer community resources based on the participants needs to improve performance while on and outside of the job.

MWBE

- Coach and counsel, the participant in the moment based on my education/personal and professional experiences.

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Job Training/Career Development

Jsay Strategy Solutions	Shelby Boyd	585-450-9484	shelby.boydsb@gmail.com	www.jsaystrategysolutons.com
--------------------------------	--------------------	---------------------	--------------------------------	--

Products/Services: Enrichment workshops and 1-on-1 consultation services

MWBE

Keen Conduct Corp	Stephen Bryant	585-642-9895	bholdhim84@gmail.com	NA
--------------------------	-----------------------	---------------------	-----------------------------	--------------------

Products/Services: Keen Conduct Reentry Services, aims to provide comprehensive support to individuals returning to society after incarceration. We believe that everyone deserves a second chance, and we are committed to promoting Keen Conduct and helping our clients develop the skills and habits they need to succeed in their post-release lives. Our reentry services will include a range of programs and resources designed to support successful reentry. These will include:• Case management services• Job readiness training• Housing assistance• Education and training • Mental health and substance abuse services

MBE

Lemeilleurs School of Beauty Inc	Jade Reed	585-919-9398	Brandonjade2014@gmail.com	N/A
---	------------------	---------------------	----------------------------------	---------------------

Products/Services: Educational services in Beauty

MWBE

Lorraine Bohonos Enterprises	Lorraine Bohonos	585-545-1515	lorrainebohonos@gmail.com	https://homefreeorganize.com/
-------------------------------------	-------------------------	---------------------	----------------------------------	---

Products/Services: Lorraine Bohonos is a passionate and experienced professional organizer based in Rochester, NY. Founded in 2010, Home Free Organize helps individuals and families achieve lasting organization and create functional, beautiful spaces that reflect their unique needs and styles.

WBE

Lujar Art LLC	Cory Wilson	585-738-4449	lujarartllc@gmail.com	www.lujarart.wixsite.com/lujarart
----------------------	--------------------	---------------------	------------------------------	--

Products/Services: I run an art program for individuals with physical and mental disabilities. The program provides transportation and lunch.

MBE

Miss Sweet Potato Pie	Dianne Snowden-Jol	585-527-0655	Info@misssweetpotatopie.com	www.missweetpotatopie.com
------------------------------	---------------------------	---------------------	------------------------------------	--

Products/Services: Children's entertainment, parties, story time, Apparel - t-shirts, book bags, books, music.

MWBE

NL Solutions	Nicolas Lamour	716-603-7900	nicolas@nl-solution.com	www.nl-solution.com
---------------------	-----------------------	---------------------	--------------------------------	--

Products/Services: NL Solutions is committed to:• Consulting on and creating jobs and employment opportunities. • Building community and capacity around inclusive practices. • Expanding purchasing opportunities with local businesses. • Providing companies with unmatched support services. • Helping clients develop strategies that keep them competitive. • Taking the lead in improving operating systems to ensure • Fostering pride and confidence in the workplace. optimal workplace relationships. • Filling all needs of the clients' businesses to achieve success.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Job Training/Career Development

Opportunity Rocs, LLC	Shana Baker	585-730-2421	opportunityrocs@gmail.com	N/A
------------------------------	--------------------	---------------------	----------------------------------	----------------------------

Products/Services: Job Development, Job Placement, Education and Training Exploration and Enrollment, Career Assessment.

WBE

Restart Solutions LLC	Wilfredo Figueroa	407-222-4854	david@restartsolutionsllc.com	N/A
------------------------------	--------------------------	---------------------	--------------------------------------	----------------------------

Products/Services: Sawmill Work, Concrete Contractor, Job Training, Agricultural Manufacturing, General Freight Trucking, stamped concrete, sidewalks, driveways, pole barns, custom woodwork, flooring, CDL certified

MBE

Rochester Construction Training Center	Andrew Evans	585-309-1595	andrew.evans129@gmail.com	www.rochesterconstructiontrainingc.com
---	---------------------	---------------------	----------------------------------	---

Products/Services: Our 90 day program introduces participants to carpentry framing, roofing, windows and doors, OSHA 10 certification, siding, insulation, drywall, masonry, plumbing and electrical. The training also includes heating, sub-floor, and painting. We also invite business to speak to the classes and they sometimes offer jobs on the spot.

MBE

Sankofa Studios	Ya'qub Shabazz	585-867-6752	info@yaqubshabazz.com	www.yaqubshabazz.com/
------------------------	-----------------------	---------------------	------------------------------	---

Products/Services: Art Education, Painting Workshops, DEI workshops, Fine Art, Art Prints, Gift Shop, Online Services, Arts Consulting

MBE

Soulstainable Living LLC	Tokeya Graham	585-362-1715	tokeya@soulstainableliving.com	www.soulstainableliving.com
---------------------------------	----------------------	---------------------	---------------------------------------	---

Products/Services: Educational Consulting (PK-20+)Racial Equity ConsultingEducational Resource Development

MWBE

Spark Speak LLC	Maria Sepulveda	207-653-5519	maria@sparkspeakroc.com	www.sparkspeakroc.com
------------------------	------------------------	---------------------	--------------------------------	---

Products/Services: Spark Speak offers both workshops for large groups and coaching sessions for individuals or small groups. We cover a variety of public speaking topics, including presentations, interview preparation, and interpersonal communication.

WBE

The Art Administrators	Elizabeth	Cam585-298-7361	elizabeth@theartadministrators.com	www.theartadministrators.com
-------------------------------	------------------	------------------------	---	---

Products/Services: Arts and administrator consultation

WBE

Job Training/Career Development

TLC ConsultED LLC	Tricia Crissman	585-615-5648	triciacrissman@tlcconsulted.com	www.tlcconsultED.com
--------------------------	------------------------	---------------------	--	---

Products/Services: Training and Professional Development (CDA - child care; Teacher Assistant, Leadership, Diversity, and custom training for businesses, child care, schools and colleges

WBE

Totally You-nique Educational Consultants, Pamala Brown-Grini	585-454-9827	consult@totallyyou-nique.com	www.totallyyou-nique.com
--	---------------------	-------------------------------------	---

Products/Services: Provide training and coaching in the following areas: professional management and development, child & youth services, charm & etiquette, professional/scientific/technical services, management & consulting services, vocational/rehabilitation services, workforce development, life skills, re-entry, leadership, and personal/social skill development

MWBE

Virtual Work Force Inc.	Dshawna Dupree Sir	585-370-6922	ddupree@virtualworkforceinc.com	www.virtualworkforceinc.com
--------------------------------	---------------------------	---------------------	--	---

Products/Services: Business Development Services Marketing Services Graphic Design Services Office Administration Services M/WBE Certification Guidance

MWBE

Visions School Of Beauty	Kenisha June	585-370-1838	visionschoolofbeauty@yahoo.com	www.visionschoolofbeauty.com
---------------------------------	---------------------	---------------------	---------------------------------------	---

Products/Services: We are a cosmetology School that offers two programs, Cosmetology (1000 clock in hours) and Natural Hair Care (300 clock hours). This curriculum does not only prepares students for the NYS board exam but also will enhance beauty professionals with business skills that'll prepare them on a successful journey in the hair and beauty industry.

MWBE

Wariebi & Associates, LLC	Stanley Ekiyor	585-478-9372	wariebi2001@yahoo.com	N/A
--------------------------------------	-----------------------	---------------------	------------------------------	----------------------------

Products/Services: Educational Consultant for TOC II Students: 1. Facilitate professional development workshops on classroom behavior management, 2. Host monthly sessions for graduate students who are teaching in area schools. 3. Mentor students preparing for careers in teaching, and 4. Serve as a recruiter for the TOC II program at Nazareth College.

MBE

Your Inner Dreams Life Coaching	Elisa DeJesus	585-260-3341	lisab1@rochester.rr.com	www.yourinnerdreams.com
--	----------------------	---------------------	--------------------------------	---

Products/Services: Individual Life Coaching Group Life Coaching Personal Growth Workshops Motivational Presentations Book Discussion Groups Online Interest Groups

MWBE

Landscaping, Mowing, & Snow Removal

Bartlett Lawn and Landscape	Nicole Bartlett	585-727-5032	bartlettlawnandlandscape@gmail.com	www.bartlettlawnandlandscape.com
------------------------------------	------------------------	---------------------	---	---

Products/Services: Landscape Design, Landscape Consultations, Landscape Installations, Lawn Maintenance, Landscape Supplier

WBE

Landscaping, Mowing, & Snow Removal

Chris Lawn-n-Plow Care	Christopher Gayden	585-317-5099	danky25@gmail.com	<u>N/A</u>
-------------------------------	---------------------------	---------------------	--------------------------	----------------------------

Products/Services: Lawnsaping and snow plowing to churches apartment complexes and individual contracts

MBE

Colossal Landscaping LLC	DeWayne Rose	585-447-9166	ColossalHRandlandscaping@gmail.c	<u>N/A</u>
---------------------------------	---------------------	---------------------	---	----------------------------

Products/Services: landscaping services

MBE

Girl Plower Landscaping	Bianca DiBello	585-737-5870	gina@girlplower.com	<u>www.girlplower.com</u>
--------------------------------	-----------------------	---------------------	----------------------------	---

Products/Services: Commercial and residential Snow removal and salting, commercial and residential landscaping, hardscaping, contracting, concrete

WBE

Hooty's Landscaping LLC	Brandon Ayala	585-354-2738	info@hootysexcavating.com	<u>www.hootysexcavating.com</u>
--------------------------------	----------------------	---------------------	----------------------------------	---

Products/Services: Excavating, Demolition, Trucking (sand, gravel, topsoil)

MBE

Pineda Property Maintenance	Peter Pineda	585-520-6627	pinedaproperties@yahoo.com	<u>N/A</u>
------------------------------------	---------------------	---------------------	-----------------------------------	----------------------------

Products/Services: Spring/fall cleanup, trimming, pruning, garden installs, plant/tree/shrubs removal, debris removal, mulch installation, pressure washing, gutter cleaning, Christmas lighting installs, sod installs.

MBE

Thomas Brothers Landscape and Design L	Philip Thomas		thomasbrotherslandscape@gmail.com	<u>N/A</u>
---	----------------------	--	--	----------------------------

Products/Services: Mowing lawns , trimming bushes, topsoil, mulch , stone, planting , edging, paver patios, leaf clean ups , plowing, weeding, pretty much all aspects of landscaping

MBE

Top Lawn and Landscape	Alicia Ophardt	585-703-3279	office@toplawnlandscapes.com	<u>www.toplawnlandscapes.com</u>
-------------------------------	-----------------------	---------------------	-------------------------------------	---

Products/Services: Lawn Care, Lawn maintenance, landscaping, snow plowing

WBE

Landscaping, Mowing, & Snow Removal

Tree Remedy Trims and Removal, LLC	Christie Katerle	584-967-7286	treeremedytrimsandremoval@gmail.c	N/A
---	-------------------------	---------------------	--	----------------------------

Products/Services: Tree trimming and tree removal

WBE

White Boyz Snow Plowing & Landscaping L	Kevin White	585-414-2599	kwhite.sons@gmail.com	NA
--	--------------------	---------------------	------------------------------	---------------------------

Products/Services: Lawn mowingEdge trimmingLow hanging tree limbs pruningMulchingWeedingFall/ spring cleanupSnowplowing parking lot, driveway, sidewalk

MBE

Legal Services

J. Morgan Levy Firm, PLLC	Jennifer Levy	585-678-1160	morgan@jmorganlevyfirm.com	www.jmorganlevyfirm.com
----------------------------------	----------------------	---------------------	-----------------------------------	---

Products/Services: Legal Services

WBE

Law Office of Charu Narang	Charu Narang	646-234-9500	charunarang@aol.com	N/A
-----------------------------------	---------------------	---------------------	----------------------------	----------------------------

Products/Services: business law, contracts law, family law, immigration law, legal counsel, patent law, trademark law, copyright law

MWBE

Maye Mediation, LLC	Chenoa Maye	585-806-5090	chenoa@mayemediation.com	www.mayemediation.com
----------------------------	--------------------	---------------------	---------------------------------	---

Products/Services: Alternative dispute resolution practice specializing in mediation services for matrimonial and family (law) matters.

MWBE

Nearpass & Koegel PLLC	Catherine Nearpass	585-204-2029	kate@nearpasskoegel.com	www.nearpasskoegel.com
-----------------------------------	---------------------------	---------------------	--------------------------------	---

Products/Services: Impartial fact-finding and investigation services into allegations of misconduct, including discrimination and harassment, in a workplace.

WBE

The Law Firm of Janice M. Iati, P.C.	Janice Iati	585-454-6850	jiati@janiceiati.com	www.janiceiati.com
---	--------------------	---------------------	-----------------------------	---

Products/Services: The Law Firm of Janice M. Iati, P.C. has provided legal services in civil litigation and investigations since its inception in 2008. The Firm focusing on trial defense litigation in all levels of state, federal, and appellate courts. The cases involve negligence, premises liability, contracts, products liability, and construction matters including New York State Construction Labor Laws. The firm also conducts legal training sessions for their corporate clients.

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Legal Services

The Law Offices of Gregory Paul Salmon, P	Gregory Salmon	585-360-0940	thesalmonlawfirm@gmail.com	www.gregorysalmon.com
--	-----------------------	---------------------	-----------------------------------	--

Products/Services: Legal Services, General Counsel, Litigation, Tax Services, Business Advisory, Legal Consultation

MBE

The Zoghlin Group, PLLC	Mindy Lee Zoghlin	585-305-4108	mindy@zoglax.com	www.ZogLaw.com
--------------------------------	--------------------------	---------------------	-------------------------	--

Products/Services: The Zoghlin Group PLLC and its principals have experience representing municipalities, individuals, groups and business clients regarding:• Planning, Zoning and SEQRA;• Federal and State Court litigation;• Appellate counsel;• Municipal law;• Environmental Law;• Representation before regulatory agencies;• First Amendment matters; and• Ethics matters.

WBE

Vahey Law Offices, PLLC	Laurie Vahey	585-262-5130	service@vahey.com	www.vahey.com
--------------------------------	---------------------	---------------------	--------------------------	--

Products/Services: Legal services and representation. The practice areas the firm specializes in are business and commercial disputes, civil litigation, construction litigation, employment litigation, insurance coverage and defense, personal injury and professional defense.

WBE

Vivek J. Thiagarajan, Esq., Attorney-At-Law	Vivek Thiagarajan	804-432-1576	vjthiagarajan@gmail.com	N/A
--	--------------------------	---------------------	--------------------------------	---------------------

Products/Services: Legal services

MBE

Machine Shop/Tooling

The Accurate Tools Shop, LLC	Temidayo Adebayo	585-254-2830	sales@accuratetoolny.com	www.accuratetoolny.com
-------------------------------------	-------------------------	---------------------	---------------------------------	--

Products/Services: Machining, Welding, Fabrication & Assembly of custom design.

MBE

Marketing/Public Relations/Advertising

ACE Transactions LLC	David Bryant	585-210-5828	David@acetractions.org	N/A
-----------------------------	---------------------	---------------------	-------------------------------	---------------------

Products/Services: Lead Generation; Marketing; Media Placement: Radio, TV, Digital; Word press; Website Design & Development

MBE

All Pro Catalyst Inc.	Roland Williams	636-368-6920	roland.williams@allprocatalyst.com	www.allprocatalyst.com
------------------------------	------------------------	---------------------	---	--

Products/Services: Sales, Public Relations, Marketing and Consulting

MBE

Marketing/Public Relations/Advertising

All Pro Marketing	Stephanie Armstrong	585-775-9625	stephanie.armstrong@allpromarketing.com	www.allpromarketingusa.com
--------------------------	----------------------------	---------------------	--	---

Products/Services: Digital Marketing, Event Production, Influencer Marketing, Celebrity Appearances, Email Marketing, Social Media Marketing, Search Engine Marketing, Search Engine Optimization, Content Marketing, Website Development

WBE

Aurora Design	Katy Kuczek	585-500-5740	katy@katykuczek.com	www.katykuczek.com
----------------------	--------------------	---------------------	----------------------------	---

Products/Services: Brand development, creative direction, art direction, graphic design, copywriting, content development, websites, print advertising, digital advertising, campaigns, marketing, print collateral, magazines, newsletters, trade show displays, environmental graphics, social media, videos.

WBE

Avenue Blackbox Theatre Inc	Reenalda Golden	585-298-2698	theavenueblackbox@gmail.com	avenuetheatre.org
------------------------------------	------------------------	---------------------	------------------------------------	---

Products/Services: Live Performances Film Screenings Multidisciplinary Arts education and training After and out of school programming for youth Community engagement events Healing arts and wellness programs

MWBE

Build Your Health LLC	Kavon Chatman	585-806-6082	traviskavon@gmail.com	www.byhmedia.co
------------------------------	----------------------	---------------------	------------------------------	---

Products/Services: Build Your Help LLC offers comprehensive marketing services for B2C commerce brands. We manage Google Ads, Facebook Ads, and TikTok Ads, focusing on keyword research, ad creation, budget optimization, and performance tracking. Our social media marketing includes strategy development, content creation, engagement tactics, and analytics. We provide consulting for marketing strategy, SEO, SEM, and e-commerce optimization. Additionally, we offer email marketing, website design and maintenance, graphic design, video production, and training workshops.

MBE

Designs by Pelham LLC	Pehlam Wilkerson	518-370-6427	designsbypelham123@yahoo.com	www.designsbypelham.com
------------------------------	-------------------------	---------------------	-------------------------------------	---

Products/Services: Marketing, outdoor advertising, signage

MBE

Drumgirl Marketing	Alecia Peterson	607-348-4469	alecia@drumgirlmarketing.com	https://drumgirlmarketing.com/
---------------------------	------------------------	---------------------	-------------------------------------	--

Products/Services: Marketing & Sales Strategy Experiential Marketing (booth help, event marketing, and strategy & overall implementation) Digital Marketing (strategy & implementation) Integrated Marketing Communications Consulting White Label Solutions

MWBE

e3 Corporate Solutions, LLC	Colleen McClaine	518-312-9194	colleen@e3corporatesolutions.com	www.e3corporatesolutions.com
------------------------------------	-------------------------	---------------------	---	---

Products/Services: e³ corporate solutions is a women-owned, project management firm specializing in the design, production and execution of trade show exhibits, corporate events and environments. Our corporate event marketing clients depend on e³ for creative solutions to exhibit their brand at trade shows worldwide, we assume a vital role in producing and hosting memorable events. This work allows us to immerse ourselves in the nuances of representing our clients' brand, making e³ a natural fit for reinventing the functionality of any space or environment to accommodate the specific needs of each client.

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Marketing/Public Relations/Advertising

elssus, LLC	Lori Sussle	215-378-5151	lori@elssus.com	www.elssus.com
Products/Services: WBE	Expertise spans communications including public and media relations, strategic, internal and crisis communications, ghostwriting and more. Lori uncovers unique stories and connects the dots to craft compelling narratives to engage the media and target audiences. This link provides a comprehensive overview: https://elssus.com/services			
EverMore Marketing Solutions	Danielle Parkhurst	585-727-1109	danielle.parkhurst@evermorems.com	www.evermoremarketingsolutions.c
Products/Services: WBE	Creative Strategy & Development, Research, Production & Content Creation, Media Planning & Buying and Data & Analytics.			
Frameworks Creative	Suzanne Rodriguez	607-221-6020	suzanne@mybrandframework.com	www.mybrandframework.com
Products/Services: WBE	Custom Photography for Businesses and Organizations Logo development Messaging Marketing Consulting Marketing Class Instruction			
Fullknot Media	Brandy Sherice-Lake	585-201-2897	Brandy.Madera@gmail.com	www.fullnotmedia.com
Products/Services: MWBE	Branding, Content Writing, Digital Marketing, Marketing, Non-Profit, Public Relations, Social Media Services			
Impact Consulting Enterprises LLC	Cheryl McCants	973-337-2028	cmccants@eimpactconsulting.com	www.eimpactconsulting.com
Products/Services: MWBE	public relationscommunity outreachmarketingadvertisinggraphic designwebsite design and developmentsocial media managementdigital marketing campaignsmedia relationsstrategic communicationmarket researchbusiness strategycreative innovationstrategic growth strategiespredictive analytics			
Indigo 15, LLC	Sherry Jackson	585-746-3485	sherry@indigo15.com	www.indigo15.com
Products/Services: MWBE	Services include strategic communications, public relations counsel, social media and website management, media relations, promotions, event planning, community engagement and more.			
Iron Sharpens Iron LLC	Quentin Gause	585-201-0982	qgause@ironvisuals.com	N/A
Products/Services: MBE	Iron Sharpens Iron LLC is 100% minority owned. We help brands with their digital marketing, we also help companies with corporate wellness, and we sell dietary supplements to universities.			

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Marketing/Public Relations/Advertising

Jay Diamond	Roland Williams	310-883-5560	roland.williams@jaydiamondusa.com	www.jaydiamondusa.com
--------------------	------------------------	---------------------	--	---

Products/Services: AI Automation, Augmented/Mixed Reality, Brand Strategy, Celebrity/Influencer Procurement, Content Creation, Creative Services, Data Analytics, DEI Consulting, Digital Marketing, Events & Sponsorship, Market Research, Media Planning & Buying, Sports Marketing, Multicultural Marketing, OOH/In Venue, Public Relations, Social Media Marketing, Supplier Diversity, Video & Audio Production, Web Development

MBE

JDW Press	Hope Washington	585-625-8177	haworthington@jdwpress.com	www.jcsmithinc.com
------------------	------------------------	---------------------	-----------------------------------	---

Products/Services: Marketing consulting and Copywriting

MWBE

Lake Effect Graphics LLC	Kyle Flaherty	585-364-8877	lakeeffectgraphics@gmail.com	https://lakeeffectgraphics.com
---------------------------------	----------------------	---------------------	-------------------------------------	--

Products/Services: Custom vehicle wraps (vinyl color changes and vinyl graphics), Fleet graphics, business windows and walls

MBE

Lime Creative LLC	Reagan Burns	607-592-9254	reaganburns8@gmail.com	www.reaganburns.com
--------------------------	---------------------	---------------------	-------------------------------	---

Products/Services: Marketing services, including branding, website design, digital marketing, graphic design, SEO and online marketing and social media advertising, festival and event marketing, WordPress maintenance and social influencer marketing.

WBE

Linden Digital Marketing	Lindsay Connelly	860-550-5343	lindsay@lindendigitalmarketing.com	www.lindendigitalmarketing.com/
---------------------------------	-------------------------	---------------------	---	---

Products/Services: We offer our digital marketing services in simple, straightforward service packages that are customized to guide you through these stages of growth, no matter what stage you are in. By offering our services in packages we offer flexibility in the different tactics we manage for you, while providing quality and consistency structured to your unique growth goals. Digital Marketing Services Web Development Creative Services Printed Media

WBE

Mancini Public Relations	Christina Mancini	585-747-8464	christina@mancinipublicrelations.com	www.mancinipublicrelations.com
---------------------------------	--------------------------	---------------------	---	---

Products/Services: Public Relations; Fundraising Strategy & Coaching; Non-Profit Management Consulting; Strategic Planning; Media Relations;

WBE

Media Connection, LLC	Gloria Smith	585-381-9710	gloria@themediacconnection.net	www.themediacconnection.net
------------------------------	---------------------	---------------------	---------------------------------------	---

Products/Services: Full-service marketing and media buying services including digital marketing, traditional advertising and marketing, website development, drone photography, video production, radio, to, out-of-home advertising, cpc, social media marketing.

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Marketing/Public Relations/Advertising

Media Impressions Limited	Patty Carroll	585-203-1165	pcarroll@media-impressions.com	N/A
----------------------------------	----------------------	---------------------	---------------------------------------	----------------------------

Products/Services: Media planning and buying (TV, Radio, Outdoor, Digital social etc.)

WBE

Metrix Marketing, Inc.	Kathleen Driscoll	585-802-4933	driscoll@metrix-marketing.com	www.metrix-marketing.com
-------------------------------	--------------------------	---------------------	--------------------------------------	---

Products/Services: Metrix Marketing provides clients with a wide range of advertising services, including market research, strategic planning, advertising, public relations, guerrilla marketing and media buying, to help them achieve their marketing objectives. For some clients, Metrix' role is akin to an external marketing department, working with planning, strategy and execution. For other clients, Metrix puts staff in the field, meeting with prospective customers and making the case for the client directly.

WBE

Moxie Creative Studios	Rubi Rodriguez	585-259-3489	rubi@moxiecreativestudios.com	www.MoxieCreativeStudios.com
-------------------------------	-----------------------	---------------------	--------------------------------------	---

Products/Services: Moxie Creative Studios provides social media marketing, content marketing, branding, website development, email marketing, event planning, event marketing, ad campaigns, search engine optimization, influencer marketing and user generated content marketing.

MWBE

On The Move Contracting Services	Maat Reed	585-861-9500	maat@onthemovecs.com	www.onthemovecontractingservices.com
---	------------------	---------------------	-----------------------------	---

Products/Services: On The Move Contracting Services is a full-service advertising agency, including production, social media, and all media placements. We also utilize our M/WBE certification to create channel partnerships as a reseller for digitalization, elevator parts and we are on the NYS contract as a reseller for janitorial supplies and equipment.

MWBE

Open Mic Communications	Waymon Daniels	585-524-9997	danielswaymon248@yahoo.com	ww.openmiccommunications.com
--------------------------------	-----------------------	---------------------	-----------------------------------	---

Products/Services: Consulting/workshops/Public speaking

MBE

Outright Agency	Darin Ruchirek	240-462-5311	darin@weareoutright.com	www.WeAreOutright.com
------------------------	-----------------------	---------------------	--------------------------------	---

Products/Services: Graphic Design, Advertising, Branding, Video Production, Website Design, UX Design

MWBE

Phu Concepts Inc	Latrell Liptot	585-402-8459	management@phuconcepts.com	www.phuconcepts.com
-------------------------	-----------------------	---------------------	-----------------------------------	---

Products/Services: Minority owned, Multi Cultural Diversity, Website design and development Marketing / Printing / Hosting / graphic design / Web development / Social media Marketing / CMS / Web application development

MBE

Name	Contact	Phone	E-Mail	Website
Marketing/Public Relations/Advertising				
Rochester Artist Collaborative	Adam Eaton	585-500-7023	adame52555@yahoo.com	www.rochesterartistcollaborative.co
Products/Services: MBE	Membership - Artist and Model Directory - Collaboration Opportunities - Networking and Events Workshops and Classes Exhibitions and Events Creative and Professional Services Photography and Videography Graphic Design Event Management			
Serve Me the Sky Digital	Emily Hessney Lync		emily@servemethesky.com	www.servemethesky.com
Products/Services: WBE	Social media consulting -- strategies, audits, 1:1 consultations, and workshops.Content writing -- blog posts, brochures, email newsletters, website copy, etc.			
Seven Affiliates, LLC	Lindsy Flynn	585-899-9913	lindsiflynn1@gmail.com	N/A
Products/Services: MWBE	Market Research:Strategic Planning:Brand Development:Digital Marketing:Advertising:Public Relations (PR):Content Creation:Web Development:Social Media Management:Event Marketing:Marketing Automation:Analytics and Data Analysis:Strategic Partnerships:Employee Training:			
Sparks + Sullivan LLC	Gwen Sparks	503-927-4251	ryan@sparkssullivan.com	www.sparkssullivan.com
Products/Services: WBE	Research, Strategy and DesignRESEARCH: Human-centered Research, Visitor and User Research, Insights and Synthesis, Experience Mapping, Prototyping and TestingSTRATEGY: Brand Positioning and Strategy, Holistic Visitor Experience Plans, Experience Frameworks and Journeys, Marketing and Communication Plans, Launch/Go-to-Market Plans, Strategic PlansDESIGN: Brand Identity Environments Wayfinding Activations and Campaigns, Cartography and Map Design, Data Visualization and Infographics			
SRGMF LLC	Shawn Goburn	585-309-6300	shawn.gee@srgmf.com	www.srgmf.com
Products/Services: MBE	Brand Consulting, Market Consulting, Promotion, Event Planning, Advertising Video, Graphic Design, Web Development			Media Services - Photo,
Toggle Comms, LLC	Shelia Dunne	585-645-8237	sheila@togglecomms.com	www.togglecomms.com
Products/Services: MWBE	Toggle elevates your brand's presence and clears obstacles hindering your marketing objectives. Our wide range of marketing and creative services encompasses ad creation, social media design, brand development, concept ideation, video production, digital marketing strategy, and AI-enhanced creative content. Additionally, we generate insightful thought leadership and competitive intelligence analyses. By customizing our offerings to align with your specific requirements, we deliver distinctive solutions that resonate with your brand's unique identity.			

Name	Contact	Phone	E-Mail	Website
Marketing/Public Relations/Advertising				
VitalUP Marketing	Krishan Jhalani	917-353-1709	krishan@vitalupmarketing.com	www.vitalupmarketing.com
Products/Services:	Digital Marketing, Website Development, Google Search Marketing, Paid Social Media Advertising, Social Media Marketing, Email Marketing, Influencer Marketing, Content Creation, Photography, Videography, Conversion Rate Optimization, Website Data Analysis, Mobile app development			
MBE				
Webbestry LLC	Jalynn Webb	585-317-9051	webbjalynn@gmail.com	www.webbestry.com
Products/Services:	Graphic Design, Logo Design, Web Development (Front-End), Web Hosting, Website Management, Social Media Management, Video Editing, IT Support, and Brand Consulting.			
MWBE				
Mechanical Services				
Ronnie Lott's Place	Ronald Muhammad	595-465-6940	ronmuhammad3@gmail.com	N/A
Products/Services:	Housing maintenance repair and small engines repair			
MBE				
Medical Equipment & Supplies				
CARA Medical	Marie Rabin	716-838-2360	mrabin@cara-medical.com	www.cara-medical.com
Products/Services:	Healthcare FurnitureDiagnostic EquipmentEmergency EquipmentLaboratory EquipmentPersonal Protection EquipmentRehabilitation EquipmentHealthcare Sundries			
WBE				
J2 Medical Supply Inc.	Roland Williams	310-883-5560	sales@j2medicalsupply.com	www.J2MedicalSupply.com
Products/Services:	COVID-19 Antigen Rapid Test		N95 Respirator MasksKN95 Respirator Masks3-Ply Face	
MBE	Masks		Nitrile Examination GlovesVinyl Examination	
	Gloves	Walkers and CrutchesIsolation GownsSurgical GownsHand Sanitizer		
Nu-Life Medical Equipment and Supplies, In	Shamim Malik	585-672-5105	nulifemedical12@gmail.com	www.nulifemedicalsupplies.com
Products/Services:	Breast Pumps fully or partially covered by insurance, bed and bath safety, compression stocking, etc.			
MWBE				
United Oxygen and Medical Equipment, Inc.	Antonietta Nolletti	585-507-5804	toni@unitedoxygenandmedical.com	www.unitedoxygenandmedical.com
Products/Services:	Rental and purchase of stationary oxygen concentrators, portable oxygen concentrators, in-home hospital beds and accessories, Capp machines and supplies, Lift chairs, Diabetic shoes, nebulizers, incontinence products, bath safety items, aids to daily living, Canes and crutches, compression stockings and wraps, scooters, manual and power wheelchairs, walkers and rollators, orthopedic bracing, sanitizers.			
WBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Medical Services

A Touch of Love Nursing	Andra Moody	585-309-0553	andra@atouchoflovenursing.com	N/A
--------------------------------	--------------------	---------------------	--------------------------------------	----------------------------

Products/Services: Home care- comig to clients homes and providing nursing care
Trach care- cleaning and changing. Preforming suctioning as needed
MWBE ADL- cleaning, feeding and providing medication
Lymphatic massages- helping fluid move to be release from ones body

Family Health NP Practice, P.L.L.C.	Beverly Whyte	585-309-1745	familycarenursingpractice@outlook.c	www.fhnursingpractice.com
--	----------------------	---------------------	--	---

Products/Services: The practice provides healthcare services to different patient populations: children and adults. This includes but is not limited to physical exams, routine screenings, and immunizations, health and wellness counseling, and the management of chronic medical conditions such as hypertension, hyperlipidemia, diabetes, chronic pain, substance use disorder, etc.- Telemedicine- House call visits
MWBE

Priority Cares Home Services LLC	Ezekiel Olaniyi	347-985-3863	prioritycareshome@gmail.com	www.prioritygroups.org
---	------------------------	---------------------	------------------------------------	---

Products/Services: CDPAP Caregiving Service,Residential, Commercial, Construction, and heavy-duty Cleaning,Medical Billing Service
MBE

Universal Care Services, LLC	Mildred Strader	585-230-0790	localcarecompanions@gmail.com	www.Universalcareservicellc.com
-------------------------------------	------------------------	---------------------	--------------------------------------	---

Products/Services: In-home care services are provided by a caregiving professional who will assist with ADLs. These activities of daily living include;Meal Planning & PreparationShopping & ErrandsAccompany to Doctors appointmentHousekeeping, Stripping the beds & LaundrySet up and Monitoring of Bathing & DressingCompanionship, Mental StimulationSpecialized Alzheimer's Caregivers / Dementia CaringEncouragement & monitoring of exercisesOvernight ServicesRespite careAssistance with Physical Therapy routineStaffing Services
MWBE

Wildflower Birth Support, LLC	Bridget Strub	585-880-5387	bridgetthedoula@gmail.com	www.wildflowerbirth.co
--------------------------------------	----------------------	---------------------	----------------------------------	---

Products/Services: Birth doula servicesBaby gear/equipment rentals such as bassinets, folding cribs, high chairs, car seatsHospital-grade (multi-use) breast pump rentals (Medela Symphony PLUS)Inflatable birth pools ("Birth Pool in a Box")Perinatal education (childbirth prep, infant care, postpartum prep, etc.)
WBE

Miscellaneous Services

Lear Stables LLC	Amy Lear	585-764-8759	amylear@writeme.com	www.learstables.com
-------------------------	-----------------	---------------------	----------------------------	---

Products/Services: Lear Stables LLC offers horseback riding lessons, horse training and horse sales in Honeoye Falls, NY. We teach lessons to students of all ages and abilities how to safely ride horses and compete with them. We also offer training services for horses who have never been ridden or who have behavioral problems, and offer sales of well trained riding horses.
WBE

Office Supplies/Equipment/Furniture

Office Supplies/Equipment/Furniture

ACH Transportation LLC	Benjamin Hawkins	585-415-3525	bhawkins@achtransportation.com	achtransportation.com
-------------------------------	-------------------------	---------------------	---------------------------------------	--

Products/Services: PPE supplies, office supplies, janitorial and cleaning supplies .

MBE

B & W Supply	Rebecca Benjamin	607-273-5300	hbenj@bwsupply.com	www.bwsupply.com
-------------------------	-------------------------	---------------------	---------------------------	--

Products/Services: Commercial Foodservice Equipment (Ovens, Refrigeration, Mixers, etc.) and Supplies, Smallwares, Janitorial & Paper Supplies

WBE

Cueva Contract Inc. dba Interior Innovation	Laura Cueva	315-793-7577	chris.compeau@iicontractfurniture.cc	www.iicontractfurniture.com
--	--------------------	---------------------	---	--

Products/Services: Furniture solutions to fit every space. And every need. Cubicles, Private Offices, Lounges, Moveable walls, Glass walls, Ergonomic Products, Seating, Fixed seating, Height Adjustable

MWBE

Intivity, Inc.	Fabarico Morales	585-737-6638	fmorales@intivity.com	www.intivity.com
-----------------------	-------------------------	---------------------	------------------------------	--

Products/Services: Office Supplies, Janitorial Supplies, Breakroom/Coffee, Printing Supplies, Signage, Promotional Products, Office Furniture, Architectural Walls, Ancillary Furniture, Workstations
 Industrial Supplies: Hand Tools, Power Tools, Plumbing, Fasteners, Lighting, Material Handling, Safety Supplies
 Services: Space planning, Project Management, Move/Relocations, Design Services, Warehousing, Tear-down & Disposal.

MBE

Photikon Corporation	Mary Condon	585-421-0540	mjcondon@photikon.com	www.photikon.com
-----------------------------	--------------------	---------------------	------------------------------	--

Products/Services: Office imaging equipment and supplies including printers, copiers and fax machines. Supplies include original and high quality compatible toner and inkjet cartridges for all major branded devices.

WBE

S&B Computer & Office Products, Inc.	Seema Nepal	518-877-9500	seema@sbcomputers-office.com	www.sbcomputers-office.com
---	--------------------	---------------------	-------------------------------------	--

Products/Services: S&B can provide everything to keep your office running, this includes: Office supplies & Furniture (includes breakroom and janitorial supplies) Promotional products (we can brand or message just about anything) K-12 School supplies Industrial Supplies

MWBE

SandBox Union LLC	Tiffany Organisciak	585-278-8696	tiffany@sandboxunion.com	https://sandboxunion.com/
--------------------------	----------------------------	---------------------	---------------------------------	---

Products/Services: Our SBU consultants believe nothing is impossible. If you have a vision of how your business should run, our consultants and software developers can bring your ideas to life. Take your software to the next level. SandBox Union can support, maintain, evolve & advance your current business software. We provide expert, unbiased recommendations for the future that help you get the best performance and most value from the systems you rely on for your daily operations by publishing and maintaining in the cloud via AWS or Microsoft Azure.

MWBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Office Supplies/Equipment/Furniture

Seating Inc.	Judy Hart	585-468-2875	jhart@seatinginc.com	www.seatinginc.com
---------------------	------------------	---------------------	-----------------------------	--

Products/Services: Built to order chairs, made in NY. Task chairs, desk chairs, ergonomic chairs, conference chairs, guest chairs, stacking chairs, benches, 24.7 chairs, stools, 24.7 stools, executive chairs, leather chairs, classroom chairs, healthcare chairs, waiting room chairs, heavy duty chairs.

WBE

Teltech Communications	Lisa Hanlon	970-390-1658	LHANLON@TELTECH.COM	www.teltech.com
-------------------------------	--------------------	---------------------	----------------------------	--

Products/Services: 3PL Forward & Reverse Logistics/Supply Chain Solutions, Talent Resourcing, Asset Management, Technology Solutions, Equipment Sales, Network Deployment, Equipment Recycling

MWBE

Ziske-Kraftwerks, Inc.	Anne Marie Ziske	716-285-4984	annmariez@kraftwerks.net	www.kraftwerks.net
-------------------------------	-------------------------	---------------------	---------------------------------	--

Products/Services: Shelving, Racks, In-Plant Offices, Demountable Walls, Storage Systems, Casework - Wood, Casework - Steel/Metal, Fume Hoods, Base - Cabinets, Bio-Safety Cabinets, Safety Cabinets, High Density Storage, Mobile-Aisle Storage, Modular Drawers Storage, Workstations, Workbenches, Carts, Materials Handling Equipment, Metal Partitions, Weapons Lockers, Gear Lockers, Tenant Lockers, School Lockers, Wire lockers, Wire Cages, Wire Partitions, Wire Enclosures, Vertical Storage Unit-(VSU), Carousel, Mezzanines, Operable Partitions, Folding Partitions, Display Cases, White Boards, Gym Equipment

WBE

Pest Control

Innovative Pest Management, Corp	Kennedy Brayboy	585-474-0025	innovativepestcorp@gmail.com	www.ipmroc.com
---	------------------------	---------------------	-------------------------------------	--

Products/Services: Innovative Pest Management Corp offers exterminating and pest control services to families and businesses in the Greater Rochester, NY Area. We employ a great many common-sense techniques. We recognize that each situation may require special attention, whether it's protecting your child's school or daycare or making sure that your favorite restaurant is pest free. Our qualified staff will deliver the most effective and least obtrusive pest removal methods specific to your needs.

MBE

Lady Bugs All Pest Solutions, Inc.	Suzanna Dutro	585-645-3613	SuzannaDutro@gmail.com	www.ladybugsallpestsolutions.com
---	----------------------	---------------------	-------------------------------	--

Products/Services: Residential and Commercial Pest Control services including, but not limited to: rodent, bird, flying insects, bed bugs, food service audits, roaches, wildlife.

WBE

Pharmacy Services

Correct Rx Pharmacy Services, Inc.	Ellen Yankellow	443-557-0100	eyankellow@correctrxpharmacy.com	www.correctrxpharmacy.com
---	------------------------	---------------------	---	--

Products/Services: Institutional pharmacy services to correctional facilities

WBE

Photography

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Photography

Flood and Flood Photography and Videogra	Bettie Flood	585-427-7460	jflood@floodandfloodpro.com	www.floodandfloodpro.com
---	---------------------	---------------------	------------------------------------	---

Products/Services: Flood and Flood provides a number of quality services to the business community and the public in Photography, Videography, Aerial photography, Focus Group Sessions and Research and Development. We are a minority Owned Small Business with over 18 years of experience.

MBE

Glorious Images	Glory Harris	585-622-4492	Gloriousbygh@gmail.com	GloriousImages.com
------------------------	---------------------	---------------------	-------------------------------	---

Products/Services: Provides photography services for the following; Events, headshots, children, family, senior portraits, prom, couples, branding/marketing, portraits, and real estate

MWBE

Heather Bellini Photography, LLC	Heather Bellini	716-909-5541	hbelliniphoto@gmail.com	www.heatherbelliniphotography.com
---	------------------------	---------------------	--------------------------------	---

Products/Services: Commercial Photography, Headshot & Portrait Photography, Event photography

WBE

Lindsey E Card Media LLC	Lindsey Card	(315) 359-3112	lindseyecard@gmail.com	www.lindseyecard.com
---------------------------------	---------------------	-----------------------	-------------------------------	---

Products/Services: My company uses unique professional photography images tailored to each project's needs: Wedding Photography Product Photography Event Photography Food photography Corporate Photography Commercial Photography Family photography Social Media Management

WBE

Molaire Consulting LLC DBA Mike Molaire	Michel Molaire	585-317-1383	mike@mikemolairefineart.com	https://www.mikemolairefineart.com/
--	-----------------------	---------------------	------------------------------------	--

Products/Services: fine art photography for commercial and residential spaces, wearable art products, photographic services, residential and commercial on location photoshoots

MBE

Natalie Fox Photography LLC	Natalie Fox	646-598-1186	hello@nataliefox.com	www.nataliefox.com
------------------------------------	--------------------	---------------------	-----------------------------	---

Products/Services: Photographic Services: Editorial, Families, Portraiture, Events, Products, Food and Beverage, Boudoir, Street,

WBE

Nii Mayor Photography	Alfred Okai	585-719-9381	niimayorphotography@gmail.com	www.mayorphotos.com
------------------------------	--------------------	---------------------	--------------------------------------	---

Products/Services: Photography Services 360 spin booth rental

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Photography

The Photography Experience LLC	Jolana Hollister	585-694-4468	jolana@rocphotoexperience.com	www.rocphotoexperience.com
---------------------------------------	-------------------------	---------------------	--------------------------------------	---

Products/Services: Commercial Photography - Headshots, project photography, website photography, product images, in-studio and on-site photography for businesses, advertising photography, event photography, real-estate photography Family Photography - Weddings and family photography for all stages of life

WBE

Printing Services/Graphic Design/Promotional Items

Alpha Graphics	Steven Service	585-436-3100	sservice@alphagraphics.com	www.alphagraphics.com/us-new-yor
-----------------------	-----------------------	---------------------	-----------------------------------	---

Products/Services: Customized marketing solutions to businesses using data driven, multi-channel communications including: design, print, web, mobile, email, & social media services. High quality digital color printing, large/over-sized format color printing, sign creation, vehicle graphics & wrapping, promotional products, digital archiving, , binding & finishing. Brand awareness, copyrighting and graphic design, website creation & hosting, website traffic generation, search engine optimization, social media integration, digital marketing; including QR codes & augmented reality, customer loyalty programs, high-impact presentations, mailing services and direct mail campaigns, list acquisition & management services.

MBE

Beals Graphic Design	Janette Biehler	585-481-7501	janette@bealsdesign.com	www.bealsdesign.com
-----------------------------	------------------------	---------------------	--------------------------------	---

Products/Services: Printed design materials like brochures, magazines, invitations, mailers, calendars, menus, rack cards, posters, promo items, postcards and similar products Large Format Design like vehicle wraps, billboards, corporate signs, retractable and hanging banners, vinyl wall murals, backdrops and custom items Digital Graphics like infographics, e-flyers, social media ads, graphics for websites, and other online graphics

WBE

Creations by Lena LLC	Jessica Frederick	716 697-2349	sales@creationsbylena.com	WWW.CREATIONSBYLENA.COM
------------------------------	--------------------------	---------------------	----------------------------------	---

Products/Services: CUSTOM EMBROIDERED APPAREL AND ACCESSORIES

MWBE

Custo Print	Kernell Miller	585-472-1061	Kernell@custoprintshop.com	www.custoprints.com
--------------------	-----------------------	---------------------	-----------------------------------	---

Products/Services: Screen printing on apparel, Embroidery on apparel, wide format printing such as banners, wall mural wraps

MBE

Deb Bishop Design	Debra Bishop	585-267-9939	debbishopdesign@gmail.com	www.debbishopdesign.com
--------------------------	---------------------	---------------------	----------------------------------	---

Products/Services: With over 25 years of experience in graphic design and project management, I specialize in helping organizations create meaningful impact through innovative design solutions. My expertise spans the entire design process, from conceptualization to final delivery, ensuring each project meets the highest standards of quality and creativity.

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Printing Services/Graphic Design/Promotional Items

Dreissig Apparel Inc	Marc Jones	315-701-1230	mjones@dreissigcompany.com	www.dreissigapparel.com
Products/Services:	Dreissig Apparel Inc. was founded to supply athletic teams, organizations and corporate companies with their apparel and textile needs. Within this division of the business we have a full service screen-printing and embroidery facility.			
MBE				
Expozures	Kathleen D'Alfonso	585-737-8600	sdalfons@rochester.rr.com	www.companycasuals.com/expozure
Products/Services:	Embroidery, Silkscreen, Apparel, and all promotional product			
MBE				
Harmony Design Custom Apparel	Karen Pelc	585-503-1252	harmony.design@yahoo.com	www.harmonydesignapparel.com
Products/Services:	We specialize in commercial embroidery, screen printing, and heat press for custom apparel and accessories.Ex. Tee shirts, jerseys, crew sweatshirts, hoodie sweatshirts, zip and pullover jackets, cinch bags, canvas bags, caps, knitted caps, dress shirts, polos, sweat pants, work jackets, lab coats, scrubs, reflective safety vestsReview website for full catalog: harmonydesignapparel.com			
WBE				
Imageprinters M&P Corp.	Monwell Floyd	585-360-0132	monwell6@gmail.com	www.imageprinter.com
Products/Services:	Offset printing, digital printing, mailing, design, wide format printing, booklet and magazine printing.			
MBE				
Jade Chi LLC	Jade Singleton	646-504-9611	jade@jadechi.net	www.jadechi.net/
Products/Services:	T-shirts, screen printing, embroidery, pens, stress balls, notebooks, tote bag, hand sanitizer			
MWBE				
Moses Operandi	Lisa Moses	720-633-1614	lisa@mosesoperandi.com	www.mosesoperandi.com
Products/Services:	My work spans a diverse range of disciplines, including interior architecture and renovations, branding and identity design, visioning and positioning, furniture and packaging design, exhibitions and installations, fine art, websites, and environmental graphics.			
WBE	I specialize in crafting innovative, bespoke solutions that bridge the gap between art and architecture. From immersive installations to community-driven designs, my holistic approach ensures a seamless process where I personally oversee every project as both creator and client liaison. This hands-on commitment is rooted in my belief that great design requires passion, precision, and personal dedication.			
Out Of The Office Services LLC	Nicole Vosburgh	585-203-1464	nicole@outoftheofficeservices.com	www.outoftheofficeservices.com
Products/Services:	Digital and offset print, graphic design, promotional merchandise, branded/decorated apparel, signage			
WBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Printing Services/Graphic Design/Promotional Items

Panther Graphics Inc	Tony Jackson	585-546-7163	Tony@panthergraphics.net	www.panthergraphics.net
-----------------------------	---------------------	---------------------	---------------------------------	--

Products/Services: Commercial Printing - Provide complete capabilities for one, two and four color printing services for short to long runs of manufactured products including stationary, direct mail marketing, brochures, sell sheets, catalogs, books, all publishing materials, kitting, fulfillment

MBE

Printing Plus LLC	Shabbir Arif	718-268-8580	info@signarama-foresthills.com	https://signarama.com/locations/ny-f
--------------------------	---------------------	---------------------	---------------------------------------	---

Products/Services: Illuminated Signs, Advertisement Banners, Digital Screens, Post Cards, Printing, Design, Web services, Badges, Flyer, Posts, Channel Letter

MBE

Professional and Organizational Development

AIOPX Management Consulting	David Powe	585-627-1716	dpowe@aiopx.com	www.AIOPX.com
------------------------------------	-------------------	---------------------	------------------------	--

Products/Services: Management Consulting and Executive Coaching in MWBE Development, Leadership Development, Operations Excellence and Supply Chain, Lean-Six Sigma, Diversity, Equity, and Inclusion.

MBE

Breakthrough Leadership Consulting	Deborah Hanmer	585-484-9790	deb@bktlead.com	www.bktlead.com
---	-----------------------	---------------------	------------------------	--

Products/Services: Strategic Planning, DEI, Leadership Development and Coaching, Community Engagement

MWBE

BRI Consultancy LLC	Sarah Silverstone	585-431-3416	info@brockportresearchInstitute.com	https://brockportresearchinstitute.co
----------------------------	--------------------------	---------------------	--	---

Products/Services: Provide grant writing, evaluation, professional development and project management services to educational, not-for-profit, small business and governmental organizations

WBE

C3 Consultancy Services, LLC	Jocelyn Basley	773-971-7613	jrbasley@c3consultancy.org	N/A
-------------------------------------	-----------------------	---------------------	-----------------------------------	---------------------

Products/Services: Group/Meeting Facilitation, Process Improvement, Project Management, Collaborative Leadership, Community Consultation, Strategic Planning, Personal Coaching, Grant Management

MWBE

Crane Solutions LLC	Maya Crane	585-797-5130	maya@thecranesolutions.com	NA
----------------------------	-------------------	---------------------	-----------------------------------	--------------------

Products/Services: Strategic management, nonprofit, and organizational justice consulting

MWBE

Professional and Organizational Development

Dawnbreaker Consulting	Sara Rosenfeld	617-230-6837	Dawnbreakerconsulting@gmail.com	http://Dawnbreakerconsulting.com
Products/Services:	Leadership/Executive Coaching and Mentoring, Teacher Coaching and Mentoring, Curriculum design, Restorative Justice/Practices Training and Facilitation, Classroom Management, Behavior Management, Community Partnership Engagement, Professional Development			
MWBE				
DLT Consulting	Daniele Lyman-Torre	585-673-6330	daniele@drdlitconsulting.com	www.drdlitconsulting.com
Products/Services:	Leadership Services:Leadership Development and CoachingExecutive SearchesCompensation Plans and ContractsAnnual Work Plans and ReviewGovernance and Training Services:Board Composition and AssessmentNonprofit Start Ups and ComplianceFinancial Sustainability MonitoringAnnual Board Training and Work plansStrategic Service Planning:Full Plan DevelopmentForecastsStrategic Marketing SupportFacilitator ServicesOrganizational Architecture Engineering			
MWBE				
Ellis K Consulting LLC	Krystle Ellis	754-422-2298	krystle@elliskconsulting.com	www.elliskconsulting.com
Products/Services:	Strategic PlanningLeadership DevelopmentPolicy RemasteringDiversity, Equity, and Inclusion EducationMotivational SpeakingExecutive CoachingHuman Resource Strategist			
MWBE				
Equity Warrior Strategies, LLC	Jonathan Meagher	315-373-3174	jonathan@equitywarriorstrategies.com	www.equitywarriorstrategies.com
Products/Services:	Equity Warrior Strategies LLC is a consulting company focused on creating change in the nonprofit and social impact sector. We partner with individuals, groups, organizations, and associations to create change through three service areas: change leadership, community building, and championing equity. Services provided include training, coaching, and consulting.			
MBE				
FHG Matters LLC	Gloria Morgan	585-415-9997	gamorgan@fhgmatters.com	www.fhgmatters.com
Products/Services:	Leadership development, professionals seeking career advancement, organizational change, HR management, and curriculum/program development			
MWBE				
Footprint Enterprises, LLC	Ivy Caldwell	585-489-7465	ivy@footprintenterprisesllc.com	www.footprintenterprisesllc.com
Products/Services:	Life coaching, mentorship, online/virtual courses, self-publishing, ghostwriting, notary, business support services, life insurance, property and casualty.			
MWBE				
Galica LLC	Carlos Perez	585-319-9301	galicaehs@gmail.com	www.galicalean.com
Products/Services:	Galica LLC provides Lean/Process Improvement training, process facilitation, knowledge transfer, and coaching for higher education, healthcare, and the mid sized enterprise.			
MBE				

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Professional and Organizational Development

Gwen, Inc.	Gwen Webber-McLe	315-252-6326	gwen@gweninc.com	N/A
Products/Services:	Leadership Development Consulting, Organization Development Consulting, DEI Strategy Consulting, Executive Coaching specifically for emerging and established minority leaders, Professional Facilitation for Business Meetings and Strategic Planning, Frequently Sought After			
MWBE	Keynote Speaker, Lecturer on the topics of DEI, Change Management, Trust a Strategic Business Resource, Author Your Leadership Journey: Living and Leading In and On Purpose			
Healings ROC	Michelle Thomas	585-402-1906	healingsroc@gmail.com	www.Healingsroc.com
Products/Services:	Life coaching services			
MWBE				
High Vibe Cowork LLC	Merchon Hargrave	585-451-3322	Highvibecowork@gmail.com	www.highvibecowork.com
Products/Services:	Accountability Cohorts, virtual co-working sessions, group coaching, mindset workshops			
WBE				
IntegrateXpress LLC	Kristy Gonzalez	585-957-4132	Kgonzalez@integratexpress.com	www.integratexpress.com
Products/Services:	Organizational Change Management, Software, and Departmental Integration, Software and processes implementation, Team Coaching, and Business Accounting Services.			
MWBE				
International Commission of Urban Entrepr	Rondell Breedlove Jr	585-625-9688	rondellbreedlovejr@icloud.com	N/A
Products/Services:	Financial Investing Training 101, group and 1 on 1 training and counseling, assistance and seed funds to open bank accounts for investing, transportation assistance. Employment referrals, emergency housing and food assistance, mentoring and mentor match, Life Skills workshops,			
MBE				
Little Black Buddha	Ahlia Kitwana	585-633-7590	ahlia@littleblackbuddha.com	www.littleblackbuddha.com
Products/Services:	Project management, operations management, team and leadership development, executive coaching			
MWBE				
MRD Empowerment Solutions	Maryann Rivera-Dan	407-799-0005	maryann@maryannriveradannert.com	www.maryannriveradannert.com
Products/Services:	Life Coaching, Speaker, Leadership Coaching, Author			
MWBE				

Professional and Organizational Development

Raeanne Lacatena, Inc.	Raeanne Schnabel	595-485-2830	Raeanne@raeannelacatena.com	www.raeannelacatena.com
-------------------------------	-------------------------	---------------------	------------------------------------	--

Products/Services:	Holistic Business Coaching Mastermind Coaching for Female Entrepreneurs Small Group Coaching for New Female Business Owners Individual and Team coaching for Small Business Owners - Professionals, Small Corporations, Executives, Brick and Mortar Businesses, Authors and Creative			
WBE				

RKKS Mental Health Counseling PLLC	Kacie Switzer	585-420-7656	switzer@rkks.care	N/A
---	----------------------	---------------------	--------------------------	---------------------

Products/Services:	RKKS Mental Health Counseling PLLC is a partnership between masters' level clinicians Rebecca Kistner LMHC and Kacie Switzer LMHC, established in September of 2016, designed to serve a specific population of adult clients involved in the criminal justice system. The partnership serves the Federal Bureau of Prisons and US Probation and Pretrial Services with quality, evidenced informed, client centered, outpatient mental health and sex offender treatment services. We provided individual and group therapy, psychiatric evaluation and medication management, and polygraph services.			
WBE				

SENECA SCIENTIFIC SOLUTIONS + LLC	Dean Seneca	678-524-5177	thundereagle1042@gmail.com	www.senescientificsolutions.com
--	--------------------	---------------------	-----------------------------------	--

Products/Services:	We deliver a robust spectrum of services in public health and urban/regional planning. These fall under the following subcategories: Public Health Consulting, Program Management, Budget/Cost Control, Policy Formulation, Agency Management, Partnership Building, Health Service Improvements, Training & Development, Emergency Response, Data Analysis & Reporting, Proposal Writing, and Community Planning and Design. More specific examples of previous projects and ones in development include: COVID-19 Grant with NYSDOH to build capacity of Tribal Nations in a pandemic response, Tribal Emergency Preparedness and Response Management Tool Kit, Decolonizing Data in NYS - addressing Health Equity and Indigenous Health Disparities, Indigenous Community Conversations addressing Trauma and Substance Abuse Disorders, Building Capacity of Caregivers for Indigenous Elders, Working Effectively with Tribal Governments – tailored culturally appropriate training, Indigenous Health Coalition, and Healing through Culture - targeting Native Youth.			
MBE				

Sensational Inclusion	Tyana Rene Velazqu	585-354-5764	tyanavelazquez585@gmail.com	www.sensationalinclusion.com
------------------------------	---------------------------	---------------------	------------------------------------	--

Products/Services:	Educational Consulting Literacy Tutoring Curriculum Auditing Curriculum Development Professional Development			
MWBE				

Sent One Consulting, LLC	LaShunda Leslie-Smith	585-309-2283	lsls@lashundalesliesmith.com	www.lashundalesliesmith.com
---------------------------------	------------------------------	---------------------	-------------------------------------	--

Products/Services:	Sent One Consulting, LLC takes a client-centric approach to develop plans and strategies that bring out the best in organizations, assessing organizational development and creating strategic direction for nonprofits. Sent One Consulting provides board development training, teaching and training new and existing board members about effective governance and fundraising, fostering long-term success within nonprofits. Sent One Consulting also specializes in program implementation, strategic planning, and creative thinking. Lastly, we provide training and coaching to development executive-level professionals to help them develop successful and fulfilling careers.			
MWBE				

Professional and Organizational Development

Silver Linings International, LLC	Debra Cady	585-672-7219	debra@silverliningsinternational.org	www.silverliningsinternational.org
--	-------------------	---------------------	---	--

Products/Services: At SLI, your go-to training hub, we empower organizations of all sizes to unlock growth opportunities through a positive, strengths-based approach emphasizing innovation and inclusivity. Whether you need comprehensive online courses for supervisors and leaders, including building emotional intelligence, or expert facilitation in strategic planning, needs assessments, or customized team building, we've got you covered. By integrating trauma-informed and appreciative inquiry principles into everything we do, Silver Linings becomes your trusted partner in driving your business forward.

WBE

Tellus Mater International Training and Ass	Mary Clisbee	786-277-1853	mclisbee@tellusmaterinternational.cc	www.tellusmaterinternational.com
--	---------------------	---------------------	---	--

Products/Services: Tellus Mater provides professional consulting services including leadership and professional development training; custom curriculum design for on-site and virtual training; strategic planning; assessment services including surveys, analysis of existing data, and focus groups and interviews; DEI services including training, barrier analysis and root cause analysis, and executive coaching.

WBE

The Changemaker Collective	Maria O'Brein	585-851-9980	mariadmatthew@gmail.com	www.changemakercollectiveny.com
-----------------------------------	----------------------	---------------------	--------------------------------	--

Products/Services: Provides consulting and training to a variety of audiences including: government, community organizations, universities, and individuals. TCC specializes in: project and program implementation, capacity building, management, human-centered design, strategic planning, organizational effectiveness, non-profit grant analysis and preparation, data analysis, staff development, and project team development. TCC training initiative can provide trainings in: strategic planning, project management basics for non-project managers, project and program implementation, neuro divergent leadership, team dynamics, human-centered design, computer basics, data analysis for non-profit leadership, non-profit leadership 101, marketing and communication tips and tools, organizational effectiveness, staff development, soft and communication skills.

MWBE

The Jackman Group LLC	Patrick Jackman	585-370-2074	patrick@jackmangroupllc.com	www.jackmangroupllc.com
------------------------------	------------------------	---------------------	------------------------------------	--

Products/Services: Leadership and Development Training Team Enhancement Business Coaching Strategic Planning Succession Planning

MBE

Ujoozi	Kimberly Mitchell	585-454-9454	Theowner@ujoozi.net	N/A
---------------	--------------------------	---------------------	----------------------------	---------------------

Products/Services: Ujoozi offers custom training solutions through both instructor-led training and self-paced online courses. We specialize in the design, development, and deployment of custom training for entrepreneurs, organizations and corporations. All of our training is designed for Directors, Managers, Executives, and Support Personnel to increase their productivity through improved work-processes.

MWBE

Val Davis Inc.	Valerie Davis	585-464-9511	valerie@valdavisinc.com	www.ValDavisInc.com
-----------------------	----------------------	---------------------	--------------------------------	--

Products/Services: Management Training; Multi-cultural Training; Organizational Development; Leadership and Professional Development, Executive Coaching; Human Resources Consulting; Marketing Consulting; Announcer

MWBE

Property Management Services

Property Management Services

Trebloc Property Management	Raynard Colbert	585-210-6182	colbertraynard78@gmail.com	<u>N/A</u>
------------------------------------	------------------------	---------------------	-----------------------------------	-----------------------------------

Products/Services: Residential Property Maintenance

MBE

Publishing

Ebony Nicole Smith Consulting	Ebony Nicole Smith	585-512-8981	info@ebonynicolesmith.com	<u>https://ebonynicolesmith.com</u>
--------------------------------------	---------------------------	---------------------	----------------------------------	---

Products/Services: EditingIllustrationPublishingBook cover designE-book cover designCreative developmentMarketing / promotional materialInterior design (of the manuscript)Interior layout (formatting of manuscript)Ghostwriting

MWBE

Leslie C. Youngblood	Leslie Youngblood	585-204-6559	lesliecyoungblood@gmail.com	<u>www.lesliecyoungblood.com</u>
-----------------------------	--------------------------	---------------------	------------------------------------	--

Products/Services: Author with two nationally/internationally published middle-grade (children 8-12 years old) novels in the marketplace. Along with conducting school visits and delivering keynote speeches, I consult with teachers and librarians on diversity in children's literature. I also host reading groups and book clubs.

MWBE

Mylestones & Co.	Nykki Matthews	585-319-7828	hello@mylestonesandco.com	<u>www.mylestonesandco.com</u>
-----------------------------	-----------------------	---------------------	----------------------------------	--

Products/Services: We provide inclusive and culturally relevant children's book with an emphasis of black and brown boys as the main characters. The stories are penned for children in a manner which emphasizes the importance of early literacy in education. We offer workshops with the author, early-literacy engagement opportunities, and dialogue around civility, community involvement and education.

MWBE

Root and Bloom Communications LLC	Sara Kuehl	585-210-8381	sara@rootandbloom.co	<u>www.rootandbloom.co</u>
--	-------------------	---------------------	-----------------------------	--

Products/Services: • Copywriting - Persuasive, on-brand writing for all your marketing and communication needs, including webpages, blogs/articles, email + SMS marketing, newsletters, ads, annual reports, brochures, and integrated campaigns. • Editing - Make sure your message is clear and engaging for your intended audience and purpose. Improve the organization, structure, content, voice, and style of your writing. • Proofreading - Publish error-free copy and content with confidence. Correct grammar, spelling, punctuation, capitalization, broken or incorrect links, and layout and typesetting issues.

WBE

Real Estate Services

Cain Properties LLC	Robert Cain	585-944-3259	robcaain43@gmail.com	<u>N/A</u>
----------------------------	--------------------	---------------------	-----------------------------	-----------------------------------

Products/Services: Cain Properties LLC acquires, develops, leases and operates multifamily housing.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Real Estate Services

Collins Management of Rochester, Inc	D'ondre Collins	585-743-9876	collinsmanagement123@gmail.com	N/A
---	------------------------	---------------------	---------------------------------------	---------------------

Products/Services: General contractor, Real Estate, buy properties, flip, then rent out & manage properties. residential contracting & renovation

MBE

Essential Essence Consulting, LLC	Desiray Vincent	716-371-1488	essentialessenceconsult@gmail.com	N/A
--	------------------------	---------------------	--	---------------------

Products/Services: ConstructionReal estate renting and leasing servicesProperty ManagementConsumer Credit Counseling

MWBE

Excellence Enterprises of Rochester LLC	Cassandra Bradley	585-490-6943	sandyb2415@gmail.com	NA
--	--------------------------	---------------------	-----------------------------	--------------------

Products/Services: real estate consulting, property management, renovation services, general contractor

MWBE

Home Staging with A L LLC	Alfreda Jackson	585-503-4331	jacksonalfreda@gmail.com	N/A
----------------------------------	------------------------	---------------------	---------------------------------	---------------------

Products/Services: Home Staging with A L LLC. will be providing a service of staging the home for sales.

MWBE

Hudson Investments Enterprises LLC	Jhane Hudson	585-202-6851	Jhiellc@gmail.com	https://www.linkedin.com/in/jhane-hu
---	---------------------	---------------------	--------------------------	---

Products/Services: Real estate services

MWBE

JNB Homes LLC	Goonwattie Surajpal	518-258-3633	gsurajpal@gmail.com	N/A
----------------------	----------------------------	---------------------	----------------------------	---------------------

Products/Services: Providing real estate rentals within Monroe County

MWBE

MM Development Advisors, Inc.	Monica Mc Cullough	315-559-3181	monica@mmdevelopmentadvisors.co	www.mmdevelopmentadvisors.com
--------------------------------------	---------------------------	---------------------	--	--

Products/Services: Affordable housing and community oriented real estate development services

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Real Estate Services

Neal Property Management LLC	Latesha Neal	585-775-1188	nealpropertyllc@gmail.com	N/A
-------------------------------------	---------------------	---------------------	----------------------------------	----------------------------

Products/Services: Property Management Services Clean outs General Construction Interior/ Exterior Demolition

MWBE

R Realty Rochester	Damaris Rivera	585-754-3821	driveraproperties@gmail.com	www.rrealtyrochester.com
---------------------------	-----------------------	---------------------	------------------------------------	---

Products/Services: Real estate brokerage that offers residential and commercial real estate to individuals and businesses

MWBE

The DCOM Group LLC	Dexter Craig	585-330-3301	info@thedcomgroup.com	www.TheDCOMGroup.com
---------------------------	---------------------	---------------------	------------------------------	---

Products/Services: Real Estate Development Property Management Community Renewal

MBE

Viola Solution LLC	Caroline Simpson	585-208-6303	cecelogins@gmail.com	N/A
---------------------------	-------------------------	---------------------	-----------------------------	----------------------------

Products/Services: Buy and holding real estate, flipping houses, property management, general contractor

MWBE

Renewable Energy

Unity Renewables LLC	Brandon Maharaj	585-224-5167	brandonm@unityrenewables.com	www.unityrenewables.com
-----------------------------	------------------------	---------------------	-------------------------------------	---

Products/Services: We containerize traditional off-grid, solar and battery components to create mobile and portable clean energy solutions. We also manage and build small to medium scale solar and energy storage projects for non profits and small business, with a strong focus on using the resources within the communities that we are building in.

MBE

Solutions for Solar Developers- We work closely with grassroots community groups and organizations to advocate for clean energy access for disadvantaged communities throughout New York state. This gives us access to offset clean power to these communities that deserve it the most. Reach out to us to create a collaborative plan to access these communities.

Solutions for Entities-We will ensure fair access to the clean power to serve your organization's power requirements as well as the customers and communities you serve.

Roadside Assistance

P&J Roadside Assistance LLC	Dennisse Cepeda	585-413-4430	info@pjroadsideassistancelc.com	www.pjroadsideassistancelc.com
--	------------------------	---------------------	--	---

Products/Services: Jump start, fuel delivery, lockout, tire change, air delivery, battery change

MWBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Roadside Assistance

Roc City Roadside Assistance LLC	Lydia Rivera-Warr	585-524-7072	lydiairivera@yahoo.com	<u>N/A</u>
---	--------------------------	---------------------	-------------------------------	----------------------------

Products/Services: Automotive Towing, lockouts, jump starts, tire changes, fuel deliveries

MWBE

Security Services

Aries Security and Training, LLC	Jeremy Harrison	716-436-1087	jharrison@ariessecurity-training.com	<u>www.ariessecurity-training.com</u>
---	------------------------	---------------------	---	---

Products/Services: Unarmed Security Guard Services, Patrol Services, Traffic Guard Services, Security Consulting Services, 8-hour Pre-Assignment Training Course for Security Guards, 16-hour-On-The-Job Training Course, 8-hour Annual In-Service Training Course for Security Guards, New York State Sexual Harassment Training, CPR and AED Training

MBE

Black Ops Security & Special Events LLC	Donnell Curry	585-690-2259	dcurry@blackopssecurityny.com	<u>N/A</u>
--	----------------------	---------------------	--------------------------------------	----------------------------

Products/Services: Security Services, Event Security

MBE

Blackhawk Security and Investigations	Evelyn Martinez-Nob	585-203-1183	evelyn@blackhawktraining.com	<u>www.blackhawk-securityandinvestig</u>
--	----------------------------	---------------------	-------------------------------------	---

Products/Services: Physical Security Services: Apartment complex, senior housing, low-income housing, retail stores, conduction sites, personal security, entertainment venues, sports venues, parades, warehouse security, etc. Private Investigations: surveillance, missing persons, domestic investigations etc.

MWBE

Blackhawk Training Academy	Evelyn Martinez-Nob	585-203-1183	evelyn@blackhawktraining.com	<u>www.blackhawktraining.com</u>
-----------------------------------	----------------------------	---------------------	-------------------------------------	---

Products/Services: 8HR Pre-Assignment, 8hr Annual, 16hr on the job training, 18hr pistol permit course, 47hr armed course, 8hr fire-arms training, Utah Florida pistol permit, HR218, handcuffing course, Pepper spray training, Ink prints, State fingerprinting, TSA PreCheck and TWIC card.

MWBE

Security Services

Enterprise Security Consulting and Trainin	Owens Shepard	585-465-9289	oshepard@esctroc.com	www.esctroc.com
---	----------------------	---------------------	-----------------------------	--

Products/Services:

PRIVATE INVESTIGATIONS

Enterprise Security Consulting and Training is A New York State licensed private investigations company.

MBE

CONSULTING

We offer our many years of collective experience to help your organization become a safe and secure place to work or live.

SECURITY PATROL SERVICES

We provide uniformed security personnel to patrol buildings and grounds. The individuals we hire are screened and trained before being assigned to a job site.

SECURITY GUARD TRAINING

We provide the training necessary to become and maintain registration as a security guard in New York State. We also provide professional development training to help security reach their maximum potential in the security industry.

FINGERPRINTING SERVICES

We have partnered with IdentoGO by Idemia to provide fingerprinting services on site. You must have an appointment in order to be fingerprinted. For more information about fingerprinting, click here.

Freeland Investigations	Virgil Hutchinson	315-870-9313	investigations@freelandinv.com	www.freelandinv.com
--------------------------------	--------------------------	---------------------	---------------------------------------	--

Products/Services:

Security Consultant, Security Guards, Legal Investigations

MBE

Invex Investigation Agency Inc	Amy Tausch	585-766-0538	invexrochester@gmail.com	www.invexpi.com
---------------------------------------	-------------------	---------------------	---------------------------------	--

Products/Services:

Investigative services, surveillance, insurance fraud investigations, and background checks.

WBE

Simaren Corp. dba Wisdom Protective Serv	Kayode Simaren	718-766-5392	mrkay@wisdomprotective.com	www.wisdomprotective.com
---	-----------------------	---------------------	-----------------------------------	--

Products/Services:

Security Guard Services

MBE

Signage

Ayzo Ridge Design & Consulting	Bridgette Shomaker	518-618-3080	bridgette@ayzoridge.com	www.ayzoridge.com
---	---------------------------	---------------------	--------------------------------	--

Products/Services:

Through the following services, the Ayzo Ridge team will ensure brand continuity to ensure a "wow" result. Our custom designed products include manufacturing and installation of temporary and permanent signage for all your visual branding needs. Pre-construction

WBE

Services- logo and marketing design services- permit procurement- signage project design servicesProject Management ServicesExterior SignageTemporary SignageInterior SignageVinyl Signage

Signage

ID Signsystems	Kathleen Dudley	585-245-2190	kbeatty@idsignsystems.com	www.idsignsystems.com
-----------------------	------------------------	---------------------	----------------------------------	--

Products/Services: Architectural signsWayfinding signsinterior signsADA signsExterior signsilluminated signsDonor recognition signsDigital signsDigital graphicsTrail signsADA signs

WBE

Palmer Graphic Solutions LLC	Amy Catalano	585-787-4256	amy@vitalsignsroc.com	www.vitalsignsroc.com
-------------------------------------	---------------------	---------------------	------------------------------	--

Products/Services: Full service sign shop, anywhere from business cards, yard signs, a-frame signs, to lit signage, neon signs, dimensional lettering and monument signs. Vehicle graphics both for personal vehicle color changing/stripes, and business logos/wraps for 1 vehicle or full fleets.

WBE

Signs Now of Rochester, Inc.	Julie St Germaine	585-750-2688	julie@image360rochester.com	www.image360rochester.com
-------------------------------------	--------------------------	---------------------	------------------------------------	--

Products/Services: Directional signs, exterior monument signs, vinyl graphics, dimensional signs, digital printing, vehicle graphics & wraps, wall & window murals, tradeshow displays, architectural signs, ADA/Braille signs

WBE

Sports & Recreation

Dynamic Elite Athletics, LLC	Lisa Huck	585-729-5687	owner@dynamiceleathletics.com	www.Dynamiceliteathletics.com
-------------------------------------	------------------	---------------------	--------------------------------------	--

Products/Services: Dynamic Elite Athletics, LLC is a comprehensive cheerleading and tumbling center that serves individuals of all ages and skill levels. Our services include Competitive All-Star cheerleading teams, cheer and tumbling classes, and choreography services. Additionally, we offer a variety of special events such as birthday party services, camps, and clinics. Our facility provides a supportive and engaging environment for athletes to develop their skills, and we are committed to fostering both personal and athletic growth through high-quality training and instruction.

WBE

Staffing Services

A + CONSULTING, INC.	Hector Russomando	585-314-9060	hector@aplustechnical.com	www.aplustechnical.com
-----------------------------	--------------------------	---------------------	----------------------------------	--

Products/Services: We provide contract, contract to hire, permanent full-time and employee pay rolling placements in the IT, Scientific/Medical, Finance, Business, and Engineering fields. Our areas of expertise include the following job categories:ITScientific & MedicalTherapy & AlliedFinance Professionals Business ProfessionalsEngineering

MBE

A.M.T.A.E. Solutions LLC	Michael Ramos	518-870-3072	Mramos@amtaesolutions.com	www.amtaesolutions.com
---------------------------------	----------------------	---------------------	----------------------------------	--

Products/Services: Professional and Temporary Staffing, IT, Program Management, Administrative/Management Consulting Services

MWBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Staffing Services

Battle Licensed Practical Nursing PLLC	Robert Battle	315-573-7010	robert@battlelicensedpracticalnursing.com	www.battlelicensedpracticalnursing.com
---	----------------------	---------------------	--	--

Products/Services: Battle Licensed Practical Nursing provides skilled CNAs, LPNs, and RNs to nursing homes to perform the daily tasks of a CNA, LPN, and RN.

MBE

Casa Trinity/ Highland Staffing, LLC	Emily Briceland	315-576-8237	e.briceland@highlandstaffingllc.com	N/A
---	------------------------	---------------------	--	---------------------

Products/Services: Highland Staffing is a clinician owned temporary staffing services

WBE

Central Park RPN	Jeffrey Cooke	590 Madison A	JeffCookerpn@gmail.com	https://centralparkrpn.com/
-------------------------	----------------------	----------------------	-------------------------------	---

Products/Services: We provide Staffing for Healthcare and business professionals. We specialize in nursing and all Healthcare staffing. Our founders are Registered Nurses with business experience, giving Central Park RPN an unique vantage point in healthcare.

MBE

ESO Consultants LLC	Ezekiel Olaniyi	347-985-3863	prioritycareshome@gmail.com	www.ghstaff.com
----------------------------	------------------------	---------------------	------------------------------------	--

Products/Services: Temporary Staffing Service, Direct Placement Service

MBE

Finger Lakes Staffing Services, LLC	Tina Webster	585-735-7262	tina@fingerlakeshcs.com	www.fingerlakeshcs.com
--	---------------------	---------------------	--------------------------------	--

Products/Services: FLSS LLC provides NP's, RT's, RN, LPN, CNA, HHA to schools, LTC's, Healthcare Facilities, Camps to provide Nursing care, medication administration, meals, ADL's.

WBE

Globe Link Healthcare Staffing Network, LL	John Wairimu	205-382-1291	jwairimu@globelinkhealthcare.com	www.globelinkhealthcare.com
---	---------------------	---------------------	---	--

Products/Services: We place employees across the medical industry including RN's, LPN's, CNA's and more

MBE

Infojini Inc.	Sandeep Harjani	443-257-0086	statebids@infojiniconsulting.com	www.infojini.com
----------------------	------------------------	---------------------	---	--

Products/Services: Infojini Inc. is a NMSDC certified MBE specialized in providing IT & Staffing Services to various State, Local, Higher Ed, and other 200+ government agencies. Our core areas include Digital Transformation, Cloud Services, UI/UX Services, Cyber Security, ERP Implementation, and Staff Augmentation. Staffing Solutions: IT & Emerging Tech Healthcare – Clinical, Non-Clinical, Allied Health Admin/Clerical Accounting & Finance Customer Support Human Resources Scientific and R&D Legal, Risk & Compliance Engineering & Operations

MBE

Staffing Services

JDT Services, Inc.	Tyrone Reaves	585-739-4383	tyrone.reaves@truformmfg.net	<u>NA</u>
---------------------------	----------------------	---------------------	-------------------------------------	---------------------------

Products/Services: Temporary Help Services

MBE

JK Executive Strategies	Jill Knittel	585-417-9690	jill@jkexec.com	<u>www.jkexec.com</u>
--------------------------------	---------------------	---------------------	------------------------	---

Products/Services: We provide executive search, professional recruiting and contract/consulting services for companies needing to find and hire talent. We also provide consulting services to Not for profit organizations and their boards. Industry specialties include: Higher Ed, NFP, Manufacturing, Construction, Distribution, Financial Services, Legal, Renewable Energy, Health Care.

WBE

M3 Placement and Partnership	Mary Malone McCart	315-624-2210	mmccarthy@m3bsn.com	<u>www.m3placement.com</u>
-------------------------------------	---------------------------	---------------------	----------------------------	---

Products/Services: Executive Search, Direct Placement, Outsourced Recruitment, Strategic HR Consulting

WBE

Meazi Staffing Agency	Meaza Teklemariam	585-469-2477	info@meazirn.com	<u>www.meazirn.com</u>
------------------------------	--------------------------	---------------------	-------------------------	---

Products/Services: ailored recruitment and placement services to meet the unique staffing needs of healthcare organizations.
Direct Hire Staffing

MWBE

Placement of qualified Registered Nurses (RNs), Licensed Practical Nurses (LPNs), Certified Nursing Assistants (CNAs), Direct Support Professionals (DSPs), and other healthcare professionals.
Credentialing Support for Foreign-Educated Nurses

Assistance with credential evaluations, licensing exam preparation, and application processes to meet U.S. healthcare standards.
Cultural Adaptation Training

Comprehensive training programs to help foreign-educated healthcare professionals adapt to U.S. healthcare systems, cultural norms, and work environments.
Temporary and Permanent Staffing

Flexible staffing solutions for temporary, contract, or permanent placements in various healthcare settings.
Professional Development Programs

Medical Edge Recruitment LLC	Kathryn Eberwin	281-362-2875	MER@medicaledge.com	<u>www.medicaledge.com</u>
-------------------------------------	------------------------	---------------------	----------------------------	---

Products/Services: Temporary Nursing Services, Direct Hire, Per Diem, Allied Health Staffing, Executive Search, Recruiting and Staffing

WBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Staffing Services

Med-Scribe, Inc	Roberta Kavanaugh-585-586-0790		laura.mallam@medscribe.com	www.medscribe.com
------------------------	---------------------------------------	--	---	---

Products/Services: Staffing services: Medical staffing, insurance staffing, general customer service staffing. Temporary services, direct and long term staffing services.

WBE

New York Technology Partners	Nick Bhatia	585-532-6767	nick@nytpartners.com	www.nytp.com
-------------------------------------	--------------------	---------------------	---	---

Products/Services: Staffing and HR services

MBE

Reliant Staffing Systems Inc. DBA Career S	Lindsay McCutchen	585-370-4303	l.m1517@careerstartny.com	www.careerstartusa.com
---	--------------------------	---------------------	---	---

Products/Services: Staffing, recruiting, and Employer-on-Record (payroll, compliance, legal, HR, etc.) services for temporary, contract, temporary-to-hire, and permanent workers.

WBE

Talent Vision LLC	Jerris Wade	585-414-9518	j.wade@diversefirst.com	www.diversefirst.com
--------------------------	--------------------	---------------------	---	---

Products/Services: Staffing and Recruitment Services, HR Consulting DE&I training, Professional development

MBE

The Caswood Group Inc.	Maria Casamayor	585-425-0332	icasamayor@caswood.com	www.caswood.com
-------------------------------	------------------------	---------------------	---	---

Products/Services: Healthcare and Biopharmaceutical Industry• Inside Sales/Customer Service• Specialty sales Teams• Temporary Nursing Staff and COVID19 Testing• Clinical Educators• Conventions and Tradeshows• Recruiting Services• Medical Science Liaisons• Government Contracts

WBE

Tri-Mar Consulting Inc	Iveth Reynolds	585-820-6513	ireynolds@trimar.net	www.trimar.net
-------------------------------	-----------------------	---------------------	---	---

Products/Services: Staffing and Recruiting ServicesTalent DevelopmentHR Consulting Services

MWBE

We Care Staffing Solutions	Michelle Garcia	585-315-5802	admin@wecarestaffing.us	www.wecarestaffing.us
-----------------------------------	------------------------	---------------------	---	---

Products/Services: Nursing Staffing Agency, Long Term Care, Hospitals, Home Aids

MWBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Staffing Services

Whaumbush Group Inc.	Jacque Whaumbush	215-668-8640	jpwhaumbush@gmail.com	NA
-----------------------------	-------------------------	---------------------	------------------------------	---------------------------

Products/Services: Medical Staffing and Tele-medicine Services

MBE

Steel Fabricators

Steel Tech Fabricators Inc	Terence Brown	585-323-2660	info@steeltechfab.com	www.steeltechfab.com
-----------------------------------	----------------------	---------------------	------------------------------	---

Products/Services: Fabricating and installing: Structural steel, Railings, stairs

MBE

Telecommunications

Bell Datacomm	Michael Bell	585-440-5240	michael@belldatacomm.com	N/A
----------------------	---------------------	---------------------	---------------------------------	----------------------------

Products/Services: Network infrastructure (Routing, Switching, Wi-Fi etc...) design, sell, implement and optimization. We are partners with Cisco, Meraki, Axis and others.

MBE

Convergent Telecom	Raj Shah	585-430-6070	rshah@convergent.net	www.convergent.net
---------------------------	-----------------	---------------------	-----------------------------	---

Products/Services: Mitel Gold Partner; Algo IP Paging; CloudTalk Hosted Telephony; SIP Trunks; VOIP Premise Systems; Mitel Service; VOIP Hosted Systems; Call Centers.

MBE

Testing & Laboratory Services

Atlantic Testing Laboratories, Limited	Royce Knowlton	585-427-9020	rknowlton@atlantictesting.com	www.atlantictesting.com
---	-----------------------	---------------------	--------------------------------------	---

Products/Services: Subsurface Investigation, Water-Based Investigation, Geotechnical Engineering, Environmental Consulting, Asbestos, Lead and HazMat Testing, Special Inspection, Construction Materials Engineering and Testing, Concrete and Steel Non-Destructive Testing, Petrographic Analysis, Fenestration Testing, Dynamic Pile Testing, Vibration Monitoring, and Storm water Pollution Prevention Plan Inspections

WBE

Cayuga Drug and DNA Testing Inc.	Brian Muldrow	315-237-1679	brian@cayugadna.com	www.cayugadna.com
---	----------------------	---------------------	----------------------------	---

Products/Services: On-Site Specimen Collections - for various occupational testing purposes on-site for convenience. Collectors follow strict collection protocols set by the Department of Transportation in Title 49 Part 40 of the Code of Federal Regulations to help ensure clients are in compliance with federal regulations. Reasonable Suspicion Training for Supervisors training on reasonable suspicion, the legalization of recreational Marijuana and how it may impact employers, signs of substance abuse and the appropriate steps to take in a reasonable suspicion situation, and federal requirements. Background Screenings - various options to meet their needs. Background screenings are done following the appropriate state and federal laws pertaining to background checks.

MBE

Testing & Laboratory Services

Certainty Analytical Labs	Brandy Young-Gqam	804-426-2559	brandy.young@certainsciences.com	www.certainsciences.com
----------------------------------	--------------------------	---------------------	---	---

Products/Services: We test for small molecules, heavy metals, microbes, solvents and pesticides. Additionally, we provide lab consulting services, which includes: R&D (i.e., assay development, technology evaluation), technology onboarding and training.

MWBE

Labby Inc.	Julia Somerdin	781-801-8971	julia@labbyinc.com	www.labbyinc.com
-------------------	-----------------------	---------------------	---------------------------	---

Products/Services: Milk composition and quality analyzer

MWBE

Langford Testing & Consulting LLC	Delores Langford		Dee@netsync.net	www.langfordtesting.com
--	-------------------------	--	------------------------	---

Products/Services: Drug & Alcohol Testing/Collections, CTPA. DNA Collections Random Drug & Alcohol Program Management

WBE

Lozier Environmental Consulting Inc.	Amy Pusateri	585-727-4793	apusateri@lozierenv.com	www.lozierenv.com
---	---------------------	---------------------	--------------------------------	---

Products/Services: Lozier Environmental Consulting, Inc. is an accredited New York State Department of Health ELAP-certified laboratory for the analysis of airborne fibers, asbestos bulk materials, mold and potable/non-potable water. Lozier is also licensed by the New York State Department of Labor for the handling of asbestos materials (restrictive, non-abatement activities).

WBE

Some of our services include: asbestos surveys, air/project monitoring, project design, variance development, mold assessments, food and water sampling/testing.

The client base has grown to include a significant number of engineering and consulting firms, school districts, municipalities, and commercial/industrial accounts. Lozier Environmental Consulting, Inc. maintains a variety of certifications, licenses, and accreditation's including the New York State Department of Health Environmental Laboratory Approval Program (ELAP), AIHA Industrial Hygiene Proficiency Analytical Testing: IHPAT and IMPAT, New York State Department of Labor (DOL), and ISO/IEC 17025:2017 accreditation. Our staff consists of dedicated employees, including microbiologists, technicians, sampling specialists, sales, and support personnel.

Lozier provides sampling and testing services to clients and projects within the Greater Rochester Area, Western New York, the Southern Tier, and Eastern Upstate New York.

Phleb Express,LLC	Trinisha Sanjurjo	315-395-5790	Syrphlebexpress@gmail.com	www.Phlebexpress.com
--------------------------	--------------------------	---------------------	----------------------------------	---

Products/Services: Phleb Express provides phlebotomy service and rapid laboratory testing. We preform DOT and non DOT testing, toxicology testing , DNA, HIV, Hepatitis testing, Covid 19 testing ,routine blood work testing , employee drug screens for employers and we are mobile. We also provide a career work force program to all schools for certified and train individuals to become Certified Phlebotomy Technician

MWBE

Testing & Laboratory Services

Pure Air Inside Outside	Roberto Melendez	585-456-7763	Pureair.Roberto@gmail.com	<u>N/A</u>
--------------------------------	-------------------------	---------------------	----------------------------------	----------------------------

Products/Services: ASBESTOS AIR TESTING

MBE

TOP Wellness Inc	Karen Duffy	603-781-3115	kduffy@toponsitewellness.com	<u>www.toponsitewellness.com</u>
-------------------------	--------------------	---------------------	-------------------------------------	---

Products/Services:

- Titer, Quantiferon TB, and drug testing
- Occupational Health Surveillance Exams
- Turnkey programs
- National Medical Lab Testing
- Health Fairs
- Chair Massage
- Multi-site services
- Occupational Health Exams-onsite

WBE

Veinflow Mobile Phlebotomy	Melody Ranger	585-851-4992	melodyranger4@icloud.com	<u>www.veinflow.org</u>
-----------------------------------	----------------------	---------------------	---------------------------------	---

Products/Services: Mobile Phlebotomy service that offers blood work services in the home or safe area that can either be delivered to lab or mailed through fed ex for specialty services.

MWBE

Transportation Services

All Level Transportation LLC	Melanie Williams	585-991-3044	missmonkw@gmail.com	<u>https://allleveltransportationllc.com/a</u>
-------------------------------------	-------------------------	---------------------	----------------------------	--

Products/Services: Non- Emergency Medical Transport- All level Transportation, LLC provides non-emergency medical transport services for individuals who are not in an emergency but may require extra assistance. This service is provided by highly qualified staff members who are prepared to provide the best transportation services. Our drivers are CPR and NYS certified. Our drivers receive training to ensure our passengers are safe and comfortable.

MWBE

Transportation Services

At Your Service Transportation LLC	Lynette Rosado	585-465-6584	info@atyourservicemedtrans.com	www.atyourservicemedtrans.com
---	-----------------------	---------------------	---------------------------------------	--

Products/Services: At Your Service Transportation provides essential transportation services to individuals who require non-emergency medical transportation, ensuring they have access to healthcare facilities, social services, and community resources. Our organization specializes in offering safe, reliable, and comfortable transportation solutions for individuals who are unable to drive themselves or utilize traditional modes of transportation due to medical conditions, disabilities, or other limitations.

MWBE

Our services include:

Medical Appointments: We provide transportation to and from medical appointments, ensuring that individuals can access essential healthcare services conveniently and without hassle.

Dialysis and Rehabilitation: Our specialized services cater to patients requiring regular dialysis treatments or rehabilitation sessions, offering door-to-door transportation to medical facilities and back home.

Senior Transportation: We prioritize the needs of seniors by offering tailored transportation services to assist them in attending doctor's appointments, therapy sessions, grocery shopping, and other important activities.

Disability Support: Our fleet is equipped to accommodate individuals with disabilities, providing wheelchair-accessible vehicles and trained staff to ensure their safety and comfort during transit.

Community Engagement: Beyond medical transportation, we also facilitate access to community resources and social activities, enabling individuals to participate in events, workshops, and support groups.

CareRide Transport Group	Renee Long	585-309-5514	rlong@rhnet.org	N/A
---------------------------------	-------------------	---------------------	------------------------	---------------------

Products/Services: Non emergency transport company

MWBE

Harris Transportation LLC.	Irvin Harris	585-362-2317	Irvinharris67@gmail.com	N/A
-----------------------------------	---------------------	---------------------	--------------------------------	---------------------

Products/Services: Medical Transportation Services providing wheelchair and ambulatory services

MBE

King James Medical Transport LLC	Anthony Washington	585-202-8182	anthonywashington@kingjamesmt.co	www.Kingjamesmt.com
---	---------------------------	---------------------	---	--

Products/Services: Nonemergency medical transport taking people to and from Doctor appointments

MBE

RG3 Transportation, LLC	Rosiland Brooks-Har	585-200-0848	roz@rg3transportation.com	www.rg3transportation.com
--------------------------------	----------------------------	---------------------	----------------------------------	--

Products/Services: RG3 Transportation, LLC provides Non-Emergency Medical Transportation. We provide Livery/taxi transportation that does not require special accommodation to enter or exit the vehicle. In addition to Livery/taxi, we also provide Ambulette/wheelchair transportation that consists of a wheelchair lift. Those with wheelchairs, electric mobility scooters, or any physical condition that hinders their ability to easily enter or exit a vehicle are encouraged to book wheelchair transportation to ensure a safe and comfortable ride.

MWBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Transportation Services

Roc Around Stafford Medical Transportatio	Maggie Stafford	585-535-1799	mstafford001@outlook.com	<u>N/A</u>
--	------------------------	---------------------	---------------------------------	----------------------------

Products/Services: Medical transportation- Roc Around Stafford Med transport clients to and from medical appointments and disable client who cannot use traditional transport to work, program, etc...

MWBE

Willams Empire LLC	Levi Williams	585-775-6889	Leviwilliams49@gmail.com	<u>N/A</u>
---------------------------	----------------------	---------------------	---------------------------------	----------------------------

Products/Services: Provide overnight non- medical emergency transportation for Rochester Regional Hospital for patients who do not have insurance to receive medi-cab transportation

MBE

Travel Services

AJ Excursions	Ajoua Jackson	585-802-8988	ajoua@ajexcursions.com	<u>www.ajexcursions.com</u>
----------------------	----------------------	---------------------	-------------------------------	---

Products/Services: Booking travel by air, land, sea in hotels, resorts I book individual and group travel.

MWBE

Trucking & Delivery Services

All County Trucking	Kimberly Bohrer	585-313-7620	kbohrer22@yahoo.com	<u>N/A</u>
----------------------------	------------------------	---------------------	----------------------------	----------------------------

Products/Services: Transporting material in commercial vehicles such as; asphalt, different variations of stone, dirt, topsoil and millings-Bringing material in for construction sites as in housing developments, water main jobs, re-doing highways/streets, schools around Rochester, etc.- Diesel truck repairs

WBE

Brown Logistics & Trucking LLC	Daniel Brown Banks	585-445-4196	dbrown@sergiobconsulting.com	<u>N/A</u>
---	---------------------------	---------------------	-------------------------------------	----------------------------

Products/Services: Local and Long distance freight transportation.

MBE

D Murphy Enterprises LLC DBA Kind Carrie	Daniel Murphy	315-418-5206	danielmurphy@kindcarrier.delivery	<u>www.kindcarrier.delivery</u>
---	----------------------	---------------------	--	---

Products/Services: Kind Carrier offers the following services: Freight Brokering, Warehousing and Fulfillment, 3PL/4PL, Hotshot Deliveries, White Glove Delivery, Freight, Delivery, Logistics, Shipment, Distribution, Inventory Management, Operations Management, Claims Management, Risk Management, Distribution Center, Storage Facilities, Inventory Storage, Freight Transport, Freight Forwarding, Last-Mile Deliveries, Cargo Transport, Fleet Operations.

MBE

Trucking & Delivery Services

DC Hauling Excavating & Gravel Driveway	Heather Colella	585-204-7625	heather@dcmakesiteasy.com	www.dcmakesiteasy.com
--	------------------------	---------------------	----------------------------------	--

Products/Services: Gravel Driveway Installation and Maintenance Asphalt Driveway and Parking Lot Installation Land Clearing Excavation
 Services Landscape Material Delivery Sewer, Septic, and Water System Services Garden Water Features Downspouts and Drainage Solutions

WBE

Devoted Strength LLC	Marvin Abrahams	585-503-1564	devotedstrengthllc@gmail.com	N/A
-----------------------------	------------------------	---------------------	-------------------------------------	---------------------

Products/Services: General Freight, local, long distance, regional, dump truck services, construction material delivery, flatbed

MBE

Enhance Transportation LLC	Calvin Campbell	585-434-7000	ccampbell7578@icloud.com	N/A
-----------------------------------	------------------------	---------------------	---------------------------------	---------------------

Products/Services: General Freight (Hauling)

MBE

Global Star Transportation	Paul Oska	585-627-3619	globalstartransportationllc@gmail.com	N/A
-----------------------------------	------------------	---------------------	--	---------------------

Products/Services: Trucking and Hauling Local and Long Distance

MBE

Hawkeye Transportation and Delivery LLC	David Hawkes	585-797-7737	dakineof@hotmail.com	N/A
--	---------------------	---------------------	-----------------------------	---------------------

Products/Services: Hawkeye Transportation and Delivery is in a prime location, minutes from the University of Rochester and Frederick Douglas International Airport and focuses on providing transportation for Veterans with special needs. We also provide delivery services for emergency and non-emergency medical supplies, with a 24/7 delivery component. In addition, we provide delivery for goods and services within 150-mile radius of our office hub. Hawkeye Transportation and Delivery also provides concierge services for individuals or groups coming into Western New York for overnight or extended stay visits.

MBE

HNS Enterprise Inc	Sharon Soltau	917-731-1549	hnsenterprises@yahoo.com	N/A
---------------------------	----------------------	---------------------	---------------------------------	---------------------

Products/Services: TRUCKING & DISPOSAL

MWBE

Humble Circle Trucking Logistics and Cons	Akua Ajavon-Burge	585-201-8277	humblecircletlc@gmail.com	N/A
--	--------------------------	---------------------	----------------------------------	---------------------

Products/Services: Operating independent trucking terminals Providing general freight long-distance, less than truckload trucking Providing local general freight trucking services Providing independent truck driving services

MWBE

Trucking & Delivery Services

Jaade Inspirational Investors Inc.	Mavis Santiago	585-622-2640	safedriver7@yahoo.com	<u>N/A</u>
---	-----------------------	---------------------	------------------------------	----------------------------

Products/Services: As a courier service, we specialize in providing efficient and reliable transportation of packages and documents from one location to another. Our services include same-day delivery, next-day delivery, and scheduled deliveries. We offer various shipping options such as standard, express, and expedited shipping to accommodate different delivery needs. Additionally, we provide tracking services so customers can monitor the status of their shipments in real-time. Our team is dedicated to ensuring prompt and secure delivery, with a focus on customer satisfaction.

MWBE

Kiper Moving and Transportation LLC	Deidre Batson-Grigg	716-201-0849	deebgriggs@kipermandt.com	<u>www.kipermandt.com</u>
--	----------------------------	---------------------	----------------------------------	---

Products/Services: Residential moving services, Commercial office and warehouse moving services, delivery and courier services, LTL and FTL freight, outsourced employment, bank decommissions

MWBE

MB&S TRUCKING LLC	Walter Bell	609-929-6729	waltmoebell@gmail.com	<u>NA</u>
------------------------------	--------------------	---------------------	------------------------------	---------------------------

Products/Services: Hauling and transporting of raw materials from stones and sand to salt and asphalt, you name it we can meet your unique hauling needs.

MBE

Neal Trucking & Hauling Logistics	LaTeshia Neal	585-370-2867	nealtrucking585@gmail.com	<u>N/A</u>
--	----------------------	---------------------	----------------------------------	----------------------------

Products/Services: Consulting services, transportation, hauling/ cargo

MWBE

Pick-up and Drop-off, LLC	Donovan McLean	585-910-9400	pickupanddropoffllc@gmail.com	<u>N/A</u>
----------------------------------	-----------------------	---------------------	--------------------------------------	----------------------------

Products/Services: Logistics Services, Delivery, Courier, Cargo Vans, 26' Box Trucks

MBE

Presidential Trucking LLC	John Hamilton	585-481-6781	presidentialtrucking22@gmail.com	<u>NA</u>
----------------------------------	----------------------	---------------------	---	---------------------------

Products/Services: Transportation services of general freight, vehicles and machinery. Transportation services is both intrastate and interstate. Insurance coverage is as required by FMSCA for shippers goods and Truck/trailer combination

MBE

RocSolidTruckin & Transport, LLC	Cijntje Cox	585-524-8164	ccox@rocsolidtnt.com	<u>N/A</u>
---	--------------------	---------------------	-----------------------------	----------------------------

Products/Services: RocSolid provides Transportation services for truckload and Ltl freight including but not limited to, general household goods, refrigerated good, Scrape metal, paper/plastic recyclable materials, and refuse/municipal waste products.

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Trucking & Delivery Services

SC Russell Trucking, Inc	Sabrina Russell	585-685-8000	scrussell2Transport@gmail.com	<u>N/A</u>
---------------------------------	------------------------	---------------------	--------------------------------------	-------------------

Products/Services: Trucking/Hauling of earth products, Paving, Landscaping, Demolition

MWBE

Shawn Bell's Trucking Inc.	Shawn Bell	585-704-5118	sbtrucking@frontiernet.net	<u>www.Sbtruckinginc.com</u>
-----------------------------------	-------------------	---------------------	-----------------------------------	-------------------------------------

Products/Services: Transportation of construction materialsHauling (Asphalt, stone, dirt, etc.)

MBE

Sir Don McClean LLC	Donovan Mclean	585-910-9400	Sirdmclean@gmail.com	<u>N/A</u>
----------------------------	-----------------------	---------------------	-----------------------------	-------------------

Products/Services: Delivery Services

MBE

SureTrip Express Moving LLC	Suhayl Abdul-Latif	585-754-3149	suhayl.abdul@gmail.com	<u>www.suretripexpress.com</u>
------------------------------------	---------------------------	---------------------	-------------------------------	---------------------------------------

Products/Services: Moving services in Rochester, NY, and Buffalo, NY. Our professional team specializes in local and long-distance moves, offering affordable and reliable solutions for residential, commercial relocations, Furniture Assembly, Debris Removal, And Other Labor Services.

MBE

Tri City Transportation LLC	Cory Wilson	585-738-4449	lujar76@gmail.com	<u>www.tricitytransllc.wixsite.com/webs</u>
------------------------------------	--------------------	---------------------	--------------------------	--

Products/Services: Freight hauling trucking company serving Rochester, Syracuse and Buffalo.

MBE

US Express Way Inc	Mina Ahmadi	585-978-5186	mina_ahmadi88@hotmail.com	<u>N/A</u>
---------------------------	--------------------	---------------------	----------------------------------	-------------------

Products/Services: Freight Transportation: Comprehensive freight services, including full truckload (FTL) and less-than-truckload (LTL) options, ensuring timely and safe delivery of goods.

MWBE

Logistics Solutions: Customized logistics and supply chain management services tailored to meet the unique needs of each client.
Warehousing and Distribution: Secure warehousing facilities and efficient distribution services to streamline operations and enhance supply chain efficiency.

Wes Mountain Express	Montgomery Bryant	585-435-8017	strongmountain23@gmail.com	<u>N/A</u>
-----------------------------	--------------------------	---------------------	-----------------------------------	-------------------

Products/Services: Transports and deliver medicine to pharmacy's and medical supplies & equipment. Transports and deliver office paper, and supplies.
Transports paychecks to franchise and small businesses

MBE

Name	Contact	Phone	E-Mail	Website
------	---------	-------	--------	---------

Trucking & Delivery Services

Zuberri Freight Brokerage & Dispatching Et	Shabasha Flowers	585-629-3742	Scal.flowers@gmail.com	<u>N/A</u>
---	-------------------------	---------------------	-------------------------------	----------------------------

Products/Services: Transporting freight, Also last mile services

MWBE

Uniform and Linen Services

Grapevine Laundry Inc.	Mary Graml	814-449-1820	marybeth@grapevinelaundryandlinen	<u>www.grapevinelaundryandlinens.co</u>
-------------------------------	-------------------	---------------------	--	---

Products/Services: Uniform rental, sales and service. Linen rental sales and service and Dry cleaning and alteration services.

MBE

Vehicle Sales

Jessica Chevrolet	Jessica Stahl	585-301-6646	Jessica@jessicachevrolet.com	<u>www.Jessicachevrolet.com</u>
--------------------------	----------------------	---------------------	-------------------------------------	---

Products/Services: Automotive sales service and parts

WBE

JNB Car Rental LLC	Goonwattie Surajpal	518-258-3633	goonwattiesurajpal@gmail.com	<u>N/A</u>
---------------------------	----------------------------	---------------------	-------------------------------------	----------------------------

Products/Services: Car Rental through the Turo App

MWBE

Warehousing/Fulfillment

ARM Rochester Inc	Armando Santiago	585-370-9161	asantiago@armfg.com	<u>www.armfg.com</u>
--------------------------	-------------------------	---------------------	----------------------------	---

Products/Services: Manufacturer & distributor of industrial packaging products and services.
Assembly, kitting, fulfillment and warehousing

MBE

Discount Trends LLC DBA Valet Seller	Kevin Dunne	585-690-6006	kevin@valetseller.com	<u>www.valetseller.com/</u>
---	--------------------	---------------------	------------------------------	---

Products/Services: We offer warehousing solutions including: Storage, D2C Postage, Return Processing, Return Disposal, Carton Receiving, Pallet Receiving, Container Receiving, Labeling, Outbound, Bundling / Kitting, Polybagging, Sticker Application, Inserts, Custom Engraving, Carton Forwarding, Pallet Forwarding, WFS / FBA Managed Shipments, and Brand Verification.

MBE

Youth Programs and Services

Youth Programs and Services

Shifting Gears Unlimited LLC	Beverly Robinson-Sr	716-570-4959	beverlysmith@shiftinggearsunlimited.com	www.shiftinggearsunlimited.com
-------------------------------------	----------------------------	---------------------	--	--

Products/Services: Shifting Gears Unlimited Interpersonal Communications Program for Youth aims to assist young people between the ages of 8 – 21, and to help them build self-esteem through values, activities, personal talents and self-awareness.

MWBE

The program is designed to empower and educate youth on how they can overcome obstacles and achieve a positive attitude toward self, school, family, friends and community. Conflict Resolutions, LifeSkills, Goal Setting Skills, Leadership, civic engagement, budgeting, college prep, and employment prep. Each module will consist of “How can I achieve my personal goal?” in all areas.

Each module has activities focused on real-world problems and participants' personal situations. Participants will receive a journal to document their progress, ideas, thoughts, and goals throughout the program.

Soccer Stars	Daniel Franca	585-484-0579	serochester@soccerstars.com	www.soccerstars.com/ny/serocheste
---------------------	----------------------	---------------------	------------------------------------	--

Products/Services: Soccer Classes for kids

MBE